
Coping With Hunger, 2010: Food Pantry Clients and Households in the Service Region of the Food Bank for Central and Northeast Missouri



Project investigators and report authors:

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University of Missouri

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Columbia, MO: Interdisciplinary Center for Food Security

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This report is an outcome of a cooperative endeavor of the University of Missouri (MU) and the Food Bank for Central and Northeast Missouri (FBCNM). At MU, the authors greatly benefited from the support of individuals and programs in four Colleges—Agriculture, Food and Natural Resources; Arts & Sciences; Human Environmental Sciences; and the Graduate School. The six women who conducted the interviewing on this project—Kate Allhoff, Michelle Kaiser, Edwina King, Anna Lorenz, Kara Lappin, and Whitney Middleton—worked tirelessly and with great success. Finally, we would like to thank the sponsors of this research, including the United States Department of Agriculture (Agriculture and Food Research Initiative; Human Nutrition and Obesity Program), Division of Applied Social Sciences (College of Agriculture, Food, and Natural Resources), and Nutrition and Exercise Physiology Program (College of Human Environmental Sciences).

The constant support and participation of people connected with the FBCNM and pantries in its service region have been critical to this effort. At the FBCNM, Peggy Kirkpatrick contributed to every phase, providing guidance based on her long history of serving the area. Mikki Moody greatly eased the survey work by coordinating the research with the area's food pantries, and Brian Overton and Anthony Evans were instrumental in assisting with the planning and conduct of the work throughout the region. At the food pantries, we greatly benefited from the efforts of the many pantry directors and volunteers who were extremely helpful with onsite logistics.

Finally, we want to express our sincere gratitude to the pantry clients who participated in this work. Without their selfless participation, this project would not have been possible.

BACKGROUND

The emergency food system in the United States is a critical component of food security, which the Food Assistance and Nutrition Research Program within the U.S. Department of Agriculture (USDA) defines as “access by all people at all times to enough food for an active, healthy life.” Food insecurity in this country is normally due to insufficient resources for food purchases, and the majority of food insecure households avoid hunger by relying on a more narrow range of foods or acquiring food through private and public assistance programs.

Food insecurity is on the rise in the U.S. and in Missouri. While 11.1% of households were food insecure across the country in 2007, just one year later in 2008 that number jumped to 14.6%, a level at which it has remained over the last two years.¹ According to the USDA, averages of 15.8 percent of Missouri’s nearly six million residents were food insecure over 2008-2010. This suggests that more than 900,000 residents each year faced uncertainty in acquiring sufficient food for their household. Further, the USDA estimates that 6.6 percent of the population, or roughly 400,000 Missourians, experienced “very low food security” (formerly “food insecure with hunger”) annually over the same period, suggesting they skipped meals, reduced portions, or experienced other evidences of hunger.

In fact, trends in food insecurity and hunger over the past decade in Missouri suggest cause for concern, as averages for both measures have significantly increased over this period. The most recent averages of 15.8% low food security and 6.6% very low food security are, respectively, 84 and 187 percent higher than the averages of 8.6% low food security and 2.3% very low food insecurity, for the three year period of 1999-2001.

The costs of food insecurity are economic, social, physical, and psychological. For example, the economic costs of food insecurity among adults include income loss, work absenteeism, higher demand for public benefits and social services, and increased rates of health care and social welfare expenditures. Food insecurity and poverty are clearly correlated and symbiotic—poverty is the best single predictor of food insecurity, and hunger is strongly correlated with lower educational achievement, unemployment, and impaired work performance. Recent studies of children show food insecurity and hunger are significant predictors of chronic illness, low birth weight, lower school performance, and developmental problems among children.

Services provided by food banks and food pantries are the cornerstones of the private sector’s response to food insecurity. An estimated 5.6 million individuals, or 4.8% of all U.S. households, accessed emergency food from a food pantry at least once in 2010. Food banks are institutions that collect food and a range of diverse resources from individuals, businesses, government agencies and other sources for distribution to the more numerous community-based pantries. Pantries are the point of contact with clients, who receive food from the pantries for off-site preparation and consumption. (This report does not address facilities and programs that prepare meals for on-site consumption, such as emergency kitchens and senior centers.) Missouri is served by six regional food banks, which in 2010 distributed more than 83 million pounds of food to pantries throughout the state.

¹ The figures in this section are based on the annual reports on household food security released by the USDA’s Economic Research Service. Based on data collected each December as a part of the Supplemental Census, the most recent report is Alisha Coleman-Jensen, Mark Nord, Margaret Andrews, and Steven Carlson, *Household Food Security in the United States in 2010*, Economic Research Report No. (ERR-125). Washington: Economic Research Service, 2011.

The Food Bank for Central and Northeast Missouri (FBCNM), located in Columbia, distributed more than 27 million tons of food in 2010, the second highest regional total in the state, to more than 135 food pantries, emergency kitchens, shelters, daycare and senior centers, and other facilities, including 120 schools, in 32 counties in the central and northeast regions of the state. Remarkably, the food bank's distribution poundage has increased more than 50 percent over the past five years.

The goal of this research was to conduct a systematic survey of food pantry clients to assist the FBCNM and other institutions in efforts to continue to provide the best possible services to regional residents. Comprehensive and reliable knowledge of pantry clients and their households is essential to the pragmatics of food assistance, including what changes (if any) need to be made in when, where or how assistance is provided, and what might be done to meet the needs of at-risk and vulnerable constituencies. Data on food pantry users may also point to which groups may be under-utilizing these facilities and the need for new programs to address their needs. Finally, it is evident that while Missourians support the work of food banks and pantries, the scope and depth of food insecurity and hunger often remain unknown and unrecognized in the very communities in which these institutions operate. It is our hope that this survey portrait of clients will not only affirm the important work of the FBCNM and the pantries in its service region, but also raise societal awareness of food insecurity and the need for each of us to contribute what we can to its amelioration.

SURVEY DEVELOPMENT AND IMPLEMENTATION

University of Missouri (MU) researchers developed an initial food pantry client survey in the Spring of 2005² and revised that instrument for use in the Summer of 2010. The final survey (see Appendix 1) includes major sections on food pantry use, food security, food acquisition strategies, physical and mental health, nutrition, and general individual and household demographics. The questions reflect a diversity of sources and goals, including questions identified by the FBCNM as important to their missions and included in both a 1998 survey conducted by the agency and the 2005 survey conducted by many of the authors of this report. In addition, the survey incorporates the short version of the food security module developed by the USDA and used in many studies, health and nutrition questions from surveys developed by the Center for Disease Control, and additional questions reflective of the research and program needs of both MU researchers and the FBCNM. MU researchers pretested a survey draft at pantries in Callaway County and Boone County in April 2010, after which MU and FBCNM personnel met to finalize the final survey content. We prepared only an English language written version of the survey; however, two interviewers fluent in Spanish conducted surveys at pantries with expected Spanish-speaking populations and as necessary conducted the oral interviews in Spanish.

The MU team hired six students (Kate Allhoff, Michelle Kaiser, Edwina King, Anna Lorenz, Kara Lappin, and Whitney Middleton) to work as interviewers. The interviewers each received a day of training on implementing the survey and completed practice interviews before entering the field. MU researchers monitored interviewer progress through review of completed surveys, occasional joint trips to pantries, and regularly scheduled meetings.

² Matt Foulkes, Joan Hermesen, Nikki Raedeke, Sandy Rikoon, and Erin Whiting. *Coping With Hunger: Food Pantry Clients in the Central Missouri Food Bank Region, 2005*. Columbia, MO: Interdisciplinary Center for Food Security, 2006.

SAMPLING

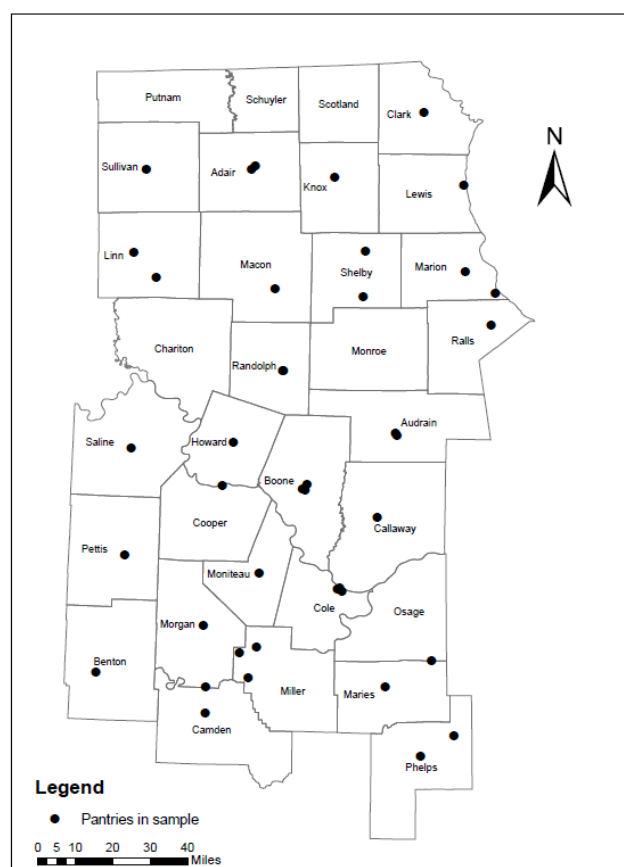
This study was based on a survey of food pantry clients in the 32-county region of central and northeast Missouri defined by the service area of the Food Bank for Central and Northeast Missouri. The Food Bank delivers food to nearly 70 locations for off-site preparation and consumption, and in addition operates a mobile pantry that makes monthly visits to sites in the region. Before determining target pantries, however, we pared our list by removing any pantry servicing a monthly average of less than 0.75% of the 2009 regional totals of food pantry clients self-reported by the pantries. This decision removed nearly 30 pantries from our list, but these facilities together served less than 19% of the average regional client population of close to 71,000 persons.

We determined target numbers of interviews at each pantry location by taking its percentage of clients served and multiplying it by our initial target goal of 1,200 surveys. Thus a pantry that served 5% of the region's total would have received a target of 60 surveys (5% of 1,200). We chose a goal of 1,200 to provide a confidence level of 95% and a confidence interval of +/- 3% across the entire region. These confidence levels and intervals hold for the report of results from the total region, but we caution readers that the subgroup statistics in the report tables have variable, and often lower, confidence levels due to the smaller numbers in reported sub-groups.

Of the 42 pantries eligible for participation, only one refused permission to recruit participants; the non-participating pantry served an average of 1.2% of the remaining sample. The statistics in this report thus include results from 41 pantry facilities that together assisted more than 80% of food pantry clients in the region in the summer of 2009 and operated in 26 of the 32 counties serviced by the food bank.

Food pantry clients were interviewed in-person from May 19 to July 26, 2010. Interviewers used a similar protocol at each pantry site. In brief, the protocol called for soliciting participation from every third person coming into, or arriving at, the pantry. To begin work, interviewers contacted this person. If refused, the interviewer contacted the next person (and so on) until a client agreed to be interviewed. At the completion of a survey, the interviewer began again with the third person arriving as the next possible participant. The structured interviews typically lasted 20-30 minutes. We approached 1,520 clients for interviews. We had 324 refusals (21.3%) and 29 clients (1.9%) began, but did not complete, interviews. The completion rate (N=1167) is thus 76.8%, which is a very high level of responses. A full list of pantries and the specific number completing pantries at each site is included as Appendix 2.

Study Area



Rapid appraisal analysis of age and gender of non-respondents does not suggest any bias in our sample of participants versus all pantry clients. Interviewers listed reasons given for lack of interest in participation and also compiled data on the sex and age of refusals, and whether or not these individuals had arrived at the pantry site with children. In comparing the demographic data of refusals with the information from participants, we do not believe there is any significant bias in the research results based on these characteristics. Male refusals constitute 32% of non-participants, while males comprise about 24% of cooperating individuals. In terms of age, comparisons between percentages of refusals and participants for three general age groups (18-39, 40-59, and 60+) are, respectively, 33, 47, and 20 percent for refusals versus 37, 51, and 12 percent for participants. As for concern that pantry clients with children might be non-participants in greater numbers, 10.7% of refusals arrived at pantries with children, while nearly one-third of all participants are from households with at least one child under the age of 10.

READING THE DATA TABLES

The tables in this report present the descriptive results of the “Missouri Food Pantry Survey.” The data tables are presented largely in order of the sequence of questions on the survey instrument, a sample of which is included as Appendix 1 to this report. The number in the title of each table (e.g., Table “1”) refers to the number of the question on the survey form. Table titles with a number followed by another number or letter (e.g., Table 17A) refer to the specific inquiry within a question

that included multiple sub-questions. In this example, Question 17 asked respondents how often they depended on various public programs and other sources to obtain food; Question 17A specifically addresses use of “SNAP/Food Stamps Program.” The title for each table also includes the question itself, or a summary restatement of it.

Data tables are included for almost all questions in the survey. Nine survey questions—Questions 5A, 16, 27A, 28, 28A, 31 B-C, 43, and 46—are not included in this report as the data (e.g., present county) is not useful without reference to other aspects of an individual return. In addition, two tables at the end of the report include data total number of individuals per household and household income as a percentage of poverty level, compiled on the basis of several questions included in the survey.

READING THE TABLES: INDEPENDENT VARIABLES

The first row of each table (Total) presents the overall total response from all surveys. The total number of surveys is 1,157.

Following the “Total,” the left-hand column of each table contains the independent variables, against which all survey question results are reported. These variables allow the reader to compare the responses of various subpopulations in the region, including those categorized by age, health conditions, household income level, and a number of other characteristics. Ten independent variables are presented for each survey question. Descriptions of these variables and how they were derived are found below.

Age – Respondents’ report of age. For purposes of subgroup analysis, respondents were analyzed in three age categories: 1) “18 thru 39” years of age, including 426 respondents comprising 37% of the total; 2) “40 thru 64” years of age, including 595 respondents comprising 51% of the total; and, 3) “65 and older,” including 140 respondents comprising 12% of the total.

Body Mass Index (BMI) of Respondent – BMI provides one indicator of body fatness and is used to screen for weight categories that may contribute to health problems. These subgroups are based on respondents’ self-reported height and weight and the calculation of BMI using a standard formula. For an example of this formula, please see http://www.cdc.gov/healthyweight/assessing/bmi/adult_bmi/index.html#Interpreted. Our subgroups include the BMI categories of “Normal” (BMI of 18.5—24.9), “Overweight” (BMI of 25.0—29.9), and “Obese” (BMI of 30.0 and above). The “Normal” group includes 148 respondents (13% of total); the Overweight group includes 260 individuals (24%); and the Obese population is 701 persons (63%). A very small number of our sample is considered “Underweight” (BMI less than 18.5), and this group is not included in this analysis.

Health Conditions of Respondent – In these subgroups, pantry clients are clustered according to the reports they have received from a doctor, nurse or other health worker about health conditions including diabetes, high blood pressure, and/or high blood cholesterol. Among pantry clients who answered all of these questions, 508 individuals (56% of respondents who responded to all health questions) reported none of these conditions. The “Diabetes” group includes 256 individuals (22% of respondents) who reported being told by a doctor that they have diabetes. This group does not include individuals self-reported as having pre-diabetes or borderline diabetes. The largest number of people reported “High Blood Pressure” (509 individuals or 46% of all individuals who have had their blood pressure checked), while “High Cholesterol” was reported by 346 individuals, or 45% of clients who reported a health professional had checked blood cholesterol. The relationship of the number of individuals with specific conditions and the percentages of the “sample” in each condition vary due to

the fact that individuals varied in their knowledge of their health history (e.g., many more individuals have had their blood pressure monitored annually than their blood cholesterol levels).

Duration of Pantry Use by Respondent – These subgroups reflect the amount of regular continuous use that the household is now making of food pantries. The 310 households (26% of the sample) in the “1-12 months of regular use” might be considered “new” clients in that they have been regularly visiting pantries for less than one year. We should note that some of these households may have used pantries in the past, but in terms of their most recent history, they began regular visits within the last 12 months. The 416 households (36% of the sample) in the “13 months or more regular use” have been utilizing food pantries on a regular basis for more than a year. The group of “Not a regular pantry user” includes 440 households (38% of the sample) who do not visit pantries on a regular basis and who might be best characterized as utilizing pantries only on an emergency basis.

Children (< age 18) in the Home – The survey included questions on the number of children and the number of adults in each participating client household. For this variable, we subdivided respondents into three groups: 1) Households including at least one child and no more than one adult, labeled as “Yes (with 1 adult)” in the table, and including 115 households comprising 10% of the total; 2) Households including at least one child and more than one adult, labeled as “Yes (with 2 or more adults)” in the table and including 458 households comprising 39% of the total; and, 3) Households including no children, labeled as “No children” in the table, and including 594 households and comprising 51% of the total.

Household Employment Status – Based on survey responses concerning hours of paid employment on the part of adult household members, respondents were subdivided into three groups: 1) Households with no working adults, labeled as “No working adults,” including 589 households and comprising 50% of the total; 2) Households with at least one adult working more than 34 hours per week, labeled as “Working adult, 35 or more hours week,” including 369 households and comprising 32% of the total; and, 3) Households with an employed adult, but working less than 35 hours per week, labeled as “Working Adult, <35 hours week,” including 205 households comprising 18% of the total.

Household Income Level – Based on survey responses concerning the previous month’s household income from all employment, disability, pensions, child support, TANF, Social Security, unemployment and workman’s compensation) and household size, annual incomes were calculated and compared with the poverty guidelines for 2009 developed by the U.S. Department of Health and Human Services. This federal poverty measure was chosen because it is used to determine financial eligibility for most relevant federal programs (e.g. SNAP/Food Stamps). The three groups listed on each table are as follows: 1) Household incomes at “0-50% of poverty level,” including 370 households and comprising 33% of the total; 2) Household incomes at 51-100% of poverty level,” including 444 households comprising 40% of the total; and household incomes at “101 or more of poverty level,” including 187 households comprising 16.4% of the total; and, 3) Household incomes at “101% or more of poverty level”, including 308 households comprising 28% of the total.

Household Food Security Level – This survey included the standard 6-item indicator set for classifying households by food-security-status level developed by the United States Department of Agriculture (see Gary Bickel et al, *Guide to Measuring Household Food Security, Revised 2000*, Washington: USDA Food and Nutrition Service, 2000). The six items can be found as Tables 6, 7, 8, 8A, 9, and 10 in this report. Following the USDA guidelines, respondents were divided into the following three sub-groups: 1) “Food Secure” includes respondents who answered in the affirmative for 0-1 of these six questions, including 279 households comprising 24% of the total; 2) “Food insecure, w/out hunger” (includes respondents who answered in the affirmative for 2-4 of these six

questions, including 444 households comprising 40% of the total, and 3) “food insecure, with hunger” includes respondents who answered in the affirmative for 5-6 of these 6 questions, including 460 households comprising 39% of the total.

