

Thanks for joining us!



Bill McKelvey
Project Coordinator



POWER UP YOUR PANTRY



Interdisciplinary Center
for Food Security



Power Up Your Pantry

How this webinar works

- We are recording this
- Everyone is muted at the moment
- Please stay muted unless you would like to speak up
- Please type questions into the chat box anytime
- At the end, if you'd like to ask a question, unmute yourself and please ask your question
- For those joining by phone, you can mute/unmute yourself by hitting “*6”

Power Up Your Pantry



Power Up Your Pantry is a University of Missouri program intended for food pantries and other hunger relief groups looking for ways to enhance their current operations and better meet the needs of the people they serve.



Power Up Your Pantry

There are many ways to connect with us!

- Power Up Your Pantry *Lunchbox Learning*
 - Webinars/online sessions
- Power Up Your Pantry *Connection*
 - One-on-one technical assistance
- Power Up Your Pantry *Meet-ups*
 - Regional meetings starting in the spring of 2019
- Power Up Your Pantry *Guide Sheets*

Power Up Your Pantry

- Website at foodsecurity.missouri.edu/power-up/
- Visit our website and complete the short survey at <http://bit.ly/power-up-app> to be added to our mailing list!!!



<https://www.facebook.com/powerupyourpantry/>



Power Up Your Pantry

Client Choice

POWER ^{UP} YOUR PANTRY

SUPPORTING CLIENT CHOICE



What if the experience of picking up food at the food pantry was more like shopping at a grocery store? What impact would this have on the client's experience, volunteer management, and overall operations?

In the past, the common assumption was that clients would take too much, or only want premium items like meat. However, in recent years, a number of food pantries have switched to a client choice model of food distribution and found that these assumptions were largely unfounded. In fact, one of the challenges of the client choice is clients often do not take ENOUGH food!

The client choice model provides clients with an experience similar to using the grocery store, as opposed to a more traditional food pantry experience where food boxes are pre-packaged or where clients get to walk the aisles but are chaperoned by a volunteer. Client choice allows clients to select food on their own so they can customize based on their health needs and preferences. Some former skeptics have been surprised to find that the vast majority of clients can be trusted to follow the rules and not abuse food pantry resources.

Why provide clients a choice?

By switching to client choice, the food pantry can:

- **Reduce food waste.** Clients will avoid taking foods they don't want or can't use and will be much less likely to throw food away or let it spoil. This helps the pantry save time and money and make better use of limited resources.
- **Promote the dignity of clients.** For some clients, needing to rely on a food pantry can make them feel ashamed. By trusting clients to follow rules and make their own food selections, pantries can help clients feel more respected and dignified.
- **Better meet client food needs.** It is a major challenge for food pantries to know or predict their clients' food needs. Over time, the pantry will have a better understanding of what clients need and can cater their food ordering accordingly.
- **Support health needs of clients.** Many clients are working to control, prevent or manage conditions like diabetes and heart disease, further elevating the importance of food selection.



Download at:

<http://foodsecurity.missouri.edu/power-up/>



POWER UP YOUR PANTRY

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The information provided is based on survey and other research conducted by the Interdisciplinary Center for Food Security at the University of Missouri.



Additional Resources

- Communication
- Cultivating Self-reliance
- Fundraising Options
- Grant Writing
- Community Gardening
- Helping People Grow Their Own
- Harvesting and Handling Produce Safely
- Partnering with Farmers and Gardeners
- Raising Money from Individuals
- Volunteers

Download at: <http://foodsecurity.missouri.edu/power-up/>



<https://www.facebook.com/powerupyourpantry/>

Overview

- ❖ Answering the “Why”
- ❖ How to do it
- ❖ The role of volunteers
- ❖ Space considerations
- ❖ Finding your style
- ❖ Setting goals
- ❖ Real world examples