We recognize that in 2006 the USDA altered its former labels of “food insecure without hunger” and “food insecure with hunger” to, respectively, “low food security” and “very low security.” The change in labels did not reflect any change in the methodology used to characterize individual levels of food security and insecurity. As we believe the older labels are more revealing of circumstances, we retain their use in this report.

Metro Status – Respondents were divided into two groups based upon the metropolitan status of the county in which their household resided. A county’s metropolitan status is defined by the U.S. Office of Management and Budget using decennial census data and is based primarily on the population size of the county and secondarily on commuting patterns that link more rural counties to urban counties. These groups are as follows: 1) “Metropolitan” counties either contain a population of at least 50,000 or 25% of its workforce commute to a county with a population of 50,000 or more. In our region, the Metro Counties are Boone, Callaway, Cole, Howard, Moniteau and Osage. This group includes 396 (35%) of our respondents, and 2) Non-Metro, which includes all other counties in the region. The Non-Metro group includes 733 households comprising 65% of our sample.

Region – Respondents were divided into groups based on their county of residence. The following geographic regions are used: 1) Boone County (19% of sample), 2) “Northwest region,” (20% of sample) including Adair, Chariton, Clark, Howard, Linn, Macon, Randolph, Saline, Schuyler, and Sullivan counties, 3) “Northeast region,” (16% of sample) including Audrain, Clark, Knox, Lewis, Marion, Monroe, Ralls, Scotland, and Shelby counties, 4) “Southwest region,” (23% of sample) including Benton, Cooper, Miller, Moniteau, Morgan, and Pettis counties, and 5) “Southeast region,” (22% of sample) including Callaway, Camden, Cole, Maries, Osage, and Phelps counties.

The tables at the end of the report present two variables that combine more than a single survey question and are presented in this report for general information. Data is given for each of these variables across all subgroups. “Household size” shows the total number of adults and children in each household by subgroup. “Ratio of income level to poverty threshold” is described above.

Finally, unless otherwise indicated, all of the data returns are given as percentages. Within any specific group or subgroup, and for each question, the total across each row should equal 100 percent of returns for that group and question.

DATA TABLES

| Question 1: How often did you go to a food pantry, this one and any others? | | | | |
|--|----------|------------------------------------|-----------------------------------|------------------------------|
| | N | 1-12 Months Regular Use | 13+ Months Regular Use | Not Use Regularly |
| Total | 1116 | 27% | 36% | 38% |
| Age of Respondent | | | | |
| 18 thru 39 | 426 | 25% | 27% | 48% |
| 40 thru 64 | 594 | 27% | 38% | 35% |
| 65 and older | 140 | 25% | 56% | 19% |
| Body Mass Index (BMI) of Respondent | | | | |
| Normal | 230 | 28% | 29% | 43% |
| Overweight | 294 | 29% | 33% | 38% |
| Obese | 570 | 25% | 40% | 36% |
| Health Conditions of Respondent | | | | |
| No Health Conditions | 508 | 28% | 32% | 40% |
| Diabetes | 255 | 25% | 47% | 28% |
| High Blood Pressure | 508 | 25% | 38% | 37% |
| High Cholesterol | 345 | 26% | 42% | 32% |
| Children (< age 18) in the Home | | | | |
| Yes (with 1 adult) | 115 | 25% | 32% | 43% |
| Yes (with 2 or more adults) | 457 | 24% | 30% | 45% |
| No Children | 594 | 29% | 41% | 31% |
| Household Employment Status | | | | |
| No working adults | 588 | 26% | 42% | 32% |
| Working Adult, < 35 hours week | 205 | 27% | 32% | 41% |
| Working adult, 35 or more hours week | 369 | 27% | 28% | 45% |
| Household Income Level | | | | |
| 0-50% of poverty level | 369 | 27% | 36% | 37% |
| 51-100% of poverty level | 444 | 25% | 37% | 38% |
| 101% or more of poverty level | 308 | 29% | 34% | 37% |
| Household Food Security Level | | | | |
| Food secure | 279 | 27% | 37% | 37% |
| Food insecure, w/out hunger | 428 | 29% | 33% | 38% |
| Food insecure, with hunger | 459 | 25% | 37% | 38% |
| Metro Status | | | | |
| Non-Metro | 732 | 26% | 39% | 35% |
| Metropolitan | 396 | 27% | 30% | 43% |
| Region | | | | |
| Boone | 215 | 30% | 28% | 42% |
| Northwest Region | 226 | 28% | 36% | 36% |
| Northeast Region | 181 | 33% | 35% | 32% |
| Southwest Region | 262 | 21% | 44% | 35% |
| Southeast Region | 244 | 23% | 35% | 41% |

| Question 2: Would you say that, in general, your health is...? | | | | | | |
|---|----------|------------------|------------------|-------------|-------------|-------------|
| | N | Excellent | Very Good | Good | Fair | Poor |
| Total | 1167 | 7% | 12% | 30% | 34% | 17% |
| Age of Respondent | | | | | | |
| 18 thru 39 | 426 | 13% | 17% | 38% | 25% | 7% |
| 40 thru 64 | 595 | 4% | 9% | 26% | 38% | 23% |
| 65 and older | 140 | 4% | 8% | 26% | 43% | 20% |
| Body Mass Index (BMI) of Respondent | | | | | | |
| Normal | 230 | 10% | 14% | 33% | 32% | 11% |
| Overweight | 294 | 11% | 14% | 28% | 31% | 16% |
| Obese | 571 | 4% | 9% | 31% | 37% | 20% |
| Health Conditions of Respondent | | | | | | |
| No Health Conditions | 508 | 12% | 16% | 37% | 25% | 9% |
| Diabetes | 256 | 4% | 5% | 18% | 41% | 32% |
| High Blood Pressure | 509 | 3% | 8% | 24% | 41% | 25% |
| High cholesterol | 346 | 2% | 7% | 21% | 43% | 28% |
| Duration of Pantry Use by Respondent | | | | | | |
| 1 - 12 months of regular use | 310 | 8% | 13% | 33% | 30% | 16% |
| 13 months or more of regular use | 416 | 6% | 9% | 27% | 36% | 23% |
| Not a regular pantry user | 440 | 8% | 14% | 31% | 35% | 12% |
| Children (< age 18) in the Home | | | | | | |
| Yes (with 1 adult) | 115 | 11% | 17% | 29% | 32% | 10% |
| Yes (with 2 or more adults) | 458 | 10% | 13% | 35% | 29% | 14% |
| No Children | 594 | 5% | 9% | 27% | 38% | 21% |
| Household Employment Status | | | | | | |
| No working adults | 588 | 6% | 8% | 24% | 39% | 23% |
| Working Adult, < 35 hours week | 205 | 9% | 15% | 36% | 28% | 13% |
| Working adult, 35 or more hours week | 369 | 9% | 16% | 37% | 29% | 9% |
| Household Income Level | | | | | | |
| 0-50% of poverty level | 370 | 10% | 11% | 31% | 32% | 18% |
| 51-100% of poverty level | 444 | 6% | 13% | 20% | 35% | 17% |
| 101% or more of poverty level | 308 | 7% | 11% | 31% | 36% | 15% |
| Household Food Security Level | | | | | | |
| Food secure | 279 | 10% | 15% | 38% | 29% | 8% |
| Food insecure, w/out hunger | 428 | 9% | 14% | 33% | 31% | 14% |
| Food insecure, with hunger | 459 | 4% | 7% | 24% | 40% | 25% |
| Metro Status | | | | | | |
| Non-Metro | 733 | 7% | 12% | 31% | 34% | 16% |
| Metropolitan | 396 | 8% | 12% | 30% | 32% | 18% |
| Region | | | | | | |
| Boone | 215 | 6% | 12% | 29% | 34% | 20% |
| Northwest Region | 226 | 8% | 11% | 29% | 40% | 13% |
| Northeast Region | 182 | 8% | 10% | 31% | 34% | 17% |
| Southwest Region | 262 | 7% | 12% | 35% | 29% | 18% |
| Southeast Region | 244 | 8% | 14% | 30% | 32% | 16% |

| Question 3: Overall, how concerned are you about your health? | | | | | |
|--|----------|--------------------------|-------------------------------|------------------|---------------------------|
| | N | Not Concerned | Somewhat Concerned | Concerned | Very Concerned |
| Total | 1167 | 28% | 24% | 21% | 27% |
| Age of Respondent | | | | | |
| 18 thru 39 | 426 | 44% | 28% | 13% | 15% |
| 40 thru 64 | 595 | 17% | 23% | 24% | 35% |
| 65 and older | 140 | 33% | 16% | 30% | 31% |
| Body Mass Index (BMI) of Respondent | | | | | |
| Normal | 230 | 37% | 23% | 20% | 21% |
| Overweight | 294 | 27% | 25% | 21% | 27% |
| Obese | 571 | 24% | 24% | 21% | 31% |
| Health Conditions of Respondent | | | | | |
| No Health Conditions | 508 | 40% | 24% | 17% | 19% |
| Diabetes | 256 | 12% | 21% | 26% | 41% |
| High Blood Pressure | 509 | 19% | 24% | 23% | 34% |
| High Cholesterol | 346 | 12% | 22% | 27% | 40% |
| Duration of Pantry Use by Respondent | | | | | |
| 1 - 12 months of regular use | 310 | 27% | 23% | 22% | 27% |
| 13 months or more of regular use | 416 | 24% | 22% | 21% | 33% |
| Not a regular pantry user | 440 | 32% | 26% | 19% | 23% |
| Children (< age 18) in the Home | | | | | |
| Yes (with 1 adult) | 115 | 40% | 18% | 17% | 24% |
| Yes (with 2 or more adults) | 458 | 37% | 27% | 15% | 21% |
| No Children | 594 | 19% | 23% | 26% | 33% |
| Household Employment Status | | | | | |
| No working adults | 588 | 24% | 22% | 24% | 31% |
| Working Adult, < 35 hours week | 205 | 30% | 27% | 14% | 29% |
| Working adult, 35 or more hours week | 369 | 34% | 26% | 20% | 21% |
| Household Income Level | | | | | |
| 0-50% of poverty level | 370 | 35% | 22% | 17% | 27% |
| 51-100% of poverty level | 444 | 27% | 23% | 21% | 29% |
| 101% or more of poverty level | 308 | 22% | 27% | 26% | 25% |
| Household Food Security Level | | | | | |
| Food secure | 279 | 42% | 21% | 20% | 18% |
| Food insecure, w/out hunger | 428 | 29% | 27% | 21% | 23% |
| Food insecure, with hunger | 460 | 19% | 23% | 21% | 37% |
| Metro Status | | | | | |
| Non-Metro | 733 | 29% | 25% | 20% | 26% |
| Metropolitan | 396 | 26% | 22% | 23% | 30% |
| Region | | | | | |
| Boone | 215 | 24% | 21% | 24% | 31% |
| Northwest Region | 226 | 28% | 23% | 22% | 27% |
| Northeast Region | 182 | 25% | 31% | 18% | 26% |
| Southwest Region | 262 | 31% | 20% | 20% | 29% |
| Southeast Region | 244 | 30% | 26% | 21% | 24% |

| Question 4: Including yourself, how many adults 18 years of age or older live in your household? | | | | |
|---|----------|----------------|-----------------|-------------------------|
| | N | 1 adult | 2 adults | 3 or more adults |
| Total | 1167 | 31% | 46% | 24% |
| Age of Respondent | | | | |
| 18 thru 39 | 426 | 25% | 54% | 21% |
| 40 thru 64 | 595 | 33% | 40% | 27% |
| 65 and older | 140 | 41% | 44% | 15% |
| Body Mass Index (BMI) of Respondent | | | | |
| Normal | 230 | 34% | 45% | 20% |
| Overweight | 294 | 33% | 41% | 27% |
| Obese | 571 | 29% | 48% | 24% |
| Health Conditions of Respondent | | | | |
| No Health Conditions | 508 | 31% | 47% | 23% |
| Diabetes | 256 | 28% | 45% | 28% |
| High Blood Pressure | 509 | 30% | 47% | 24% |
| High Cholesterol | 346 | 33% | 43% | 24% |
| Duration of Pantry Use by Respondent | | | | |
| 1 - 12 months of regular use | 310 | 31% | 45% | 24% |
| 13 months or more of regular use | 416 | 31% | 44% | 25% |
| Not a regular pantry user | 440 | 30% | 48% | 23% |
| Children (< age 18) in the Home | | | | |
| Yes (with 1 adult) | 115 | 100% | 0% | 0% |
| Yes (with 2 or more adults) | 458 | 0% | 65% | 35% |
| No Children | 594 | 41% | 40% | 19% |
| Household Employment Status | | | | |
| No working adults | 589 | 43% | 40% | 18% |
| Working Adult, < 35 hours week | 205 | 25% | 48% | 27% |
| Working adult, 35 or more hours week | 369 | 15% | 55% | 31% |
| Household Income Level | | | | |
| 0-50% of poverty level | 370 | 29% | 41% | 30% |
| 51-100% of poverty level | 444 | 33% | 45% | 22% |
| 101% or more of poverty level | 308 | 29% | 53% | 19% |
| Household Food Security Level | | | | |
| Food secure | 279 | 28% | 52% | 20% |
| Food insecure, w/out hunger | 428 | 30% | 47% | 23% |
| Food insecure, with hunger | 460 | 33% | 41% | 26% |
| Metro Status | | | | |
| Non-Metro | 733 | 28% | 48% | 25% |
| Metropolitan | 396 | 37% | 42% | 22% |
| Region | | | | |
| Boone | 215 | 38% | 41% | 21% |
| Northwest Region | 226 | 29% | 50% | 21% |
| Northeast Region | 182 | 26% | 48% | 25% |
| Southwest Region | 262 | 30% | 43% | 28% |
| Southeast Region | 244 | 32% | 45% | 23% |

| Question 5: Now, how many children, 17 years of age or younger, live in your household? | | | | | |
|--|----------|--------------------|------------------|---------------------|---------------------------|
| | N | No children | One child | Two children | 3 or more children |
| Total | 1167 | 51% | 16% | 17% | 16% |
| Age of Respondent | | | | | |
| 18 thru 39 | 426 | 19% | 19% | 29% | 33% |
| 40 thru 64 | 595 | 65% | 16% | 12% | 7% |
| 65 and older | 140 | 89% | 4% | 4% | 2% |
| Body Mass Index (BMI) of Respondent | | | | | |
| Normal | 230 | 49% | 17% | 18% | 16% |
| Overweight | 294 | 53% | 15% | 16% | 16% |
| Obese | 571 | 52% | 16% | 16% | 16% |
| Health Conditions of Respondent | | | | | |
| No Health Conditions | 508 | 41% | 17% | 22% | 21% |
| Diabetes | 256 | 61% | 16% | 10% | 13% |
| High Blood Pressure | 509 | 60% | 15% | 14% | 12% |
| High Cholesterol | 346 | 66% | 14% | 12% | 8% |
| Duration of Pantry Use by Respondent | | | | | |
| 1 - 12 months of regular use | 310 | 55% | 14% | 18% | 14% |
| 13 months or more of regular use | 416 | 58% | 14% | 14% | 14% |
| Not a regular pantry user | 440 | 42% | 18% | 19% | 21% |
| Children (< age 18) in the Home | | | | | |
| Yes (with 1 adult) | 115 | 0% | 33% | 35% | 32% |
| Yes (with 2 or more adults) | 458 | 0% | 32% | 35% | 33% |
| No Children | 594 | 100% | 0% | 0% | 0% |
| Household Employment Status | | | | | |
| No working adults | 589 | 64% | 13% | 13% | 10% |
| Working Adult, < 35 hours week | 205 | 43% | 17% | 18% | 22% |
| Working adult, 35 or more hours week | 369 | 34% | 20% | 23% | 23% |
| Household Income Level | | | | | |
| 0-50% of poverty level | 370 | 36% | 18% | 22% | 24% |
| 51-100% of poverty level | 444 | 54% | 15% | 16% | 16% |
| 101% or more of poverty level | 308 | 65% | 16% | 12% | 8% |
| Household Food Security Level | | | | | |
| Food secure | 279 | 47% | 15% | 19% | 20% |
| Food insecure, w/out hunger | 428 | 48% | 17% | 19% | 16% |
| Food insecure, with hunger | 460 | 56% | 16% | 14% | 14% |
| Metro Status | | | | | |
| Non-Metro | 733 | 52% | 16% | 17% | 15% |
| Metropolitan | 396 | 50% | 15% | 18% | 18% |
| Region | | | | | |
| Boone | 215 | 52% | 15% | 15% | 19% |
| Northwest Region | 226 | 54% | 14% | 18% | 14% |
| Northeast Region | 182 | 52% | 19% | 14% | 14% |
| Southwest Region | 262 | 50% | 17% | 17% | 16% |
| Southeast Region | 244 | 48% | 14% | 22% | 16% |

| Questions 6 thru 10A: Collapsed into measure of Food Security using USDA definition | | | | |
|--|----------|--------------------|--------------------------------------|-----------------------------------|
| | N | Food Secure | Food Insecure, without Hunger | Food Insecure, with Hunger |
| Total | 1167 | 24% | 37% | 39% |
| Age of Respondent | | | | |
| 18 thru 39 | 426 | 27% | 40% | 33% |
| 40 thru 64 | 595 | 20% | 33% | 47% |
| 65 and older | 140 | 35% | 41% | 24% |
| Body Mass Index (BMI) of Respondent | | | | |
| Normal | 230 | 23% | 40% | 37% |
| Overweight | 294 | 27% | 36% | 37% |
| Obese | 571 | 22% | 37% | 42% |
| Health Conditions of Respondent | | | | |
| No Health Conditions | 508 | 30% | 37% | 34% |
| Diabetes | 256 | 18% | 38% | 44% |
| High Blood Pressure | 509 | 19% | 36% | 45% |
| High cholesterol | 346 | 16% | 35% | 49% |
| Duration of Pantry Use by Respondent | | | | |
| 1 - 12 months of regular use | 310 | 24% | 39% | 37% |
| 13 months or more of regular use | 416 | 25% | 34% | 41% |
| Not a regular pantry user | 440 | 23% | 37% | 40% |
| Children (< age 18) in the Home | | | | |
| Yes (with 1 adult) | 115 | 24% | 47% | 30% |
| Yes (with 2 or more adults) | 458 | 27% | 37% | 37% |
| No Children | 594 | 22% | 35% | 43% |
| Household Employment Status | | | | |
| No working adults | 589 | 24% | 33% | 43% |
| Working Adult, < 35 hours week | 205 | 22% | 38% | 40% |
| Working adult, 35 or more hours week | 369 | 26% | 42% | 33% |
| Household Income Level | | | | |
| 0-50% of poverty level | 370 | 24% | 36% | 41% |
| 51-100% of poverty level | 444 | 22% | 34% | 44% |
| 101% or more of poverty level | 308 | 27% | 41% | 33% |
| Metro Status | | | | |
| Non-Metro | 733 | 26% | 37% | 37% |
| Metropolitan | 396 | 19% | 38% | 43% |
| Region | | | | |
| Boone | 215 | 17% | 39% | 45% |
| Northwest Region | 226 | 27% | 39% | 34% |
| Northeast Region | 182 | 26% | 39% | 35% |
| Southwest Region | 262 | 25% | 33% | 42% |
| Southeast Region | 244 | 25% | 37% | 39% |

| Question 11.1: Thinking about the last 12 months, has there been any time when you could not: pay for all your essential expenses? | | | |
|---|----------|------------|-----------|
| | N | Yes | No |
| Total | 1165 | 77% | 23% |
| Age of Respondent | | | |
| 18 thru 39 | 426 | 80% | 20% |
| 40 thru 64 | 593 | 80% | 20% |
| 65 and older | 140 | 59% | 41% |
| Body Mass Index (BMI) of Respondent | | | |
| Normal | 230 | 76% | 24% |
| Overweight | 293 | 78% | 22% |
| Obese | 570 | 78% | 23% |
| Health Conditions of Respondent | | | |
| No Health Conditions | 508 | 75% | 25% |
| Diabetes | 256 | 79% | 21% |
| High Blood Pressure | 507 | 81% | 19% |
| High Cholesterol | 346 | 77% | 23% |
| Duration of Pantry Use by Respondent | | | |
| 1 - 12 months of regular use | 310 | 74% | 26% |
| 13 months or more of regular use | 415 | 75% | 25% |
| Not a regular pantry user | 439 | 82% | 18% |
| Children (< age 18) in the Home | | | |
| Yes (with 1 adult) | 115 | 83% | 17% |
| Yes (with 2 or more adults) | 457 | 82% | 18% |
| No Children | 593 | 72% | 28% |
| Household Employment Status | | | |
| No working adults | 588 | 75% | 25% |
| Working Adult, < 35 hours week | 205 | 82% | 18% |
| Working adult, 35 or more hours week | 368 | 78% | 22% |
| Household Income Level | | | |
| 0-50% of poverty level | 369 | 78% | 22% |
| 51-100% of poverty level | 443 | 79% | 21% |
| 101% or more of poverty level | 308 | 73% | 27% |
| Household Food Security Level | | | |
| Food secure | 279 | 53% | 47% |
| Food insecure, w/out hunger | 426 | 77% | 23% |
| Food insecure, with hunger | 460 | 92% | 8% |
| Metro Status | | | |
| Non-Metro | 732 | 74% | 26% |
| Metropolitan | 395 | 82% | 18% |
| Region | | | |
| Boone | 215 | 80% | 20% |
| Northwest Region | 226 | 72% | 28% |
| Northeast Region | 181 | 69% | 31% |
| Southwest Region | 262 | 80% | 20% |
| Southeast Region | 244 | 81% | 19% |

| Question 11.2: Thinking about the last 12 months, has there been any time when you could not: pay full amount of utility bill? | | | |
|---|----------|------------|-----------|
| | N | Yes | No |
| Total | 1164 | 72% | 28% |
| Age of Respondent | | | |
| 18 thru 39 | 426 | 78% | 22% |
| 40 thru 64 | 592 | 72% | 28% |
| 65 and older | 140 | 47% | 53% |
| Body Mass Index (BMI) of Respondent | | | |
| Normal | 229 | 73% | 28% |
| Overweight | 293 | 73% | 27% |
| Obese | 570 | 70% | 30% |
| Health Conditions of Respondent | | | |
| No Health Conditions | 507 | 73% | 27% |
| Diabetes | 255 | 65% | 35% |
| High Blood Pressure | 508 | 72% | 29% |
| High Cholesterol | 345 | 67% | 33% |
| Duration of Pantry Use by Respondent | | | |
| 1 - 12 months of regular use | 310 | 67% | 33% |
| 13 months or more of regular use | 414 | 71% | 29% |
| Not a regular pantry user | 439 | 75% | 25% |
| Children (< age 18) in the Home | | | |
| Yes (with 1 adult) | 115 | 78% | 22% |
| Yes (with 2 or more adults) | 457 | 81% | 19% |
| No Children | 592 | 63% | 37% |
| Household Employment Status | | | |
| No working adults | 587 | 68% | 32% |
| Working Adult, < 35 hours week | 205 | 75% | 25% |
| Working adult, 35 or more hours week | 368 | 75% | 25% |
| Household Income Level | | | |
| 0-50% of poverty level | 367 | 76% | 24% |
| 51-100% of poverty level | 444 | 71% | 29% |
| 101% or more of poverty level | 308 | 66% | 34% |
| Household Food Security Level | | | |
| Food secure | 279 | 58% | 42% |
| Food insecure, w/out hunger | 427 | 69% | 31% |
| Food insecure, with hunger | 458 | 82% | 18% |
| Metro Status | | | |
| Non-Metro | 731 | 70% | 30% |
| Metropolitan | 395 | 74% | 26% |
| Region | | | |
| Boone | 214 | 72% | 28% |
| Northwest Region | 225 | 68% | 32% |
| Northeast Region | 181 | 64% | 36% |
| Southwest Region | 262 | 76% | 24% |
| Southeast Region | 244 | 75% | 25% |

| Question 11.3: Thinking about the last 12 months, has there been any time when you could not: pay full amount of rent or mortgage? | | | |
|---|----------|------------|-----------|
| | N | Yes | No |
| Total | 1133 | 45% | 55% |
| Age of Respondent | | | |
| 18 thru 39 | 422 | 55% | 45% |
| 40 thru 64 | 575 | 44% | 56% |
| 65 and older | 130 | 21% | 79% |
| Body Mass Index (BMI) of Respondent | | | |
| Normal | 220 | 47% | 53% |
| Overweight | 287 | 46% | 54% |
| Obese | 556 | 44% | 56% |
| Health Conditions of Respondent | | | |
| No Health Conditions | 495 | 46% | 54% |
| Diabetes | 248 | 41% | 59% |
| High Blood Pressure | 493 | 47% | 53% |
| High Cholesterol | 335 | 41% | 59% |
| Duration of Pantry Use by Respondent | | | |
| 1 - 12 months of regular use | 308 | 43% | 57% |
| 13 months or more of regular use | 405 | 42% | 58% |
| Not a regular pantry user | 435 | 51% | 49% |
| Children (< age 18) in the Home | | | |
| Yes (with 1 adult) | 113 | 51% | 49% |
| Yes (with 2 or more adults) | 452 | 52% | 48% |
| No Children | 568 | 38% | 62% |
| Household Employment Status | | | |
| No working adults | 570 | 41% | 59% |
| Working Adult, < 35 hours week | 199 | 49% | 51% |
| Working adult, 35 or more hours week | 360 | 50% | 50% |
| Household Income Level | | | |
| 0-50% of poverty level | 360 | 50% | 50% |
| 51-100% of poverty level | 436 | 46% | 54% |
| 101% or more of poverty level | 292 | 39% | 61% |
| Household Food Security Level | | | |
| Food secure | 269 | 28% | 72% |
| Food insecure, w/out hunger | 416 | 45% | 55% |
| Food insecure, with hunger | 448 | 56% | 44% |
| Metro Status | | | |
| Non-Metro | 705 | 43% | 57% |
| Metropolitan | 392 | 50% | 50% |
| Region | | | |
| Boone | 214 | 44% | 56% |
| Northwest Region | 225 | 37% | 63% |
| Northeast Region | 181 | 36% | 64% |
| Southwest Region | 262 | 55% | 45% |
| Southeast Region | 244 | 50% | 50% |

Question 11.4: Thinking about the last 12 months, has there been any time when you could not: pay amount needed for gas or other transportation costs?

| | N | Yes | No |
|---|----------|------------|-----------|
| Total | 1149 | 72% | 28% |
| Age of Respondent | | | |
| 18 thru 39 | 422 | 76% | 24% |
| 40 thru 64 | 583 | 74% | 26% |
| 65 and older | 138 | 46% | 54% |
| Body Mass Index (BMI) of Respondent | | | |
| Normal | 227 | 72% | 28% |
| Overweight | 290 | 71% | 29% |
| Obese | 562 | 72% | 28% |
| Health Conditions of Respondent | | | |
| No Health Conditions | 500 | 70% | 30% |
| Diabetes | 252 | 73% | 27% |
| High Blood Pressure | 500 | 73% | 27% |
| High Cholesterol | 344 | 71% | 29% |
| Duration of Pantry Use by Respondent | | | |
| 1 - 12 months of regular use | 308 | 71% | 29% |
| 13 months or more of regular use | 405 | 69% | 31% |
| Not a regular pantry user | 435 | 74% | 26% |
| Children (< age 18) in the Home | | | |
| Yes (with 1 adult) | 114 | 79% | 21% |
| Yes (with 2 or more adults) | 452 | 75% | 25% |
| No Children | 583 | 67% | 33% |
| Household Employment Status | | | |
| No working adults | 576 | 71% | 29% |
| Working Adult, < 35 hours week | 204 | 76% | 24% |
| Working adult, 35 or more hours week | 366 | 69% | 31% |
| Household Income Level | | | |
| 0-50% of poverty level | 362 | 76% | 24% |
| 51-100% of poverty level | 438 | 71% | 29% |
| 101% or more of poverty level | 305 | 68% | 32% |
| Household Food Security Level | | | |
| Food secure | 271 | 46% | 54% |
| Food insecure, w/out hunger | 423 | 70% | 30% |
| Food insecure, with hunger | 455 | 88% | 12% |
| Metro Status | | | |
| Non-Metro | 720 | 71% | 29% |
| Metropolitan | 391 | 71% | 29% |
| Region | | | |
| Boone | 213 | 70% | 30% |
| Northwest Region | 225 | 69% | 31% |
| Northeast Region | 173 | 69% | 31% |
| Southwest Region | 259 | 78% | 22% |
| Southeast Region | 241 | 69% | 31% |

| Question 12.1: Thinking about the last 12 months, was there any time when you needed to see a dentist but could not afford it and did not go? | | | |
|--|----------|------------|-----------|
| | N | Yes | No |
| Total | 1165 | 69% | 31% |
| Age of Respondent | | | |
| 18 thru 39 | 425 | 71% | 29% |
| 40 thru 64 | 595 | 72% | 28% |
| 65 and older | 139 | 45% | 56% |
| Body Mass Index (BMI) of Respondent | | | |
| Normal | 230 | 64% | 36% |
| Overweight | 294 | 68% | 32% |
| Obese | 569 | 70% | 30% |
| Health Conditions of Respondent | | | |
| No Health Conditions | 507 | 66% | 34% |
| Diabetes | 256 | 71% | 29% |
| High Blood Pressure | 509 | 71% | 29% |
| High Cholesterol | 345 | 71% | 29% |
| Duration of Pantry Use by Respondent | | | |
| 1 - 12 months of regular use | 310 | 67% | 33% |
| 13 months or more of regular use | 415 | 67% | 33% |
| Not a regular pantry user | 439 | 71% | 29% |
| Children (< age 18) in the Home | | | |
| Yes (with 1 adult) | 115 | 69% | 31% |
| Yes (with 2 or more adults) | 457 | 73% | 27% |
| No Children | 593 | 65% | 35% |
| Household Employment Status | | | |
| No working adults | 587 | 67% | 33% |
| Working Adult, < 35 hours week | 205 | 73% | 27% |
| Working adult, 35 or more hours week | 369 | 69% | 31% |
| Household Income Level | | | |
| 0-50% of poverty level | 369 | 69% | 31% |
| 51-100% of poverty level | 443 | 69% | 31% |
| 101% or more of poverty level | 308 | 67% | 33% |
| Household Food Security Level | | | |
| Food secure | 278 | 48% | 52% |
| Food insecure, w/out hunger | 428 | 68% | 32% |
| Food insecure, with hunger | 459 | 82% | 18% |
| Metro Status | | | |
| Non-Metro | 732 | 66% | 34% |
| Metropolitan | 395 | 74% | 26% |
| Region | | | |
| Boone | 215 | 74% | 26% |
| Northwest Region | 226 | 64% | 36% |
| Northeast Region | 181 | 58% | 42% |
| Southwest Region | 262 | 73% | 27% |
| Southeast Region | 243 | 72% | 28% |

| Question 12.2: Thinking about the last 12 months, was there any time when you needed to see a doctor but could not afford it and did not go? | | | |
|---|----------|------------|-----------|
| | N | Yes | No |
| Total | 1165 | 49% | 51% |
| Age of Respondent | | | |
| 18 thru 39 | 426 | 49% | 51% |
| 40 thru 64 | 594 | 54% | 46% |
| 65 and older | 140 | 25% | 75% |
| Body Mass Index (BMI) of Respondent | | | |
| Normal | 230 | 48% | 52% |
| Overweight | 293 | 49% | 51% |
| Obese | 571 | 49% | 51% |
| Health Conditions of Respondent | | | |
| No Health Conditions | 508 | 48% | 52% |
| Diabetes | 255 | 44% | 56% |
| High Blood Pressure | 509 | 50% | 50% |
| High Cholesterol | 345 | 49% | 51% |
| Duration of Pantry Use by Respondent | | | |
| 1 - 12 months of regular use | 309 | 47% | 53% |
| 13 months or more of regular use | 416 | 45% | 55% |
| Not a regular pantry user | 440 | 54% | 46% |
| Children (< age 18) in the Home | | | |
| Yes (with 1 adult) | 115 | 37% | 63% |
| Yes (with 2 or more adults) | 458 | 57% | 43% |
| No Children | 593 | 45% | 55% |
| Household Employment Status | | | |
| No working adults | 588 | 42% | 58% |
| Working Adult, < 35 hours week | 205 | 58% | 42% |
| Working adult, 35 or more hours week | 369 | 55% | 45% |
| Household Income Level | | | |
| 0-50% of poverty level | 370 | 50% | 50% |
| 51-100% of poverty level | 443 | 50% | 50% |
| 101% or more of poverty level | 308 | 46% | 54% |
| Household Food Security Level | | | |
| Food secure | 278 | 25% | 75% |
| Food insecure, w/out hunger | 428 | 47% | 53% |
| Food insecure, with hunger | 460 | 66% | 34% |
| Metro Status | | | |
| Non-Metro | 732 | 49% | 51% |
| Metropolitan | 396 | 49% | 51% |
| Region | | | |
| Boone | 215 | 49% | 51% |
| Northwest Region | 226 | 44% | 56% |
| Northeast Region | 182 | 50% | 50% |
| Southwest Region | 262 | 53% | 47% |
| Southeast Region | 243 | 48% | 52% |

| Question 12.3: Thinking about the last 12 months, was there any time when you needed medicine of any kind but could not afford it? | | | |
|---|----------|------------|-----------|
| | N | Yes | No |
| Total | 1165 | 56% | 44% |
| Age of Respondent | | | |
| 18 thru 39 | 426 | 56% | 44% |
| 40 thru 64 | 594 | 59% | 41% |
| 65 and older | 140 | 38% | 62% |
| Body Mass Index (BMI) of Respondent | | | |
| Normal | 230 | 52% | 48% |
| Overweight | 293 | 51% | 49% |
| Obese | 571 | 59% | 41% |
| Health Conditions of Respondent | | | |
| No Health Conditions | 507 | 52% | 48% |
| Diabetes | 256 | 57% | 43% |
| High Blood Pressure | 509 | 60% | 40% |
| High Cholesterol | 346 | 58% | 42% |
| Duration of Pantry Use by Respondent | | | |
| 1 - 12 months of regular use | 310 | 51% | 49% |
| 13 months or more of regular use | 416 | 56% | 44% |
| Not a regular pantry user | 439 | 59% | 41% |
| Children (< age 18) in the Home | | | |
| Yes (with 1 adult) | 115 | 45% | 55% |
| Yes (with 2 or more adults) | 457 | 64% | 36% |
| No Children | 594 | 51% | 49% |
| Household Employment Status | | | |
| No working adults | 589 | 53% | 47% |
| Working Adult, < 35 hours week | 205 | 60% | 40% |
| Working adult, 35 or more hours week | 368 | 57% | 43% |
| Household Income Level | | | |
| 0-50% of poverty level | 369 | 60% | 40% |
| 51-100% of poverty level | 444 | 57% | 43% |
| 101% or more of poverty level | 308 | 49% | 51% |
| Household Food Security Level | | | |
| Food secure | 279 | 29% | 61% |
| Food insecure, w/out hunger | 427 | 53% | 47% |
| Food insecure, with hunger | 460 | 74% | 26% |
| Metro Status | | | |
| Non-Metro | 733 | 54% | 46% |
| Metropolitan | 395 | 48% | 52% |
| Region | | | |
| Boone | 215 | 58% | 42% |
| Northwest Region | 226 | 50% | 50% |
| Northeast Region | 182 | 55% | 45% |
| Southwest Region | 262 | 57% | 43% |
| Southeast Region | 243 | 56% | 44% |

| Question 13.1: In the past 12 months, have you or anyone in your household ever had to choose between buying food you need and paying for medicine or medical care? | | | |
|--|----------|------------|-----------|
| | N | Yes | No |
| Total | 1163 | 46% | 54% |
| Age of Respondent | | | |
| 18 thru 39 | 425 | 41% | 59% |
| 40 thru 64 | 593 | 52% | 48% |
| 65 and older | 139 | 31% | 69% |
| Body Mass Index (BMI) of Respondent | | | |
| Normal | 229 | 42% | 59% |
| Overweight | 293 | 45% | 55% |
| Obese | 569 | 48% | 53% |
| Health Conditions of Respondent | | | |
| No Health Conditions | 507 | 39% | 61% |
| Diabetes | 254 | 48% | 52% |
| High Blood Pressure | 507 | 53% | 47% |
| High Cholesterol | 345 | 51% | 49% |
| Duration of Pantry Use by Respondent | | | |
| 1 - 12 months of regular use | 308 | 44% | 56% |
| 13 months or more of regular use | 414 | 47% | 53% |
| Not a regular pantry user | 440 | 46% | 54% |
| Children (< age 18) in the Home | | | |
| Yes (with 1 adult) | 115 | 37% | 63% |
| Yes (with 2 or more adults) | 456 | 50% | 50% |
| No Children | 592 | 44% | 56% |
| Household Employment Status | | | |
| No working adults | 588 | 46% | 54% |
| Working Adult, < 35 hours week | 205 | 48% | 52% |
| Working adult, 35 or more hours week | 366 | 44% | 56% |
| Household Income Level | | | |
| 0-50% of poverty level | 367 | 46% | 54% |
| 51-100% of poverty level | 443 | 48% | 52% |
| 101% or more of poverty level | 308 | 41% | 59% |
| Household Food Security Level | | | |
| Food secure | 279 | 19% | 81% |
| Food insecure, w/out hunger | 425 | 37% | 63% |
| Food insecure, with hunger | 459 | 70% | 30% |
| Metro Status | | | |
| Non-Metro | 730 | 44% | 56% |
| Metropolitan | 395 | 48% | 52% |
| Region | | | |
| Boone | 214 | 48% | 52% |
| Northwest Region | 225 | 40% | 60% |
| Northeast Region | 181 | 43% | 57% |
| Southwest Region | 261 | 47% | 53% |
| Southeast Region | 244 | 48% | 52% |