Real-world Examples



Martha Buckman
Executive Director
Good Samaritan Center



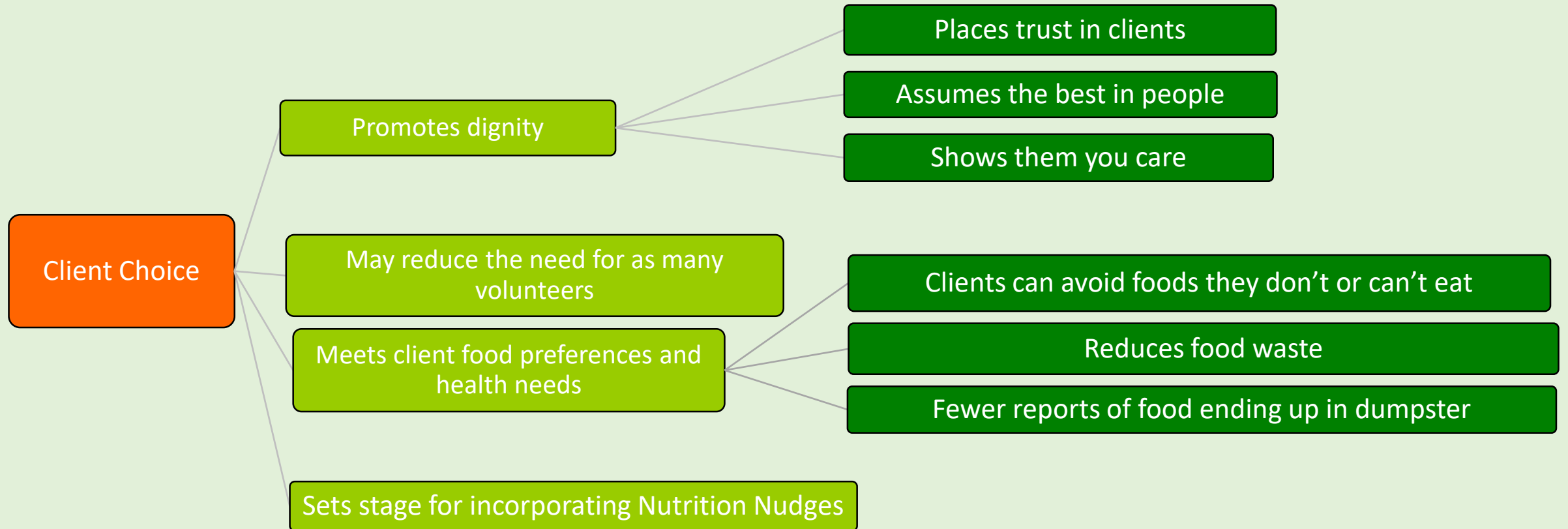
Sean Ross
Supervisor
Central Pantry

A question before we get started...

What if the experience of picking up food at the food pantry was more like shopping at a grocery store? How would it impact...



Why Client Choice?



FOOD PANTRIES CAN ENCOURAGE HEALTHY SELECTION THROUGH PRODUCT DISPLAYS!



PLACING HEALTHY FOODS FIRST IN THE SELECTION LINE INCREASED THEIR SELECTION BY 46%!

© WILSON, JUST, SWIGERT & WANSINK (JOURNAL OF PUBLIC HEALTH, 2016)

But what will volunteers do?

Stock Shelves

Registration

Be available for questions

Staff certain areas (e.g. frozen meats)

Focus on additional activities:

SNAP Outreach, Recipes, Cooking demos, community garden, etc.



Space and equipment considerations

Some storage will likely need to be converted to shopping area

Will need shelving, shopping carts, carts for stocking

May have to reorient registration, entry, and exit



Finding your style

Supermarket

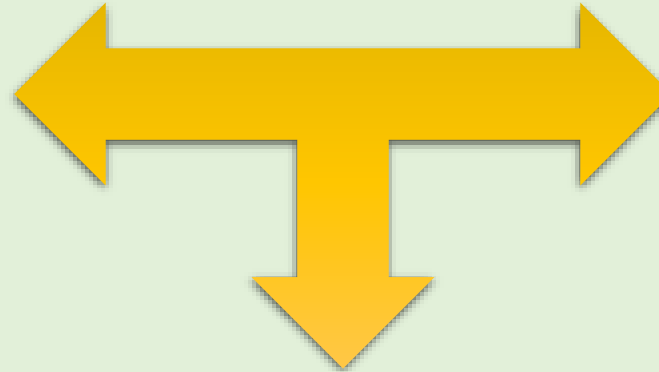
Food is set up on shelves or tables
Clients walk through freely

Shopping list

Clients check items from a list
A volunteer packs a box accordingly

Walk-through

Food is set up on shelves or tables
Clients walk through on a defined route



Setting goals

Use signage to indicate how much food people are able to acquire

May use a formula similar to the one used when deciding how much of each item goes into a food box

Clearly note how much food people can take for each type of food

❖ Example: Canned soup

- Families of 1 may have 2 cans
- Families of 2-4 may have 3 cans
- Families of 5 or more may have 4 cans



Resource Reminder

- The Client Choice Guide Sheet is available for free at <http://foodsecurity.missouri.edu/power-up>
- Be sure to check out our website for additional resources, too!



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SUPPORTING CLIENT CHOICE

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Grow Well



Upcoming webinars

- SNAP Outreach on Oct. 31, Noon to 1pm
- Meeting Broader Needs through Partnerships on Nov. 13, Noon to 1pm
- Fundraising Series starting in January 2019
- Find information at <http://foodsecurity.missouri.edu/power-up-lunchbox-learning/>



GET INVOLVED



LIKE "POWER UP YOUR PANTRY" ON FACEBOOK.



DOWNLOAD "POWER UP YOUR PANTRY" GUIDE SHEETS FOR FREE AT: FOODSECURITY.MISSOURI.EDU/POWER-UP/



CONTACT US FOR QUESTIONS OR INPUT. WE APPRECIATE THE FEEDBACK!

BILL MCKELVEY
COORDINATOR

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