| Question 13.2: In the past 12 months, have you or anyone in your household ever had to choose between buying food you need and paying for utilities? | | | |
|---|----------|------------|-----------|
| | N | Yes | No |
| Total | 1166 | 56% | 44% |
| Age of Respondent | | | |
| 18 thru 39 | 426 | 59% | 41% |
| 40 thru 64 | 594 | 59% | 41% |
| 65 and older | 140 | 39% | 61% |
| Body Mass Index (BMI) of Respondent | | | |
| Normal | 230 | 55% | 45% |
| Overweight | 294 | 57% | 44% |
| Obese | 570 | 57% | 44% |
| Health Conditions of Respondent | | | |
| No Health Conditions | 508 | 54% | 46% |
| Diabetes | 255 | 53% | 47% |
| High Blood Pressure | 509 | 59% | 41% |
| High Cholesterol | 345 | 60% | 40% |
| Duration of Pantry Use by Respondent | | | |
| 1 - 12 months of regular use | 310 | 53% | 47% |
| 13 months or more of regular use | 415 | 54% | 46% |
| Not a regular pantry user | 440 | 61% | 39% |
| Children (< age 18) in the Home | | | |
| Yes (with 1 adult) | 115 | 57% | 43% |
| Yes (with 2 or more adults) | 458 | 65% | 35% |
| No Children | 593 | 50% | 50% |
| Household Employment Status | | | |
| No working adults | 588 | 54% | 46% |
| Working Adult, < 35 hours week | 205 | 58% | 42% |
| Working adult, 35 or more hours week | 369 | 60% | 40% |
| Household Income Level | | | |
| 0-50% of poverty level | 369 | 58% | 42% |
| 51-100% of poverty level | 444 | 59% | 41% |
| 101% or more of poverty level | 308 | 51% | 49% |
| Household Food Security Level | | | |
| Food secure | 279 | 26% | 74% |
| Food insecure, w/out hunger | 428 | 51% | 49% |
| Food insecure, with hunger | 459 | 80% | 20% |
| Metro Status | | | |
| Non-Metro | 732 | 55% | 45% |
| Metropolitan | 396 | 58% | 42% |
| Region | | | |
| Boone | 215 | 54% | 46% |
| Northwest Region | 225 | 54% | 46% |
| Northeast Region | 182 | 52% | 48% |
| Southwest Region | 262 | 58% | 42% |
| Southeast Region | 244 | 61% | 39% |

Question 13.3: In the past 12 months, have you or anyone in your household ever had to choose between buying food you need and paying for rent or mortgage?

| | N | Yes | No |
|---|----------|------------|-----------|
| Total | 1137 | 42% | 58% |
| Age of Respondent | | | |
| 18 thru 39 | 422 | 45% | 55% |
| 40 thru 64 | 577 | 44% | 56% |
| 65 and older | 132 | 21% | 79% |
| Body Mass Index (BMI) of Respondent | | | |
| Normal | 225 | 43% | 57% |
| Overweight | 288 | 43% | 57% |
| Obese | 553 | 41% | 59% |
| Health Conditions of Respondent | | | |
| No Health Conditions | 495 | 40% | 60% |
| Diabetes | 249 | 38% | 62% |
| High Blood Pressure | 496 | 42% | 58% |
| High Cholesterol | 338 | 41% | 59% |
| Duration of Pantry Use by Respondent | | | |
| 1 - 12 months of regular use | 301 | 41% | 59% |
| 13 months or more of regular use | 403 | 38% | 62% |
| Not a regular pantry user | 432 | 46% | 54% |
| Children (< age 18) in the Home | | | |
| Yes (with 1 adult) | 113 | 41% | 59% |
| Yes (with 2 or more adults) | 453 | 46% | 54% |
| No Children | 571 | 39% | 61% |
| Household Employment Status | | | |
| No working adults | 572 | 40% | 60% |
| Working Adult, < 35 hours week | 200 | 42% | 58% |
| Working adult, 35 or more hours week | 361 | 45% | 55% |
| Household Income Level | | | |
| 0-50% of poverty level | 366 | 42% | 58% |
| 51-100% of poverty level | 433 | 45% | 55% |
| 101% or more of poverty level | 293 | 39% | 61% |
| Household Food Security Level | | | |
| Food secure | 272 | 17% | 83% |
| Food insecure, w/out hunger | 417 | 37% | 63% |
| Food insecure, with hunger | 448 | 62% | 38% |
| Metro Status | | | |
| Non-Metro | 706 | 39% | 61% |
| Metropolitan | 395 | 47% | 53% |
| Region | | | |
| Boone | 215 | 45% | 55% |
| Northwest Region | 219 | 34% | 66% |
| Northeast Region | 175 | 35% | 65% |
| Southwest Region | 253 | 46% | 54% |
| Southeast Region | 239 | 46% | 54% |

| Question 13.4: In the past 12 months, have you or anyone in your household ever had to choose between buying food you need and paying for gas? | | | |
|---|----------|------------|-----------|
| | N | Yes | No |
| Total | 1152 | 60% | 40% |
| Age of Respondent | | | |
| 18 thru 39 | 422 | 63% | 37% |
| 40 thru 64 | 584 | 62% | 38% |
| 65 and older | 140 | 42% | 58% |
| Body Mass Index (BMI) of Respondent | | | |
| Normal | 228 | 57% | 43% |
| Overweight | 291 | 62% | 38% |
| Obese | 562 | 60% | 40% |
| Health Conditions of Respondent | | | |
| No Health Conditions | 502 | 55% | 45% |
| Diabetes | 252 | 60% | 40% |
| High Blood Pressure | 500 | 64% | 36% |
| High Cholesterol | 343 | 64% | 36% |
| Duration of Pantry Use by Respondent | | | |
| 1 - 12 months of regular use | 307 | 59% | 41% |
| 13 months or more of regular use | 410 | 58% | 42% |
| Not a regular pantry user | 434 | 62% | 38% |
| Children (< age 18) in the Home | | | |
| Yes (with 1 adult) | 113 | 66% | 34% |
| Yes (with 2 or more adults) | 454 | 64% | 36% |
| No Children | 585 | 56% | 44% |
| Household Employment Status | | | |
| No working adults | 577 | 58% | 42% |
| Working Adult, < 35 hours week | 205 | 62% | 38% |
| Working adult, 35 or more hours week | 367 | 62% | 38% |
| Household Income Level | | | |
| 0-50% of poverty level | 362 | 59% | 41% |
| 51-100% of poverty level | 438 | 64% | 36% |
| 101% or more of poverty level | 308 | 57% | 43% |
| Household Food Security Level | | | |
| Food secure | 274 | 27% | 73% |
| Food insecure, w/out hunger | 424 | 57% | 43% |
| Food insecure, with hunger | 454 | 83% | 17% |
| Metro Status | | | |
| Non-Metro | 723 | 58% | 42% |
| Metropolitan | 392 | 63% | 37% |
| Region | | | |
| Boone | 215 | 61% | 39% |
| Northwest Region | 225 | 55% | 45% |
| Northeast Region | 175 | 60% | 40% |
| Southwest Region | 259 | 60% | 40% |
| Southeast Region | 240 | 63% | 37% |

| Question 14: Which of the following statements best describes the food eaten in your household in the last four months? | | | | | |
|--|----------|--------------------------------|---|------------------------------------|--------------------------------|
| | N | Enough of kinds we want | Enough but not always kind we want | Sometimes not enough to eat | Often not enough to eat |
| Total | 1165 | 14% | 54% | 24% | 8% |
| Age of Respondent | | | | | |
| 18 thru 39 | 424 | 16% | 52% | 27% | 5% |
| 40 thru 64 | 595 | 12% | 52% | 26% | 10% |
| 65 and older | 140 | 20% | 64% | 12% | 4% |
| Body Mass Index (BMI) of Respondent | | | | | |
| Normal | 230 | 19% | 49% | 22% | 10% |
| Overweight | 294 | 16% | 51% | 26% | 7% |
| Obese | 570 | 11% | 56% | 25% | 7% |
| Health Conditions of Respondent | | | | | |
| No Health Conditions | 506 | 18% | 54% | 22% | 7% |
| Diabetes | 256 | 15% | 53% | 24% | 8% |
| High Blood Pressure | 509 | 11% | 53% | 27% | 9% |
| High Cholesterol | 346 | 11% | 55% | 24% | 10% |
| Duration of Pantry Use by Respondent | | | | | |
| 1 - 12 months of regular use | 309 | 18% | 52% | 23% | 8% |
| 13 months or more of regular use | 415 | 15% | 54% | 21% | 10% |
| Not a regular pantry user | 440 | 11% | 54% | 28% | 6% |
| Children (< age 18) in the Home | | | | | |
| Yes (with 1 adult) | 115 | 9% | 61% | 23% | 8% |
| Yes (with 2 or more adults) | 456 | 14% | 55% | 25% | 6% |
| No Children | 594 | 16% | 51% | 24% | 9% |
| Household Employment Status | | | | | |
| No working adults | 588 | 14% | 49% | 26% | 11% |
| Working Adult, < 35 hours week | 205 | 13% | 57% | 25% | 5% |
| Working adult, 35 or more hours week | 368 | 16% | 60% | 21% | 4% |
| Household Income Level | | | | | |
| 0-50% of poverty level | 368 | 17% | 45% | 30% | 7% |
| 51-100% of poverty level | 444 | 12% | 56% | 23% | 9% |
| 101% or more of poverty level | 308 | 15% | 61% | 21% | 4% |
| Household Food Security Level | | | | | |
| Food secure | 278 | 40% | 56% | 3% | 1% |
| Food insecure, w/out hunger | 427 | 12% | 67% | 19% | 2% |
| Food insecure, with hunger | 460 | 2% | 39% | 42% | 17% |
| Metro Status | | | | | |
| Non-Metro | 732 | 17% | 53% | 22% | 8% |
| Metropolitan | 395 | 11% | 55% | 27% | 7% |
| Region | | | | | |
| Boone | 214 | 9% | 58% | 25% | 8% |
| Northwest Region | 226 | 16% | 57% | 20% | 8% |
| Northeast Region | 181 | 18% | 52% | 25% | 5% |
| Southwest Region | 262 | 16% | 53% | 22% | 9% |
| Southeast Region | 244 | 15% | 48% | 28% | 9% |

| Question 15: First, please tell me around how much money your household spends in an average week on food, including both food you buy to use at home and food you buy at any kind at restaurants to eat in or carry out? | | | | | | | |
|---|------|----------|-----------|-----------|----------|--------|---------|
| | N | \$0-\$25 | \$26-\$50 | \$51-\$75 | \$76-100 | \$101+ | Median* |
| Total | 1124 | 17% | 27% | 16% | 17% | 23% | 63 |
| Age of Respondent | | | | | | | |
| 18 thru 39 | 417 | 7% | 18% | 17% | 22% | 36% | 100 |
| 40 thru 64 | 571 | 19% | 34% | 16% | 14% | 17% | 50 |
| 65 and older | 131 | 42% | 29% | 11% | 15% | 4% | 30 |
| Body Mass Index (BMI) of Respondent | | | | | | | |
| Normal | 217 | 20% | 22% | 16% | 19% | 24% | 65 |
| Overweight | 284 | 21% | 25% | 10% | 19% | 25% | 68 |
| Obese | 554 | 15% | 31% | 17% | 15% | 21% | 60 |
| Health Conditions of Respondent | | | | | | | |
| No Health Conditions | 489 | 14% | 26% | 14% | 20% | 27% | 75 |
| Diabetes | 248 | 19% | 34% | 17% | 11% | 19% | 50 |
| High Blood Pressure | 490 | 19% | 28% | 18% | 15% | 20% | 60 |
| High Cholesterol | 333 | 24% | 32% | 18% | 12% | 13% | 50 |
| Duration of Pantry Use by Respondent | | | | | | | |
| 1 - 12 months of regular use | 295 | 20% | 29% | 17% | 15% | 19% | 60 |
| 13 months or more of regular use | 404 | 20% | 31% | 15% | 15% | 20% | 50 |
| Not a regular pantry user | 425 | 13% | 23% | 16% | 21% | 28% | 75 |
| Children (< age 18) in the Home | | | | | | | |
| Yes (with 1 adult) | 113 | 12% | 20% | 13% | 20% | 34% | 88 |
| Yes (with 2 or more adults) | 446 | 4% | 17% | 19% | 23% | 38% | 100 |
| No Children | 565 | 29% | 37% | 14% | 12% | 9% | 50 |
| Household Employment Status | | | | | | | |
| No working adults | 562 | 25% | 31% | 14% | 14% | 16% | 50 |
| Working Adult, < 35 hours week | 200 | 12% | 21% | 17% | 21% | 30% | 84 |
| Working adult, 35 or more hours week | 359 | 8% | 24% | 18% | 21% | 29% | 80 |
| Household Income Level | | | | | | | |
| 0-50% of poverty level | 352 | 13% | 23% | 14% | 18% | 32% | 75 |
| 51-100% of poverty level | 434 | 20% | 28% | 15% | 17% | 20% | 60 |
| 101% or more of poverty level | 298 | 19% | 31% | 17% | 17% | 16% | 51 |
| Household Food Security Level | | | | | | | |
| Food secure | 263 | 16% | 26% | 15% | 14% | 29% | 70 |
| Food insecure, w/out hunger | 413 | 14% | 27% | 16% | 22% | 21% | 68 |
| Food insecure, with hunger | 448 | 21% | 28% | 16% | 15% | 21% | 60 |
| Metro Status | | | | | | | |
| Non-Metro | 714 | 19% | 28% | 16% | 15% | 22% | 60 |
| Metropolitan | 374 | 15% | 26% | 15% | 22% | 23% | 70 |
| Region | | | | | | | |
| Boone | 200 | 14% | 28% | 19% | 22% | 19% | 64 |
| Northwest Region | 218 | 21% | 27% | 17% | 17% | 19% | 60 |
| Northeast Region | 176 | 23% | 28% | 16% | 14% | 20% | 50 |
| Southwest Region | 255 | 15% | 29% | 14% | 15% | 26% | 63 |
| Southeast Region | 239 | 16% | 25% | 14% | 19% | 26% | 75 |
| *Median refers to the "middle expenditure"; half of the responses fall above and half fall below this amount | | | | | | | |

Question 17.1: People use different sources to get the food they need. In the last year or so, did you use SNAP/Food Stamp Program?

| | N | NO | YES |
|---|----------|-----------|------------|
| Total | 1166 | 45% | 55% |
| Age of Respondent | | | |
| 18 thru 39 | 426 | 29% | 71% |
| 40 thru 64 | 594 | 52% | 48% |
| 65 and older | 140 | 64% | 36% |
| Body Mass Index (BMI) of Respondent | | | |
| Normal | 230 | 48% | 52% |
| Overweight | 293 | 49% | 51% |
| Obese | 571 | 40% | 60% |
| Health Conditions of Respondent | | | |
| No Health Conditions | 507 | 43% | 57% |
| Diabetes | 256 | 45% | 55% |
| High Blood Pressure | 509 | 44% | 56% |
| High Cholesterol | 346 | 48% | 52% |
| Duration of Pantry Use by Respondent | | | |
| 1 - 12 months of regular use | 310 | 50% | 50% |
| 13 months or more of regular use | 415 | 42% | 58% |
| Not a regular pantry user | 440 | 44% | 56% |
| Children (< age 18) in the Home | | | |
| Yes (with 1 adult) | 115 | 30% | 70% |
| Yes (with 2 or more adults) | 457 | 35% | 65% |
| No Children | 594 | 55% | 45% |
| Household Employment Status | | | |
| No working adults | 589 | 42% | 58% |
| Working Adult, < 35 hours week | 204 | 37% | 63% |
| Working adult, 35 or more hours week | 369 | 53% | 47% |
| Household Income Level | | | |
| 0-50% of poverty level | 370 | 27% | 73% |
| 51-100% of poverty level | 444 | 43% | 57% |
| 101% or more of poverty level | 307 | 67% | 33% |
| Household Food Security Level | | | |
| Food secure | 279 | 47% | 53% |
| Food insecure, w/out hunger | 428 | 46% | 54% |
| Food insecure, with hunger | 459 | 42% | 58% |
| Metro Status | | | |
| Non-Metro | 732 | 47% | 53% |
| Metropolitan | 396 | 39% | 61% |
| Region | | | |
| Boone | 215 | 42% | 58% |
| Northwest Region | 226 | 50% | 50% |
| Northeast Region | 182 | 53% | 47% |
| Southwest Region | 261 | 41% | 59% |
| Southeast Region | 244 | 39% | 61% |

Question 17.2: People use different sources to get the food they need. In the last year or so, did you use WIC Program (Women, Infant, and Children)?

| | N | NO | YES |
|---|----------|-----------|------------|
| Total | 1167 | 82% | 18% |
| Age of Respondent | | | |
| 18 thru 39 | 426 | 71% | 29% |
| 40 thru 64 | 595 | 94% | 6% |
| 65 and older | 140 | 100% | 0% |
| Body Mass Index (BMI) of Respondent | | | |
| Normal | 230 | 84% | 16% |
| Overweight | 294 | 87% | 13% |
| Obese | 571 | 88% | 12% |
| Health Conditions of Respondent | | | |
| No Health Conditions | 508 | 80% | 20% |
| Diabetes | 256 | 92% | 8% |
| High Blood Pressure | 509 | 92% | 8% |
| High Cholesterol | 346 | 95% | 5% |
| Duration of Pantry Use by Respondent | | | |
| 1 - 12 months of regular use | 310 | 86% | 14% |
| 13 months or more of regular use | 416 | 88% | 12% |
| Not a regular pantry user | 440 | 85% | 15% |
| Children (< age 18) in the Home | | | |
| Yes (with 1 adult) | 115 | 83% | 17% |
| Yes (with 2 or more adults) | 458 | 80% | 20% |
| No Children | 594 | 100% | 0% |
| Household Employment Status | | | |
| No working adults | 589 | 92% | 8% |
| Working Adult, < 35 hours week | 205 | 82% | 18% |
| Working adult, 35 or more hours week | 369 | 81% | 19% |
| Household Income Level | | | |
| 0-50% of poverty level | 370 | 80% | 20% |
| 51-100% of poverty level | 444 | 89% | 11% |
| 101% or more of poverty level | 308 | 90% | 10% |
| Household Food Security Level | | | |
| Food secure | 279 | 81% | 19% |
| Food insecure, w/out hunger | 428 | 85% | 15% |
| Food insecure, with hunger | 460 | 91% | 8% |
| Metro Status | | | |
| Non-Metro | 733 | 87% | 13% |
| Metropolitan | 396 | 86% | 14% |
| Region | | | |
| Boone | 215 | 89% | 11% |
| Northwest Region | 226 | 89% | 11% |
| Northeast Region | 182 | 87% | 13% |
| Southwest Region | 262 | 83% | 17% |
| Southeast Region | 244 | 85% | 15% |

Question 17.3: People use different sources to get the food they need. In the last year or so, did you use Meals on Wheels?

| | N | NO | YES |
|---|----------|-----------|------------|
| Total | 1167 | 97% | 3% |
| Age of Respondent | | | |
| 18 thru 39 | 426 | 99% | 1% |
| 40 thru 64 | 595 | 98% | 2% |
| 65 and older | 140 | 89% | 11% |
| Body Mass Index (BMI) of Respondent | | | |
| Normal | 230 | 98% | 2% |
| Overweight | 294 | 95% | 5% |
| Obese | 571 | 99% | 1% |
| Health Conditions of Respondent | | | |
| No Health Conditions | 508 | 98% | 2% |
| Diabetes | 256 | 97% | 3% |
| High Blood Pressure | 509 | 97% | 3% |
| High Cholesterol | 346 | 95% | 5% |
| Duration of Pantry Use by Respondent | | | |
| 1 - 12 months of regular use | 310 | 97% | 3% |
| 13 months or more of regular use | 416 | 97% | 3% |
| Not a regular pantry user | 440 | 98% | 2% |
| Children (< age 18) in the Home | | | |
| Yes (with 1 adult) | 115 | 99% | 1% |
| Yes (with 2 or more adults) | 458 | 98% | 2% |
| No Children | 594 | 97% | 3% |
| Household Employment Status | | | |
| No working adults | 589 | 96% | 4% |
| Working Adult, < 35 hours week | 205 | 99% | 1% |
| Working adult, 35 or more hours week | 369 | 99% | 1% |
| Household Income Level | | | |
| 0-50% of poverty level | 370 | 98% | 2% |
| 51-100% of poverty level | 444 | 98% | 2% |
| 101% or more of poverty level | 308 | 96% | 4% |
| Household Food Security Level | | | |
| Food secure | 279 | 96% | 4% |
| Food insecure, w/out hunger | 428 | 99% | 1% |
| Food insecure, with hunger | 460 | 97% | 3% |
| Metro Status | | | |
| Non-Metro | 733 | 98% | 2% |
| Metropolitan | 396 | 98% | 2% |
| Region | | | |
| Boone | 215 | 97% | 3% |
| Northwest Region | 226 | 98% | 2% |
| Northeast Region | 182 | 97% | 3% |
| Southwest Region | 262 | 98% | 2% |
| Southeast Region | 244 | 98% | 2% |

Question 17.4: People use different sources to get the food they need. In the last year or so, did you use Relatives and Family living OUTSIDE your household?

| | N | NO | YES |
|---|----------|-----------|------------|
| Total | 1166 | 61% | 39% |
| Age of Respondent | | | |
| 18 thru 39 | 425 | 55% | 45% |
| 40 thru 64 | 595 | 64% | 36% |
| 65 and older | 140 | 70% | 30% |
| Body Mass Index (BMI) of Respondent | | | |
| Normal | 230 | 60% | 40% |
| Overweight | 294 | 62% | 38% |
| Obese | 571 | 62% | 38% |
| Health Conditions of Respondent | | | |
| No Health Conditions | 507 | 60% | 40% |
| Diabetes | 256 | 65% | 35% |
| High Blood Pressure | 509 | 61% | 39% |
| High Cholesterol | 346 | 64% | 36% |
| Duration of Pantry Use by Respondent | | | |
| 1 - 12 months of regular use | 310 | 64% | 36% |
| 13 months or more of regular use | 416 | 61% | 39% |
| Not a regular pantry user | 439 | 60% | 40% |
| Children (< age 18) in the Home | | | |
| Yes (with 1 adult) | 115 | 52% | 48% |
| Yes (with 2 or more adults) | 458 | 61% | 39% |
| No Children | 593 | 63% | 37% |
| Household Employment Status | | | |
| No working adults | 588 | 61% | 39% |
| Working Adult, < 35 hours week | 205 | 64% | 36% |
| Working adult, 35 or more hours week | 369 | 61% | 39% |
| Household Income Level | | | |
| 0-50% of poverty level | 369 | 59% | 41% |
| 51-100% of poverty level | 444 | 59% | 41% |
| 101% or more of poverty level | 308 | 66% | 34% |
| Household Food Security Level | | | |
| Food secure | 279 | 73% | 27% |
| Food insecure, w/out hunger | 428 | 59% | 41% |
| Food insecure, with hunger | 459 | 57% | 43% |
| Metro Status | | | |
| Non-Metro | 733 | 62% | 38% |
| Metropolitan | 395 | 59% | 41% |
| Region | | | |
| Boone | 215 | 63% | 37% |
| Northwest Region | 226 | 65% | 35% |
| Northeast Region | 182 | 58% | 42% |
| Southwest Region | 262 | 61% | 39% |
| Southeast Region | 244 | 58% | 42% |

Question 17.5: People use different sources to get the food they need. In the last year or so, did you use Friends?

| | N | NO | YES |
|---|----------|-----------|------------|
| Total | 1167 | 77% | 23% |
| Age of Respondent | | | |
| 18 thru 39 | 426 | 76% | 24% |
| 40 thru 64 | 595 | 77% | 23% |
| 65 and older | 140 | 84% | 16% |
| Body Mass Index (BMI) of Respondent | | | |
| Normal | 230 | 77% | 23% |
| Overweight | 294 | 77% | 23% |
| Obese | 571 | 79% | 22% |
| Health Conditions of Respondent | | | |
| No Health Conditions | 508 | 76% | 24% |
| Diabetes | 256 | 80% | 20% |
| High Blood Pressure | 509 | 78% | 22% |
| High Cholesterol | 346 | 80% | 20% |
| Duration of Pantry Use by Respondent | | | |
| 1 - 12 months of regular use | 310 | 79% | 21% |
| 13 months or more of regular use | 416 | 79% | 21% |
| Not a regular pantry user | 440 | 75% | 25% |
| Children (< age 18) in the Home | | | |
| Yes (with 1 adult) | 115 | 78% | 22% |
| Yes (with 2 or more adults) | 458 | 80% | 20% |
| No Children | 594 | 76% | 24% |
| Household Employment Status | | | |
| No working adults | 589 | 76% | 24% |
| Working Adult, < 35 hours week | 205 | 80% | 20% |
| Working adult, 35 or more hours week | 369 | 79% | 21% |
| Household Income Level | | | |
| 0-50% of poverty level | 370 | 77% | 23% |
| 51-100% of poverty level | 444 | 79% | 21% |
| 101% or more of poverty level | 308 | 78% | 22% |
| Household Food Security Level | | | |
| Food secure | 279 | 86% | 14% |
| Food insecure, w/out hunger | 428 | 78% | 22% |
| Food insecure, with hunger | 460 | 72% | 28% |
| Metro Status | | | |
| Non-Metro | 733 | 79% | 21% |
| Metropolitan | 396 | 75% | 25% |
| Region | | | |
| Boone | 215 | 77% | 23% |
| Northwest Region | 226 | 80% | 20% |
| Northeast Region | 182 | 81% | 19% |
| Southwest Region | 262 | 76% | 24% |
| Southeast Region | 244 | 75% | 25% |

Question 17.6: People use different sources to get the food they need. In the last year or so, did you use Neighbors or Coworkers?

| | N | NO | YES |
|---|----------|-----------|------------|
| Total | 1166 | 90% | 10% |
| Age of Respondent | | | |
| 18 thru 39 | 426 | 91% | 9% |
| 40 thru 64 | 595 | 89% | 11% |
| 65 and older | 140 | 91% | 9% |
| Body Mass Index (BMI) of Respondent | | | |
| Normal | 230 | 90% | 10% |
| Overweight | 294 | 90% | 10% |
| Obese | 571 | 90% | 10% |
| Health Conditions of Respondent | | | |
| No Health Conditions | 508 | 91% | 8% |
| Diabetes | 256 | 89% | 11% |
| High Blood Pressure | 509 | 88% | 12% |
| High Cholesterol | 346 | 89% | 11% |
| Duration of Pantry Use by Respondent | | | |
| 1 - 12 months of regular use | 309 | 91% | 9% |
| 13 months or more of regular use | 416 | 89% | 11% |
| Not a regular pantry user | 440 | 89% | 11% |
| Children (< age 18) in the Home | | | |
| Yes (with 1 adult) | 115 | 97% | 3% |
| Yes (with 2 or more adults) | 458 | 91% | 9% |
| No Children | 593 | 88% | 12% |
| Household Employment Status | | | |
| No working adults | 589 | 89% | 11% |
| Working Adult, < 35 hours week | 205 | 91% | 9% |
| Working adult, 35 or more hours week | 369 | 91% | 9% |
| Household Income Level | | | |
| 0-50% of poverty level | 370 | 91% | 9% |
| 51-100% of poverty level | 444 | 89% | 11% |
| 101% or more of poverty level | 308 | 89% | 11% |
| Household Food Security Level | | | |
| Food secure | 279 | 94% | 6% |
| Food insecure, w/out hunger | 428 | 92% | 8% |
| Food insecure, with hunger | 459 | 86% | 14% |
| Metro Status | | | |
| Non-Metro | 733 | 89% | 11% |
| Metropolitan | 396 | 91% | 9% |
| Region | | | |
| Boone | 215 | 91% | 9% |
| Northwest Region | 226 | 91% | 9% |
| Northeast Region | 182 | 89% | 11% |
| Southwest Region | 262 | 87% | 13% |
| Southeast Region | 244 | 91% | 9% |

Question 17.7: People use different sources to get the food they need. In the last year or so, did you use Hunting or Fishing?

| | N | NO | YES |
|---|----------|-----------|------------|
| Total | 1166 | 67% | 33% |
| Age of Respondent | | | |
| 18 thru 39 | 426 | 66% | 34% |
| 40 thru 64 | 595 | 64% | 36% |
| 65 and older | 140 | 81% | 19% |
| Body Mass Index (BMI) of Respondent | | | |
| Normal | 230 | 70% | 30% |
| Overweight | 294 | 66% | 34% |
| Obese | 571 | 66% | 34% |
| Health Conditions of Respondent | | | |
| No Health Conditions | 508 | 67% | 33% |
| Diabetes | 256 | 66% | 34% |
| High Blood Pressure | 509 | 66% | 34% |
| High Cholesterol | 346 | 67% | 33% |
| Duration of Pantry Use by Respondent | | | |
| 1 - 12 months of regular use | 309 | 67% | 33% |
| 13 months or more of regular use | 416 | 69% | 31% |
| Not a regular pantry user | 440 | 66% | 34% |
| Children (< age 18) in the Home | | | |
| Yes (with 1 adult) | 115 | 73% | 27% |
| Yes (with 2 or more adults) | 458 | 62% | 38% |
| No Children | 593 | 70% | 30% |
| Household Employment Status | | | |
| No working adults | 589 | 72% | 28% |
| Working Adult, < 35 hours week | 205 | 65% | 35% |
| Working adult, 35 or more hours week | 369 | 60% | 40% |
| Household Income Level | | | |
| 0-50% of poverty level | 370 | 72% | 28% |
| 51-100% of poverty level | 444 | 66% | 34% |
| 101% or more of poverty level | 308 | 63% | 37% |
| Household Food Security Level | | | |
| Food secure | 279 | 68% | 32% |
| Food insecure, w/out hunger | 428 | 67% | 33% |
| Food insecure, with hunger | 459 | 67% | 33% |
| Metro Status | | | |
| Non-Metro | 733 | 63% | 37% |
| Metropolitan | 396 | 75% | 25% |
| Region | | | |
| Boone | 215 | 80% | 20% |
| Northwest Region | 226 | 64% | 36% |
| Northeast Region | 182 | 64% | 36% |
| Southwest Region | 262 | 60% | 40% |
| Southeast Region | 244 | 71% | 29% |

Question 17.8: People use different sources to get the food they need. In the last year or so, did you use Gardens?

| | N | NO | YES |
|---|----------|-----------|------------|
| Total | 1166 | 61% | 39% |
| Age of Respondent | | | |
| 18 thru 39 | 426 | 66% | 34% |
| 40 thru 64 | 595 | 58% | 42% |
| 65 and older | 140 | 56% | 44% |
| Body Mass Index (BMI) of Respondent | | | |
| Normal | 230 | 60% | 40% |
| Overweight | 294 | 59% | 42% |
| Obese | 571 | 62% | 38% |
| Health Conditions of Respondent | | | |
| No Health Conditions | 508 | 61% | 39% |
| Diabetes | 256 | 62% | 38% |
| High Blood Pressure | 509 | 61% | 39% |
| High Cholesterol | 346 | 61% | 39% |
| Duration of Pantry Use by Respondent | | | |
| 1 - 12 months of regular use | 309 | 61% | 39% |
| 13 months or more of regular use | 416 | 59% | 41% |
| Not a regular pantry user | 440 | 63% | 37% |
| Children (< age 18) in the Home | | | |
| Yes (with 1 adult) | 115 | 68% | 32% |
| Yes (with 2 or more adults) | 458 | 58% | 42% |
| No Children | 593 | 62% | 38% |
| Household Employment Status | | | |
| No working adults | 589 | 63% | 37% |
| Working Adult, < 35 hours week | 205 | 62% | 38% |
| Working adult, 35 or more hours week | 369 | 58% | 42% |
| Household Income Level | | | |
| 0-50% of poverty level | 370 | 67% | 33% |
| 51-100% of poverty level | 444 | 61% | 39% |
| 101% or more of poverty level | 308 | 53% | 47% |
| Household Food Security Level | | | |
| Food secure | 279 | 57% | 43% |
| Food insecure, w/out hunger | 428 | 64% | 36% |
| Food insecure, with hunger | 459 | 61% | 39% |
| Metro Status | | | |
| Non-Metro | 733 | 57% | 43% |
| Metropolitan | 396 | 70% | 30% |
| Region | | | |
| Boone | 215 | 74% | 26% |
| Northwest Region | 226 | 56% | 44% |
| Northeast Region | 182 | 55% | 45% |
| Southwest Region | 262 | 56% | 44% |
| Southeast Region | 244 | 64% | 36% |

| Question 18.1: I encourage others to use food pantries if they need food assistance. | | | | |
|---|----------|--------------|-------------------|-----------------|
| | N | Agree | No Opinion | Disagree |
| Total | 1166 | 98% | <1% | 2% |
| Age of Respondent | | | | |
| 18 thru 39 | 426 | 99% | <1% | 1% |
| 40 thru 64 | 595 | 98% | <1% | 2% |
| 65 and older | 140 | 95% | 1% | 4% |
| Body Mass Index (BMI) of Respondent | | | | |
| Normal | 230 | 97% | <1% | 2% |
| Overweight | 294 | 95% | 1% | 3% |
| Obese | 571 | 99% | <1% | 1% |
| Health Conditions of Respondent | | | | |
| No Health Conditions | 508 | 97% | <1% | 3% |
| Diabetes | 256 | 98% | 1% | 1% |
| High Blood Pressure | 509 | 98% | 1% | 1% |
| High Cholesterol | 346 | 98% | 1% | 1% |
| Duration of Pantry Use by Respondent | | | | |
| 1 - 12 months of regular use | 309 | 96% | 1% | 3% |
| 13 months or more of regular use | 416 | 99% | <1% | 1% |
| Not a regular pantry user | 440 | 98% | <1% | 2% |
| Children (< age 18) in the Home | | | | |
| Yes (with 1 adult) | 115 | 98% | 1% | 1% |
| Yes (with 2 or more adults) | 458 | 99% | <1% | 1% |
| No Children | 593 | 97% | 1% | 2% |
| Household Employment Status | | | | |
| No working adults | 589 | 96% | 1% | 3% |
| Working Adult, < 35 hours week | 205 | 100% | 0% | 0% |
| Working adult, 35 or more hours week | 369 | 99% | <1% | 1% |
| Household Income Level | | | | |
| 0-50% of poverty level | 370 | 98% | 1% | 1% |
| 51-100% of poverty level | 444 | 98% | <1% | 2% |
| 101% or more of poverty level | 308 | 98% | <1% | 2% |
| Household Food Security Level | | | | |
| Food secure | 279 | 98% | <1% | 2% |
| Food insecure, w/out hunger | 428 | 97% | <1% | 2% |
| Food insecure, with hunger | 459 | 98% | <1% | 2% |
| Metro Status | | | | |
| Non-Metro | 733 | 98% | <1% | 2% |
| Metropolitan | 396 | 97% | <1% | 3% |
| Region | | | | |
| Boone | 215 | 97% | <1% | 3% |
| Northwest Region | 226 | 99% | <1% | <1% |
| Northeast Region | 182 | 98% | <1% | 2% |
| Southwest Region | 262 | 96% | 1% | 3% |
| Southeast Region | 244 | 98% | <1% | 1% |

| Question 18.2: I avoid food pantries where I might see someone I know. | | | | |
|---|----------|--------------|-------------------|-----------------|
| | N | Agree | No Opinion | Disagree |
| Total | 1166 | 9% | <1% | 91% |
| Age of Respondent | | | | |
| 18 thru 39 | 426 | 9% | <1% | 90% |
| 40 thru 64 | 595 | 8% | <1% | 92% |
| 65 and older | 140 | 11% | 1% | 87% |
| Body Mass Index (BMI) of Respondent | | | | |
| Normal | 230 | 10% | <1% | 90% |
| Overweight | 294 | 7% | 2% | 91% |
| Obese | 571 | 10% | <1% | 90% |
| Health Conditions of Respondent | | | | |
| No Health Conditions | 508 | 9% | <1% | 91% |
| Diabetes | 256 | 9% | <1% | 90% |
| High Blood Pressure | 509 | 8% | <1% | 91% |
| High Cholesterol | 346 | 8% | <1% | 91% |
| Duration of Pantry Use by Respondent | | | | |
| 1 - 12 months of regular use | 309 | 6% | 1% | 93% |
| 13 months or more of regular use | 416 | 10% | <1% | 89% |
| Not a regular pantry user | 440 | 10% | <1% | 90% |
| Children (< age 18) in the Home | | | | |
| Yes (with 1 adult) | 115 | 7% | 2% | 91% |
| Yes (with 2 or more adults) | 458 | 9% | <1% | 91% |
| No Children | 593 | 9% | 1% | 90% |
| Household Employment Status | | | | |
| No working adults | 589 | 9% | 1% | 90% |
| Working Adult, < 35 hours week | 205 | 8% | 0% | 92% |
| Working adult, 35 or more hours week | 369 | 9% | <1% | 91% |
| Household Income Level | | | | |
| 0-50% of poverty level | 370 | 8% | <1% | 91% |
| 51-100% of poverty level | 444 | 8% | 1% | 91% |
| 101% or more of poverty level | 308 | 11% | <1% | 89% |
| Household Food Security Level | | | | |
| Food secure | 279 | 6% | <1% | 93% |
| Food insecure, w/out hunger | 428 | 11% | 1% | 88% |
| Food insecure, with hunger | 459 | 8% | 1% | 91% |
| Metro Status | | | | |
| Non-Metro | 733 | 7% | 1% | 92% |
| Metropolitan | 396 | 11% | <1% | 88% |
| Region | | | | |
| Boone | 215 | 8% | 1% | 91% |
| Northwest Region | 226 | 8% | 0% | 92% |
| Northeast Region | 182 | 8% | 0% | 92% |
| Southwest Region | 262 | 8% | 2% | 90% |
| Southeast Region | 244 | 12% | 0% | 89% |

| Question 18.3: I tell people I visit a food pantry. | | | | |
|--|----------|--------------|-------------------|-----------------|
| | N | Agree | No Opinion | Disagree |
| Total | 1165 | 88% | 2% | 10% |
| Age of Respondent | | | | |
| 18 thru 39 | 426 | 88% | 1% | 11% |
| 40 thru 64 | 594 | 89% | 1% | 10% |
| 65 and older | 140 | 83% | 4% | 13% |
| Body Mass Index (BMI) of Respondent | | | | |
| Normal | 230 | 88% | 1% | 10% |
| Overweight | 293 | 85% | 3% | 12% |
| Obese | 571 | 89% | 1% | 10% |
| Health Conditions of Respondent | | | | |
| No Health Conditions | 508 | 87% | 2% | 11% |
| Diabetes | 256 | 89% | 1% | 10% |
| High Blood Pressure | 509 | 89% | 1% | 10% |
| High Cholesterol | 346 | 89% | 2% | 9% |
| Duration of Pantry Use by Respondent | | | | |
| 1 - 12 months of regular use | 309 | 86% | 2% | 12% |
| 13 months or more of regular use | 416 | 92% | <1% | 8% |
| Not a regular pantry user | 439 | 85% | 2% | 13% |
| Children (< age 18) in the Home | | | | |
| Yes (with 1 adult) | 115 | 90% | 3% | 7% |
| Yes (with 2 or more adults) | 458 | 87% | 2% | 12% |
| No Children | 592 | 88% | 1% | 11% |
| Household Employment Status | | | | |
| No working adults | 589 | 87% | 2% | 11% |
| Working Adult, < 35 hours week | 205 | 90% | 1% | 9% |
| Working adult, 35 or more hours week | 369 | 87% | 1% | 12% |
| Household Income Level | | | | |
| 0-50% of poverty level | 369 | 89% | 1% | 10% |
| 51-100% of poverty level | 444 | 87% | 2% | 11% |
| 101% or more of poverty level | 308 | 86% | 2% | 12% |
| Household Food Security Level | | | | |
| Food secure | 279 | 90% | 2% | 8% |
| Food insecure, w/out hunger | 428 | 87% | 2% | 11% |
| Food insecure, with hunger | 459 | 88% | 1% | 11% |
| Metro Status | | | | |
| Non-Metro | 733 | 89% | 2% | 9% |
| Metropolitan | 396 | 86% | 1% | 13% |
| Region | | | | |
| Boone | 215 | 86% | 1% | 13% |
| Northwest Region | 226 | 90% | 1% | 8% |
| Northeast Region | 182 | 92% | 0% | 8% |
| Southwest Region | 262 | 88% | 2% | 10% |
| Southeast Region | 244 | 84% | 3% | 13% |

| Question 18.4: Many people who visit a food pantry do not want other people to know. | | | | |
|---|----------|--------------|-------------------|-----------------|
| | N | Agree | No Opinion | Disagree |
| Total | 1166 | 48% | 20% | 32% |
| Age of Respondent | | | | |
| 18 thru 39 | 426 | 48% | 19% | 33% |
| 40 thru 64 | 595 | 49% | 20% | 32% |
| 65 and older | 140 | 46% | 24% | 31% |
| Body Mass Index (BMI) of Respondent | | | | |
| Normal | 230 | 47% | 23% | 30% |
| Overweight | 294 | 47% | 17% | 35% |
| Obese | 571 | 50% | 18% | 32% |
| Health Conditions of Respondent | | | | |
| No Health Conditions | 508 | 45% | 22% | 33% |
| Diabetes | 256 | 54% | 19% | 27% |
| High Blood Pressure | 509 | 52% | 19% | 29% |
| High Cholesterol | 346 | 51% | 18% | 31% |
| Duration of Pantry Use by Respondent | | | | |
| 1 - 12 months of regular use | 309 | 48% | 18% | 33% |
| 13 months or more of regular use | 416 | 50% | 19% | 32% |
| Not a regular pantry user | 440 | 47% | 21% | 32% |
| Children (< age 18) in the Home | | | | |
| Yes (with 1 adult) | 115 | 50% | 17% | 32% |
| Yes (with 2 or more adults) | 458 | 51% | 19% | 30% |
| No Children | 593 | 46% | 21% | 34% |
| Household Employment Status | | | | |
| No working adults | 589 | 47% | 20% | 32% |
| Working Adult, < 35 hours week | 205 | 50% | 18% | 32% |
| Working adult, 35 or more hours week | 369 | 49% | 20% | 31% |
| Household Income Level | | | | |
| 0-50% of poverty level | 369 | 50% | 20% | 30% |
| 51-100% of poverty level | 444 | 46% | 20% | 33% |
| 101% or more of poverty level | 308 | 51% | 17% | 32% |
| Household Food Security Level | | | | |
| Food secure | 279 | 42% | 23% | 34% |
| Food insecure, w/out hunger | 428 | 49% | 18% | 33% |
| Food insecure, with hunger | 459 | 51% | 19% | 29% |
| Metro Status | | | | |
| Non-Metro | 733 | 48% | 18% | 33% |
| Metropolitan | 396 | 48% | 23% | 30% |
| Region | | | | |
| Boone | 215 | 47% | 27% | 27% |
| Northwest Region | 226 | 52% | 17% | 31% |
| Northeast Region | 182 | 45% | 17% | 39% |
| Southwest Region | 262 | 48% | 18% | 34% |
| Southeast Region | 244 | 48% | 22% | 30% |

| Question 18.5: Many in this country do not respect food pantry users. | | | | |
|--|----------|--------------|-------------------|-----------------|
| | N | Agree | No Opinion | Disagree |
| Total | 1165 | 59% | 18% | 23% |
| Age of Respondent | | | | |
| 18 thru 39 | 426 | 55% | 20% | 25% |
| 40 thru 64 | 595 | 62% | 16% | 22% |
| 65 and older | 140 | 59% | 21% | 20% |
| Body Mass Index (BMI) of Respondent | | | | |
| Normal | 230 | 55% | 23% | 22% |
| Overweight | 294 | 57% | 18% | 25% |
| Obese | 571 | 62% | 15% | 23% |
| Health Conditions of Respondent | | | | |
| No Health Conditions | 508 | 54% | 21% | 25% |
| Diabetes | 256 | 68% | 13% | 19% |
| High Blood Pressure | 509 | 65% | 15% | 20% |
| High Cholesterol | 346 | 66% | 15% | 19% |
| Duration of Pantry Use by Respondent | | | | |
| 1 - 12 months of regular use | 308 | 60% | 19% | 21% |
| 13 months or more of regular use | 416 | 62% | 17% | 21% |
| Not a regular pantry user | 440 | 54% | 19% | 27% |
| Children (< age 18) in the Home | | | | |
| Yes (with 1 adult) | 115 | 57% | 22% | 22% |
| Yes (with 2 or more adults) | 458 | 55% | 21% | 24% |
| No Children | 593 | 62% | 15% | 23% |
| Household Employment Status | | | | |
| No working adults | 589 | 61% | 17% | 22% |
| Working Adult, < 35 hours week | 205 | 62% | 19% | 19% |
| Working adult, 35 or more hours week | 369 | 54% | 20% | 26% |
| Household Income Level | | | | |
| 0-50% of poverty level | 369 | 58% | 17% | 25% |
| 51-100% of poverty level | 444 | 57% | 20% | 23% |
| 101% or more of poverty level | 308 | 64% | 16% | 20% |
| Household Food Security Level | | | | |
| Food secure | 279 | 51% | 19% | 30% |
| Food insecure, w/out hunger | 428 | 57% | 20% | 23% |
| Food insecure, with hunger | 459 | 65% | 16% | 19% |
| Metro Status | | | | |
| Non-Metro | 733 | 60% | 17% | 23% |
| Metropolitan | 396 | 57% | 21% | 22% |
| Region | | | | |
| Boone | 215 | 54% | 23% | 23% |
| Northwest Region | 226 | 65% | 16% | 20% |
| Northeast Region | 182 | 58% | 19% | 23% |
| Southwest Region | 262 | 60% | 16% | 23% |
| Southeast Region | 244 | 57% | 18% | 25% |

| Question 19: First, in a typical week, how many times do you normally eat <u>fresh or frozen</u> fruits, not counting juice? | | | | | |
|---|----------|----------------|------------------|------------------|------------------|
| | N | 0 times | 1-2 times | 3-6 times | 7 + times |
| Total | 1166 | 28% | 39% | 20% | 14% |
| Age of Respondent | | | | | |
| 18 thru 39 | 426 | 24% | 38% | 21% | 17% |
| 40 thru 64 | 595 | 30% | 40% | 20% | 10% |
| 65 and older | 140 | 31% | 36% | 15% | 19% |
| Body Mass Index (BMI) of Respondent | | | | | |
| Normal | 230 | 22% | 43% | 19% | 16% |
| Overweight | 294 | 28% | 35% | 24% | 14% |
| Obese | 571 | 30% | 39% | 19% | 12% |
| Health Conditions of Respondent | | | | | |
| No Health Conditions | 508 | 26% | 39% | 20% | 15% |
| Diabetes | 256 | 28% | 40% | 21% | 11% |
| High Blood Pressure | 509 | 30% | 39% | 19% | 12% |
| High Cholesterol | 346 | 32% | 40% | 17% | 10% |
| Duration of Pantry Use by Respondent | | | | | |
| 1 - 12 months of regular use | 309 | 23% | 39% | 21% | 17% |
| 13 months or more of regular use | 416 | 31% | 35% | 22% | 12% |
| Not a regular pantry user | 440 | 28% | 43% | 17% | 13% |
| Children (< age 18) in the Home | | | | | |
| Yes (with 1 adult) | 115 | 24% | 41% | 17% | 19% |
| Yes (with 2 or more adults) | 458 | 25% | 38% | 22% | 14% |
| No Children | 593 | 31% | 39% | 19% | 12% |
| Household Employment Status | | | | | |
| No working adults | 589 | 33% | 36% | 18% | 13% |
| Working Adult, < 35 hours week | 205 | 27% | 36% | 22% | 15% |
| Working adult, 35 or more hours week | 369 | 20% | 44% | 21% | 14% |
| Household Income Level | | | | | |
| 0-50% of poverty level | 370 | 28% | 35% | 23% | 15% |
| 51-100% of poverty level | 444 | 31% | 42% | 17% | 11% |
| 101% or more of poverty level | 308 | 23% | 40% | 21% | 16% |
| Household Food Security Level | | | | | |
| Food secure | 279 | 16% | 36% | 25% | 23% |
| Food insecure, w/out hunger | 428 | 27% | 40% | 19% | 14% |
| Food insecure, with hunger | 459 | 36% | 39% | 18% | 7% |
| Metro Status | | | | | |
| Non-Metro | 733 | 29% | 38% | 20% | 13% |
| Metropolitan | 396 | 26% | 40% | 19% | 15% |
| Region | | | | | |
| Boone | 215 | 27% | 41% | 19% | 14% |
| Northwest Region | 226 | 27% | 31% | 27% | 15% |
| Northeast Region | 182 | 32% | 39% | 16% | 14% |
| Southwest Region | 262 | 26% | 41% | 21% | 13% |
| Southeast Region | 244 | 28% | 42% | 16% | 14% |

| Question 20: And in a typical week, how many times do you eat canned fruits, not counting fruit juices? | | | | | |
|--|----------|----------------|------------------|------------------|------------------|
| | N | 0 times | 1-2 times | 3-6 times | 7 + times |
| Total | 1166 | 35% | 40% | 18% | 8% |
| Age of Respondent | | | | | |
| 18 thru 39 | 426 | 40% | 34% | 18% | 8% |
| 40 thru 64 | 595 | 33% | 42% | 18% | 8% |
| 65 and older | 140 | 23% | 47% | 17% | 13% |
| Body Mass Index (BMI) of Respondent | | | | | |
| Normal | 230 | 35% | 40% | 16% | 10% |
| Overweight | 294 | 32% | 40% | 19% | 9% |
| Obese | 571 | 35% | 40% | 17% | 8% |
| Health Conditions of Respondent | | | | | |
| No Health Conditions | 508 | 38% | 35% | 19% | 8% |
| Diabetes | 256 | 30% | 43% | 19% | 8% |
| High Blood Pressure | 509 | 32% | 44% | 15% | 9% |
| High Cholesterol | 346 | 32% | 43% | 16% | 9% |
| Duration of Pantry Use by Respondent | | | | | |
| 1 - 12 months of regular use | 309 | 34% | 41% | 16% | 10% |
| 13 months or more of regular use | 416 | 31% | 40% | 22% | 7% |
| Not a regular pantry user | 440 | 38% | 38% | 15% | 9% |
| Children (< age 18) in the Home | | | | | |
| Yes (with 1 adult) | 115 | 42% | 33% | 22% | 4% |
| Yes (with 2 or more adults) | 458 | 38% | 35% | 17% | 10% |
| No Children | 593 | 31% | 44% | 17% | 8% |
| Household Employment Status | | | | | |
| No working adults | 589 | 34% | 42% | 17% | 8% |
| Working Adult, < 35 hours week | 205 | 32% | 42% | 17% | 10% |
| Working adult, 35 or more hours week | 369 | 37% | 35% | 19% | 9% |
| Household Income Level | | | | | |
| 0-50% of poverty level | 370 | 37% | 36% | 17% | 11% |
| 51-100% of poverty level | 444 | 33% | 41% | 19% | 7% |
| 101% or more of poverty level | 308 | 34% | 42% | 18% | 7% |
| Household Food Security Level | | | | | |
| Food secure | 279 | 35% | 38% | 17% | 10% |
| Food insecure, w/out hunger | 428 | 31% | 42% | 19% | 9% |
| Food insecure, with hunger | 459 | 38% | 39% | 17% | 7% |
| Metro Status | | | | | |
| Non-Metro | 733 | 34% | 40% | 17% | 9% |
| Metropolitan | 396 | 36% | 39% | 19% | 7% |
| Region | | | | | |
| Boone | 215 | 33% | 41% | 20% | 6% |
| Northwest Region | 226 | 29% | 42% | 20% | 8% |
| Northeast Region | 182 | 32% | 42% | 18% | 9% |
| Southwest Region | 262 | 37% | 35% | 16% | 12% |
| Southeast Region | 244 | 40% | 37% | 16% | 7% |

| Question 21: And in a typical week, how many times do you consume <u>fresh or frozen</u> vegetables, again not counting juice? | | | | | |
|---|----------|----------------|------------------|------------------|------------------|
| | N | 0 times | 1-2 times | 3-6 times | 7 + times |
| Total | 1166 | 24% | 29% | 26% | 20% |
| Age of Respondent | | | | | |
| 18 thru 39 | 426 | 21% | 30% | 25% | 24% |
| 40 thru 64 | 595 | 26% | 29% | 27% | 19% |
| 65 and older | 140 | 28% | 30% | 24% | 18% |
| Body Mass Index (BMI) of Respondent | | | | | |
| Normal | 230 | 19% | 33% | 24% | 24% |
| Overweight | 294 | 23% | 29% | 25% | 24% |
| Obese | 571 | 26% | 29% | 27% | 18% |
| Health Conditions of Respondent | | | | | |
| No Health Conditions | 508 | 21% | 29% | 26% | 24% |
| Diabetes | 256 | 25% | 29% | 28% | 18% |
| High Blood Pressure | 509 | 28% | 29% | 26% | 17% |
| High Cholesterol | 346 | 26% | 31% | 25% | 18% |
| Duration of Pantry Use by Respondent | | | | | |
| 1 - 12 months of regular use | 309 | 23% | 28% | 29% | 20% |
| 13 months or more of regular use | 416 | 27% | 31% | 21% | 21% |
| Not a regular pantry user | 440 | 23% | 29% | 28% | 21% |
| Children (< age 18) in the Home | | | | | |
| Yes (with 1 adult) | 115 | 20% | 30% | 26% | 24% |
| Yes (with 2 or more adults) | 458 | 23% | 27% | 27% | 23% |
| No Children | 593 | 27% | 31% | 25% | 18% |
| Household Employment Status | | | | | |
| No working adults | 589 | 27% | 30% | 26% | 18% |
| Working Adult, < 35 hours week | 205 | 26% | 27% | 29% | 18% |
| Working adult, 35 or more hours week | 369 | 20% | 30% | 25% | 25% |
| Household Income Level | | | | | |
| 0-50% of poverty level | 370 | 25% | 24% | 29% | 22% |
| 51-100% of poverty level | 444 | 23% | 35% | 24% | 19% |
| 101% or more of poverty level | 308 | 25% | 29% | 25% | 21% |
| Household Food Security Level | | | | | |
| Food secure | 279 | 16% | 24% | 32% | 28% |
| Food insecure, w/out hunger | 428 | 26% | 29% | 23% | 22% |
| Food insecure, with hunger | 259 | 28% | 32% | 26% | 14% |
| Metro Status | | | | | |
| Non-Metro | 733 | 25% | 32% | 25% | 19% |
| Metropolitan | 396 | 23% | 26% | 27% | 24% |
| Region | | | | | |
| Boone | 215 | 24% | 23% | 29% | 24% |
| Northwest Region | 226 | 23% | 30% | 27% | 20% |
| Northeast Region | 182 | 25% | 31% | 26% | 18% |
| Southwest Region | 262 | 22% | 34% | 25% | 20% |
| Southeast Region | 244 | 26% | 30% | 22% | 22% |

Question 22: And how about how many times a week you eat canned vegetables, not counting juices?

| | N | 0 times | 1-2 times | 3-6 times | 7 + times |
|---|----------|----------------|------------------|------------------|------------------|
| Total | 1166 | 12% | 24% | 38% | 26% |
| Age of Respondent | | | | | |
| 18 thru 39 | 426 | 12% | 23% | 37% | 29% |
| 40 thru 64 | 595 | 12% | 24% | 39% | 24% |
| 65 and older | 140 | 12% | 24% | 35% | 29% |
| Body Mass Index (BMI) of Respondent | | | | | |
| Normal | 230 | 11% | 32% | 34% | 24% |
| Overweight | 294 | 12% | 21% | 35% | 31% |
| Obese | 571 | 12% | 23% | 41% | 25% |
| Health Conditions of Respondent | | | | | |
| No Health Conditions | 508 | 13% | 22% | 38% | 27% |
| Diabetes | 256 | 11% | 22% | 38% | 29% |
| High Blood Pressure | 509 | 11% | 25% | 38% | 26% |
| High Cholesterol | 346 | 11% | 27% | 36% | 25% |
| Duration of Pantry Use by Respondent | | | | | |
| 1 - 12 months of regular use | 309 | 14% | 25% | 38% | 23% |
| 13 months or more of regular use | 416 | 9% | 21% | 39% | 31% |
| Not a regular pantry user | 440 | 13% | 26% | 37% | 25% |
| Children (< age 18) in the Home | | | | | |
| Yes (with 1 adult) | 115 | 13% | 22% | 42% | 24% |
| Yes (with 2 or more adults) | 458 | 11% | 20% | 38% | 31% |
| No Children | 593 | 13% | 27% | 37% | 24% |
| Household Employment Status | | | | | |
| No working adults | 589 | 12% | 25% | 37% | 25% |
| Working Adult, < 35 hours week | 205 | 12% | 25% | 38% | 25% |
| Working adult, 35 or more hours week | 369 | 11% | 21% | 39% | 29% |
| Household Income Level | | | | | |
| 0-50% of poverty level | 370 | 13% | 20% | 37% | 31% |
| 51-100% of poverty level | 444 | 11% | 28% | 38% | 24% |
| 101% or more of poverty level | 308 | 13% | 24% | 39% | 25% |
| Household Food Security Level | | | | | |
| Food secure | 279 | 11% | 21% | 35% | 33% |
| Food insecure, w/out hunger | 428 | 14% | 23% | 38% | 25% |
| Food insecure, with hunger | 459 | 11% | 26% | 39% | 24% |
| Metro Status | | | | | |
| Non-Metro | 733 | 10% | 24% | 37% | 29% |
| Metropolitan | 396 | 16% | 24% | 37% | 23% |
| Region | | | | | |
| Boone | 215 | 17% | 25% | 39% | 19% |
| Northwest Region | 226 | 11% | 25% | 36% | 28% |
| Northeast Region | 182 | 10% | 19% | 42% | 29% |
| Southwest Region | 262 | 9% | 25% | 36% | 30% |
| Southeast Region | 244 | 14% | 24% | 35% | 28% |

| Question 23: In a typical week, how many times do you drink milk or use milk on your cereal? | | | | | |
|---|----------|----------------|------------------|------------------|------------------|
| | N | 0 times | 1-2 times | 3-6 times | 7 + times |
| Total | 1165 | 23% | 16% | 18% | 43% |
| Age of Respondent | | | | | |
| 18 thru 39 | 425 | 22% | 15% | 19% | 44% |
| 40 thru 64 | 595 | 25% | 17% | 17% | 42% |
| 65 and older | 140 | 22% | 14% | 19% | 46% |
| Body Mass Index (BMI) of Respondent | | | | | |
| Normal | 229 | 23% | 15% | 18% | 45% |
| Overweight | 294 | 21% | 18% | 14% | 47% |
| Obese | 571 | 25% | 15% | 19% | 41% |
| Health Conditions of Respondent | | | | | |
| No Health Conditions | 507 | 23% | 16% | 18% | 43% |
| Diabetes | 256 | 20% | 15% | 18% | 47% |
| High Blood Pressure | 509 | 24% | 16% | 18% | 42% |
| High Cholesterol | 346 | 23% | 15% | 17% | 45% |
| Duration of Pantry Use by Respondent | | | | | |
| 1 - 12 months of regular use | 309 | 22% | 14% | 18% | 46% |
| 13 months or more of regular use | 416 | 25% | 15% | 17% | 43% |
| Not a regular pantry user | 439 | 24% | 18% | 18% | 41% |
| Children (< age 18) in the Home | | | | | |
| Yes (with 1 adult) | 115 | 24% | 11% | 22% | 44% |
| Yes (with 2 or more adults) | 457 | 25% | 15% | 17% | 43% |
| No Children | 593 | 22% | 17% | 18% | 43% |
| Household Employment Status | | | | | |
| No working adults | 589 | 24% | 18% | 17% | 42% |
| Working Adult, < 35 hours week | 204 | 27% | 10% | 18% | 46% |
| Working adult, 35 or more hours week | 369 | 21% | 16% | 20% | 43% |
| Household Income Level | | | | | |
| 0-50% of poverty level | 369 | 24% | 16% | 17% | 43% |
| 51-100% of poverty level | 444 | 24% | 16% | 17% | 42% |
| 101% or more of poverty level | 308 | 22% | 14% | 20% | 44% |
| Household Food Security Level | | | | | |
| Food secure | 279 | 20% | 13% | 21% | 46% |
| Food insecure, w/out hunger | 427 | 21% | 16% | 15% | 49% |
| Food insecure, with hunger | 459 | 28% | 17% | 18% | 36% |
| Metro Status | | | | | |
| Non-Metro | 733 | 21% | 15% | 18% | 46% |
| Metropolitan | 395 | 27% | 16% | 18% | 38% |
| Region | | | | | |
| Boone | 215 | 30% | 17% | 19% | 34% |
| Northwest Region | 226 | 21% | 17% | 16% | 46% |
| Northeast Region | 182 | 22% | 14% | 15% | 49% |
| Southwest Region | 262 | 21% | 16% | 17% | 47% |
| Southeast Region | 243 | 23% | 14% | 21% | 42% |

| Question 23.1: What type of milk do you typically consume? | | | | |
|---|----------|-------------------|-----------|--------------|
| | N | Whole Milk | 2% | Other |
| Total | 889 | 32% | 55% | 13% |
| Age of Respondent | | | | |
| 18 thru 39 | 332 | 30% | 58% | 12% |
| 40 thru 64 | 445 | 34% | 53% | 13% |
| 65 and older | 109 | 25% | 56% | 19% |
| Body Mass Index (BMI) of Respondent | | | | |
| Normal | 176 | 46% | 47% | 8% |
| Overweight | 230 | 28% | 59% | 13% |
| Obese | 428 | 28% | 57% | 15% |
| Health Conditions of Respondent | | | | |
| No Health Conditions | 389 | 36% | 53% | 11% |
| Diabetes | 203 | 24% | 57% | 19% |
| High Blood Pressure | 388 | 28% | 57% | 15% |
| High Cholesterol | 266 | 27% | 58% | 16% |
| Duration of Pantry Use by Respondent | | | | |
| 1 - 12 months of regular use | 241 | 33% | 52% | 15% |
| 13 months or more of regular use | 312 | 30% | 56% | 14% |
| Not a regular pantry user | 335 | 31% | 56% | 13% |
| Children (< age 18) in the Home | | | | |
| Yes (with 1 adult) | 88 | 33% | 55% | 13% |
| Yes (with 2 or more adults) | 343 | 29% | 59% | 12% |
| No Children | 458 | 33% | 53% | 15% |
| Household Employment Status | | | | |
| No working adults | 447 | 30% | 56% | 14% |
| Working Adult, < 35 hours week | 151 | 33% | 58% | 9% |
| Working adult, 35 or more hours week | 289 | 32% | 53% | 15% |
| Household Income Level | | | | |
| 0-50% of poverty level | 279 | 37% | 54% | 9% |
| 51-100% of poverty level | 334 | 30% | 58% | 13% |
| 101% or more of poverty level | 239 | 26% | 55% | 18% |
| Household Food Security Level | | | | |
| Food secure | 222 | 32% | 55% | 13% |
| Food insecure, w/out hunger | 338 | 31% | 58% | 12% |
| Food insecure, with hunger | 329 | 32% | 52% | 16% |
| Metro Status | | | | |
| Non-Metro | 578 | 31% | 58% | 12% |
| Metropolitan | 285 | 32% | 51% | 18% |
| Region | | | | |
| Boone | 149 | 31% | 53% | 16% |
| Northwest Region | 177 | 27% | 61% | 12% |
| Northeast Region | 142 | 26% | 62% | 12% |
| Southwest Region | 207 | 35% | 52% | 13% |
| Southeast Region | 188 | 35% | 50% | 15% |

| Question 24: Again, in a normal week, how many times do you eat dried beans (the kind that you soak in water) or canned beans. Do NOT include green beans (e.g., soybeans, kidney/red beans, pinto beans, garbanzo beans, lentils, black beans, black-eyed peas, lima beans, refried beans). | | | | | |
|---|----------|----------------|---------------|----------------|------------------|
| | N | 0 times | 1 time | 2 times | 3 + times |
| Total | 1166 | 43% | 30% | 16% | 11% |
| Age of Respondent | | | | | |
| 18 thru 39 | 426 | 51% | 26% | 13% | 10% |
| 40 thru 64 | 595 | 41% | 30% | 16% | 12% |
| 65 and older | 140 | 29% | 40% | 23% | 8% |
| Body Mass Index (BMI) of Respondent | | | | | |
| Normal | 230 | 42% | 31% | 17% | 10% |
| Overweight | 294 | 42% | 33% | 14% | 12% |
| Obese | 571 | 44% | 29% | 17% | 11% |
| Health Conditions of Respondent | | | | | |
| No Health Conditions | 508 | 44% | 30% | 17% | 10% |
| Diabetes | 256 | 40% | 33% | 16% | 11% |
| High Blood Pressure | 509 | 43% | 31% | 14% | 11% |
| High Cholesterol | 346 | 37% | 34% | 16% | 13% |
| Duration of Pantry Use by Respondent | | | | | |
| 1 - 12 months of regular use | 309 | 40% | 31% | 16% | 13% |
| 13 months or more of regular use | 416 | 43% | 33% | 16% | 9% |
| Not a regular pantry user | 440 | 46% | 27% | 16% | 11% |
| Children (< age 18) in the Home | | | | | |
| Yes (with 1 adult) | 115 | 37% | 36% | 16% | 12% |
| Yes (with 2 or more adults) | 458 | 47% | 26% | 15% | 11% |
| No Children | 593 | 42% | 32% | 16% | 11% |
| Household Employment Status | | | | | |
| No working adults | 589 | 41% | 31% | 16% | 12% |
| Working Adult, < 35 hours week | 205 | 46% | 29% | 17% | 9% |
| Working adult, 35 or more hours week | 369 | 45% | 30% | 16% | 10% |
| Household Income Level | | | | | |
| 0-50% of poverty level | 370 | 48% | 25% | 16% | 11% |
| 51-100% of poverty level | 444 | 40% | 33% | 15% | 12% |
| 101% or more of poverty level | 308 | 44% | 30% | 18% | 9% |
| Household Food Security Level | | | | | |
| Food secure | 279 | 44% | 32% | 15% | 9% |
| Food insecure, w/out hunger | 428 | 44% | 30% | 17% | 9% |
| Food insecure, with hunger | 459 | 42% | 28% | 16% | 14% |
| Metro Status | | | | | |
| Non-Metro | 733 | 44% | 29% | 16% | 11% |
| Metropolitan | 396 | 41% | 31% | 17% | 11% |
| Region | | | | | |
| Boone | 215 | 39% | 30% | 18% | 14% |
| Northwest Region | 226 | 40% | 28% | 19% | 12% |
| Northeast Region | 182 | 47% | 26% | 15% | 12% |
| Southwest Region | 262 | 44% | 32% | 15% | 10% |
| Southeast Region | 244 | 46% | 32% | 14% | 9% |

Question 25: In a typical week, on how many days do you do at least 30 minutes of exercise, like brisk walking, bicycling, gardening, etc.?

| | N | 0 days | 1-3 days | 4-6 days | 7 days |
|---|----------|---------------|-----------------|-----------------|---------------|
| Total | 1165 | 27% | 23% | 8% | 42% |
| Age of Respondent | | | | | |
| 18 thru 39 | 426 | 23% | 24% | 8% | 45% |
| 40 thru 64 | 595 | 28% | 22% | 8% | 41% |
| 65 and older | 139 | 36% | 22% | 6% | 36% |
| Body Mass Index (BMI) of Respondent | | | | | |
| Normal | 230 | 19% | 18% | 6% | 57% |
| Overweight | 293 | 24% | 23% | 9% | 44% |
| Obese | 571 | 33% | 24% | 9% | 35% |
| Health Conditions of Respondent | | | | | |
| No Health Conditions | 508 | 22% | 23% | 9% | 45% |
| Diabetes | 255 | 33% | 19% | 8% | 40% |
| High Blood Pressure | 508 | 32% | 24% | 6% | 37% |
| High Cholesterol | 345 | 30% | 24% | 7% | 40% |
| Duration of Pantry Use by Respondent | | | | | |
| 1 - 12 months of regular use | 308 | 26% | 24% | 8% | 42% |
| 13 months or more of regular use | 416 | 30% | 23% | 8% | 40% |
| Not a regular pantry user | 440 | 26% | 23% | 8% | 44% |
| Children (< age 18) in the Home | | | | | |
| Yes (with 1 adult) | 115 | 23% | 18% | 10% | 49% |
| Yes (with 2 or more adults) | 458 | 24% | 23% | 7% | 46% |
| No Children | 592 | 31% | 24% | 8% | 37% |
| Household Employment Status | | | | | |
| No working adults | 588 | 28% | 23% | 7% | 42% |
| Working Adult, < 35 hours week | 205 | 23% | 22% | 9% | 46% |
| Working adult, 35 or more hours week | 369 | 29% | 24% | 8% | 40% |
| Household Income Level | | | | | |
| 0-50% of poverty level | 370 | 24% | 22% | 6% | 48% |
| 51-100% of poverty level | 443 | 30% | 22% | 9% | 40% |
| 101% or more of poverty level | 308 | 28% | 24% | 9% | 39% |
| Household Food Security Level | | | | | |
| Food secure | 279 | 25% | 22% | 8% | 44% |
| Food insecure, w/out hunger | 428 | 29% | 23% | 8% | 40% |
| Food insecure, with hunger | 458 | 27% | 23% | 8% | 42% |
| Metro Status | | | | | |
| Non-Metro | 732 | 27% | 23% | 9% | 42% |
| Metropolitan | 396 | 27% | 23% | 7% | 42% |
| Region | | | | | |
| Boone | 215 | 26% | 24% | 9% | 41% |
| Northwest Region | 226 | 29% | 21% | 8% | 42% |
| Northeast Region | 182 | 25% | 25% | 10% | 41% |
| Southwest Region | 261 | 26% | 26% | 7% | 42% |
| Southeast Region | 244 | 30% | 20% | 8% | 43% |

| Question 26: Have you been to see a doctor or nurse for your own health in the last year? | | | |
|--|----------|------------|-----------|
| | N | Yes | No |
| Total | 1166 | 79% | 21% |
| Age of Respondent | | | |
| 18 thru 39 | 426 | 74% | 26% |
| 40 thru 64 | 595 | 80% | 20% |
| 65 and older | 140 | 89% | 11% |
| Body Mass Index (BMI) of Respondent | | | |
| Normal | 230 | 70% | 30% |
| Overweight | 294 | 78% | 22% |
| Obese | 571 | 82% | 18% |
| Health Conditions of Respondent | | | |
| No Health Conditions | 508 | 66% | 34% |
| Diabetes | 256 | 93% | 7% |
| High Blood Pressure | 509 | 89% | 11% |
| High Cholesterol | 346 | 83% | 17% |
| Duration of Pantry Use by Respondent | | | |
| 1 - 12 months of regular use | 309 | 79% | 21% |
| 13 months or more of regular use | 416 | 82% | 18% |
| Not a regular pantry user | 440 | 76% | 25% |
| Children (< age 18) in the Home | | | |
| Yes (with 1 adult) | 115 | 74% | 26% |
| Yes (with 2 or more adults) | 458 | 76% | 24% |
| No Children | 593 | 81% | 19% |
| Household Employment Status | | | |
| No working adults | 589 | 85% | 15% |
| Working Adult, < 35 hours week | 205 | 72% | 28% |
| Working adult, 35 or more hours week | 369 | 73% | 27% |
| Household Income Level | | | |
| 0-50% of poverty level | 370 | 80% | 20% |
| 51-100% of poverty level | 444 | 78% | 22% |
| 101% or more of poverty level | 308 | 80% | 20% |
| Household Food Security Level | | | |
| Food secure | 279 | 75% | 25% |
| Food insecure, w/out hunger | 428 | 79% | 21% |
| Food insecure, with hunger | 459 | 80% | 20% |
| Metro Status | | | |
| Non-Metro | 733 | 77% | 23% |
| Metropolitan | 396 | 82% | 18% |
| Region | | | |
| Boone | 215 | 83% | 17% |
| Northwest Region | 226 | 78% | 22% |
| Northeast Region | 182 | 81% | 19% |
| Southwest Region | 262 | 75% | 25% |
| Southeast Region | 244 | 80% | 20% |

| Question 27: Have you ever been told by a doctor that you have diabetes? | | | |
|---|----------|------------|-----------|
| | N | Yes | No |
| Total | 1164 | 22% | 78% |
| Age of Respondent | | | |
| 18 thru 39 | 425 | 10% | 90% |
| 40 thru 64 | 594 | 28% | 72% |
| 65 and older | 140 | 34% | 66% |
| Body Mass Index (BMI) of Respondent | | | |
| Normal | 230 | 7% | 93% |
| Overweight | 294 | 17% | 83% |
| Obese | 569 | 31% | 69% |
| Health Conditions of Respondent | | | |
| No Health Conditions | 508 | 0% | 100% |
| High Blood Pressure | 507 | 35% | 66% |
| High cholesterol | 346 | 44% | 56% |
| Duration of Pantry Use by Respondent | | | |
| 1 - 12 months of regular use | 308 | 21% | 79% |
| 13 months or more of regular use | 415 | 29% | 71% |
| Not a regular pantry user | 440 | 16% | 84% |
| Children (< age 18) in the Home | | | |
| Yes (with 1 adult) | 115 | 12% | 88% |
| Yes (with 2 or more adults) | 456 | 19% | 81% |
| No Children | 593 | 26% | 74% |
| Household Employment Status | | | |
| No working adults | 587 | 26% | 74% |
| Working Adult, < 35 hours week | 205 | 17% | 83% |
| Working adult, 35 or more hours week | 369 | 20% | 81% |
| Household Income Level | | | |
| 0-50% of poverty level | 368 | 20% | 80% |
| 51-100% of poverty level | 444 | 21% | 79% |
| 101% or more of poverty level | 308 | 27% | 73% |
| Household Food Security Level | | | |
| Food secure | 278 | 17% | 83% |
| Food insecure, w/out hunger | 428 | 23% | 77% |
| Food insecure, with hunger | 458 | 25% | 76% |
| Metro Status | | | |
| Non-Metro | 732 | 23% | 77% |
| Metropolitan | 395 | 21% | 80% |
| Region | | | |
| Boone | 215 | 20% | 80% |
| Northwest Region | 226 | 24% | 76% |
| Northeast Region | 182 | 21% | 79% |
| Southwest Region | 261 | 22% | 78% |
| Southeast Region | 243 | 22% | 78% |

| Question 29: Are you now taking insulin? | | | |
|---|----------|------------|-----------|
| | N | Yes | No |
| Total | 402 | 19% | 81% |
| Age of Respondent | | | |
| 18 thru 39 | 103 | 10% | 90% |
| 40 thru 64 | 236 | 23% | 77% |
| 65 and older | 61 | 20% | 80% |
| Body Mass Index (BMI) of Respondent | | | |
| Normal | 50 | 4% | 96% |
| Overweight | 89 | 19% | 81% |
| Obese | 246 | 22% | 78% |
| Health Conditions of Respondent | | | |
| No Health Conditions | 69 | 0% | 100% |
| Diabetes | 247 | 31% | 69% |
| High Blood Pressure | 245 | 23% | 77% |
| High Cholesterol | 192 | 22% | 78% |
| Duration of Pantry Use by Respondent | | | |
| 1 - 12 months of regular use | 99 | 20% | 80% |
| 13 months or more of regular use | 169 | 22% | 78% |
| Not a regular pantry user | 134 | 14% | 86% |
| Children (< age 18) in the Home | | | |
| Yes (with 1 adult) | 26 | 19% | 81% |
| Yes (with 2 or more adults) | 144 | 22% | 78% |
| No Children | 232 | 17% | 83% |
| Household Employment Status | | | |
| No working adults | 223 | 20% | 80% |
| Working Adult, < 35 hours week | 63 | 19% | 81% |
| Working adult, 35 or more hours week | 115 | 17% | 83% |
| Household Income Level | | | |
| 0-50% of poverty level | 105 | 22% | 78% |
| 51-100% of poverty level | 148 | 18% | 82% |
| 101% or more of poverty level | 134 | 19% | 81% |
| Household Food Security Level | | | |
| Food secure | 79 | 15% | 85% |
| Food insecure, w/out hunger | 145 | 19% | 81% |
| Food insecure, with hunger | 178 | 21% | 79% |
| Metro Status | | | |
| Non-Metro | 258 | 21% | 79% |
| Metropolitan | 133 | 16% | 84% |
| Region | | | |
| Boone | 65 | 20% | 80% |
| Northwest Region | 72 | 19% | 81% |
| Northeast Region | 69 | 19% | 81% |
| Southwest Region | 94 | 25% | 75% |
| Southeast Region | 91 | 12% | 88% |

| Question 30: Are you now taking diabetes pills? | | | |
|--|----------|------------|-----------|
| | N | Yes | No |
| Total | 402 | 44% | 56% |
| Age of Respondent | | | |
| 18 thru 39 | 102 | 20% | 80% |
| 40 thru 64 | 236 | 50% | 50% |
| 65 and older | 62 | 61% | 39% |
| Body Mass Index (BMI) of Respondent | | | |
| Normal | 49 | 22% | 78% |
| Overweight | 89 | 33% | 67% |
| Obese | 247 | 52% | 48% |
| Health Conditions of Respondent | | | |
| No Health Conditions | 68 | 1% | 99% |
| Diabetes | 247 | 69% | 31% |
| High Blood Pressure | 246 | 52% | 48% |
| High Cholesterol | 192 | 60% | 40% |
| Duration of Pantry Use by Respondent | | | |
| 1 - 12 months of regular use | 99 | 47% | 53% |
| 13 months or more of regular use | 169 | 49% | 51% |
| Not a regular pantry user | 134 | 36% | 63% |
| Children (< age 18) in the Home | | | |
| Yes (with 1 adult) | 26 | 27% | 73% |
| Yes (with 2 or more adults) | 145 | 39% | 61% |
| No Children | 231 | 49% | 51% |
| Household Employment Status | | | |
| No working adults | 223 | 51% | 49% |
| Working Adult, < 35 hours week | 63 | 32% | 68% |
| Working adult, 35 or more hours week | 115 | 37% | 63% |
| Household Income Level | | | |
| 0-50% of poverty level | 105 | 48% | 52% |
| 51-100% of poverty level | 148 | 41% | 59% |
| 101% or more of poverty level | 133 | 47% | 53% |
| Household Food Security Level | | | |
| Food secure | 79 | 43% | 57% |
| Food insecure, w/out hunger | 144 | 48% | 52% |
| Food insecure, with hunger | 179 | 41% | 59% |
| Metro Status | | | |
| Non-Metro | 258 | 44% | 56% |
| Metropolitan | 133 | 42% | 58% |
| Region | | | |
| Boone | 64 | 52% | 48% |
| Northwest Region | 72 | 54% | 46% |
| Northeast Region | 69 | 36% | 64% |
| Southwest Region | 94 | 42% | 58% |
| Southeast Region | 92 | 37% | 63% |

| Question 31: Have you ever had your blood pressure checked by a doctor, nurse, or other health worker? | | | |
|---|----------|------------|-----------|
| | N | Yes | No |
| Total | 1165 | 94% | 6% |
| Age of Respondent | | | |
| 18 thru 39 | 426 | 92% | 8% |
| 40 thru 64 | 595 | 95% | 5% |
| 65 and older | 140 | 99% | 1% |
| Body Mass Index (BMI) of Respondent | | | |
| Normal | 230 | 91% | 9% |
| Overweight | 294 | 95% | 5% |
| Obese | 571 | 96% | 4% |
| Health Conditions of Respondent | | | |
| No Health Conditions | 507 | 90% | 11% |
| Diabetes | 256 | 98% | 2% |
| High Blood Pressure | 509 | 100% | 0% |
| High cholesterol | 346 | 98% | 2% |
| Duration of Pantry Use by Respondent | | | |
| 1 - 12 months of regular use | 308 | 94% | 6% |
| 13 months or more of regular use | 416 | 95% | 5% |
| Not a regular pantry user | 440 | 94% | 6% |
| Children (< age 18) in the Home | | | |
| Yes (with 1 adult) | 115 | 93% | 7% |
| Yes (with 2 or more adults) | 457 | 94% | 6% |
| No Children | 593 | 95% | 5% |
| Household Employment Status | | | |
| No working adults | 589 | 96% | 4% |
| Working Adult, < 35 hours week | 205 | 94% | 6% |
| Working adult, 35 or more hours week | 369 | 92% | 8% |
| Household Income Level | | | |
| 0-50% of poverty level | 370 | 93% | 7% |
| 51-100% of poverty level | 444 | 95% | 5% |
| 101% or more of poverty level | 308 | 96% | 5% |
| Household Food Security Level | | | |
| Food secure | 279 | 95% | 5% |
| Food insecure, w/out hunger | 428 | 95% | 5% |
| Food insecure, with hunger | 458 | 94% | 6% |
| Metro Status | | | |
| Non-Metro | 733 | 94% | 6% |
| Metropolitan | 396 | 96% | 5% |
| Region | | | |
| Boone | 215 | 96% | 4% |
| Northwest Region | 226 | 93% | 7% |
| Northeast Region | 182 | 97% | 3% |
| Southwest Region | 262 | 92% | 8% |
| Southeast Region | 244 | 94% | 6% |

| Question 31.1: Were you told you have high blood pressure? | | | |
|---|----------|------------|-----------|
| | N | Yes | No |
| Total | 1165 | 94% | 6% |
| Age of Respondent | | | |
| 18 thru 39 | 392 | 32% | 68% |
| 40 thru 64 | 564 | 54% | 46% |
| 65 and older | 139 | 55% | 45% |
| Body Mass Index (BMI) of Respondent | | | |
| Normal | 209 | 30% | 70% |
| Overweight | 278 | 41% | 59% |
| Obese | 548 | 56% | 44% |
| Health Conditions of Respondent | | | |
| No Health Conditions | 452 | 0% | 100% |
| Diabetes | 252 | 69% | 31% |
| High cholesterol | 338 | 72% | 28% |
| Duration of Pantry Use by Respondent | | | |
| 1 - 12 months of regular use | 290 | 44% | 56% |
| 13 months or more of regular use | 394 | 49% | 51% |
| Not a regular pantry user | 414 | 45% | 55% |
| Children (< age 18) in the Home | | | |
| Yes (with 1 adult) | 107 | 30% | 70% |
| Yes (with 2 or more adults) | 426 | 41% | 59% |
| No Children | 566 | 54% | 47% |
| Household Employment Status | | | |
| No working adults | 566 | 50% | 50% |
| Working Adult, < 35 hours week | 190 | 45% | 55% |
| Working adult, 35 or more hours week | 341 | 41% | 59% |
| Household Income Level | | | |
| 0-50% of poverty level | 342 | 42% | 58% |
| 51-100% of poverty level | 422 | 44% | 56% |
| 101% or more of poverty level | 294 | 53% | 47% |
| Household Food Security Level | | | |
| Food secure | 263 | 36% | 64% |
| Food insecure, w/out hunger | 405 | 45% | 55% |
| Food insecure, with hunger | 431 | 53% | 47% |
| Metro Status | | | |
| Non-Metro | 685 | 44% | 56% |
| Metropolitan | 378 | 50% | 50% |
| Region | | | |
| Boone | 207 | 51% | 49% |
| Northwest Region | 210 | 48% | 52% |
| Northeast Region | 177 | 41% | 59% |
| Southwest Region | 268 | 41% | 59% |
| Southeast Region | 201 | 49% | 51% |

| Question 32 & 33: Combined to create BMI – Body Mass Index | | | | |
|---|----------|---------------|-------------------|--------------|
| | N | Normal | Overweight | Obese |
| Total | 1095 | 21% | 27% | 52% |
| Age of Respondent | | | | |
| 18 thru 39 | 400 | 23% | 25% | 52% |
| 40 thru 64 | 557 | 19% | 26% | 55% |
| 65 and older | 135 | 24% | 36% | 41% |
| Health Conditions of Respondent | | | | |
| No Health Conditions | 471 | 30% | 30% | 40% |
| Diabetes | 245 | 7% | 20% | 73% |
| High Blood Pressure | 481 | 13% | 24% | 63% |
| High Cholesterol | 334 | 13% | 25% | 62% |
| Duration of Pantry Use by Respondent | | | | |
| 1 - 12 months of regular use | 291 | 22% | 30% | 48% |
| 13 months or more of regular use | 389 | 17% | 25% | 58% |
| Not a regular pantry user | 414 | 24% | 27% | 49% |
| Children (< age 18) in the Home | | | | |
| Yes (with 1 adult) | 108 | 23% | 26% | 51% |
| Yes (with 2 or more adults) | 425 | 22% | 26% | 52% |
| No Children | 562 | 20% | 28% | 52% |
| Household Employment Status | | | | |
| No working adults | 554 | 18% | 27% | 55% |
| Working Adult, < 35 hours week | 199 | 28% | 22% | 51% |
| Working adult, 35 or more hours week | 341 | 21% | 31% | 48% |
| Household Income Level | | | | |
| 0-50% of poverty level | 344 | 23% | 27% | 50% |
| 51-100% of poverty level | 419 | 22% | 25% | 53% |
| 101% or more of poverty level | 295 | 18% | 29% | 54% |
| Household Food Security Level | | | | |
| Food secure | 256 | 21% | 31% | 48% |
| Food insecure, w/out hunger | 407 | 23% | 26% | 52% |
| Food insecure, with hunger | 432 | 20% | 25% | 55% |
| Metro Status | | | | |
| Non-Metro | 696 | 20% | 27% | 53% |
| Metropolitan | 366 | 23% | 28% | 50% |
| Region | | | | |
| Boone | 199 | 25% | 28% | 47% |
| Northwest Region | 216 | 22% | 23% | 55% |
| Northeast Region | 171 | 17% | 27% | 56% |
| Southwest Region | 249 | 21% | 31% | 48% |
| Southeast Region | 227 | 21% | 25% | 54% |

| Question 34: Have you ever been told by a doctor, nurse, or other health care professional that you need to lose weight for health reasons? | | | |
|--|----------|------------|-----------|
| | N | Yes | No |
| Total | 1156 | 42% | 58% |
| Age of Respondent | | | |
| 18 thru 39 | 423 | 34% | 66% |
| 40 thru 64 | 59 | 48% | 52% |
| 65 and older | 137 | 42% | 58% |
| Body Mass Index (BMI) of Respondent | | | |
| Normal | 224 | 12% | 88% |
| Overweight | 294 | 25% | 75% |
| Obese | 571 | 63% | 37% |
| Health Conditions of Respondent | | | |
| No Health Conditions | 502 | 24% | 76% |
| Diabetes | 255 | 70% | 30% |
| Heart Blood Pressure | 506 | 57% | 43% |
| High Cholesterol | 344 | 58% | 42% |
| Duration of Pantry Use by Respondent | | | |
| 1 - 12 months of regular use | 305 | 36% | 64% |
| 13 months or more of regular use | 413 | 49% | 51% |
| Not a regular pantry user | 437 | 40% | 60% |
| Children (< age 18) in the Home | | | |
| Yes (with 1 adult) | 115 | 37% | 63% |
| Yes (with 2 or more adults) | 452 | 40% | 60% |
| No Children | 589 | 45% | 55% |
| Household Employment Status | | | |
| No working adults | 585 | 45% | 55% |
| Working Adult, < 35 hours week | 203 | 40% | 60% |
| Working adult, 35 or more hours week | 366 | 39% | 61% |
| Household Income Level | | | |
| 0-50% of poverty level | 366 | 39% | 61% |
| 51-100% of poverty level | 442 | 44% | 56% |
| 101% or more of poverty level | 306 | 44% | 56% |
| Household Food Security Level | | | |
| Food secure | 278 | 32% | 68% |
| Food insecure, w/out hunger | 423 | 40% | 60% |
| Food insecure, with hunger | 455 | 51% | 49% |
| Metro Status | | | |
| Non-Metro | 729 | 41% | 59% |
| Metropolitan | 392 | 45% | 55% |
| Region | | | |
| Boone | 213 | 48% | 52% |
| Northwest Region | 225 | 44% | 56% |
| Northeast Region | 182 | 43% | 57% |
| Southwest Region | 260 | 38% | 62% |
| Southeast Region | 241 | 39% | 61% |

| Question 35: During the past 12 months, have you tried to lose weight? | | | |
|---|----------|------------|-----------|
| | N | Yes | No |
| Total | 1155 | 62% | 38% |
| Age of Respondent | | | |
| 18 thru 39 | 422 | 66% | 34% |
| 40 thru 64 | 593 | 62% | 38% |
| 65 and older | 136 | 48% | 52% |
| Body Mass Index (BMI) of Respondent | | | |
| Normal | 223 | 29% | 71% |
| Overweight | 293 | 52% | 48% |
| Obese | 571 | 79% | 21% |
| Health Conditions of Respondent | | | |
| No Health Conditions | 500 | 54% | 46% |
| Diabetes | 255 | 74% | 26% |
| High Blood Pressure | 507 | 68% | 32% |
| High Cholesterol | 345 | 71% | 29% |
| Duration of Pantry Use by Respondent | | | |
| 1 - 12 months of regular use | 304 | 61% | 39% |
| 13 months or more of regular use | 411 | 65% | 35% |
| Not a regular pantry user | 439 | 59% | 41% |
| Children (< age 18) in the Home | | | |
| Yes (with 1 adult) | 115 | 67% | 33% |
| Yes (with 2 or more adults) | 452 | 64% | 37% |
| No Children | 588 | 59% | 41% |
| Household Employment Status | | | |
| No working adults | 584 | 64% | 37% |
| Working Adult, < 35 hours week | 203 | 63% | 37% |
| Working adult, 35 or more hours week | 366 | 58% | 42% |
| Household Income Level | | | |
| 0-50% of poverty level | 364 | 60% | 40% |
| 51-100% of poverty level | 443 | 63% | 38% |
| 101% or more of poverty level | 305 | 62% | 38% |
| Household Food Security Level | | | |
| Food secure | 275 | 59% | 41% |
| Food insecure, w/out hunger | 423 | 59% | 41% |
| Food insecure, with hunger | 457 | 66% | 34% |
| Metro Status | | | |
| Non-Metro | 726 | 62% | 38% |
| Metropolitan | 393 | 61% | 39% |
| Region | | | |
| Boone | 214 | 61% | 39% |
| Northwest Region | 226 | 59% | 41% |
| Northeast Region | 181 | 66% | 34% |
| Southwest Region | 257 | 62% | 38% |
| Southeast Region | 241 | 62% | 38% |

| Question 35A.1: Identify the first thing you do or try to do to lose weight. | | | | | |
|---|----------|--------------------------------|----------------------------|-----------------|--------------|
| | N | Change quantity of food | Change type of food | Exercise | Other |
| Total | 699 | 19% | 11% | 54% | 17% |
| Age of Respondent | | | | | |
| 18 thru 39 | 271 | 13% | 9% | 63% | 15% |
| 40 thru 64 | 363 | 20% | 11% | 51% | 18% |
| 65 and older | 63 | 35% | 19% | 30% | 16% |
| Body Mass Index (BMI) of Respondent | | | | | |
| Normal | 63 | 11% | 13% | 59% | 18% |
| Overweight | 148 | 18% | 8% | 60% | 14% |
| Obese | 445 | 20% | 12% | 50% | 18% |
| Health Conditions of Respondent | | | | | |
| No Health Conditions | 262 | 15% | 10% | 60% | 16% |
| Diabetes | 187 | 24% | 12% | 47% | 17% |
| High Blood Pressure | 339 | 22% | 11% | 50% | 16% |
| High Cholesterol | 239 | 24% | 12% | 46% | 18% |
| Duration of Pantry Use by Respondent | | | | | |
| 1 - 12 months of regular use | 180 | 18% | 12% | 56% | 14% |
| 13 months or more of regular use | 263 | 21% | 11% | 51% | 17% |
| Not a regular pantry user | 256 | 17% | 10% | 55% | 18% |
| Children (< age 18) in the Home | | | | | |
| Yes (with 1 adult) | 76 | 13% | 11% | 54% | 22% |
| Yes (with 2 or more adults) | 280 | 18% | 10% | 56% | 17% |
| No Children | 343 | 21% | 12% | 52% | 15% |
| Household Employment Status | | | | | |
| No working adults | 364 | 21% | 10% | 54% | 16% |
| Working Adult, < 35 hours week | 126 | 19% | 14% | 53% | 14% |
| Working adult, 35 or more hours week | 208 | 15% | 12% | 54% | 19% |
| Household Income Level | | | | | |
| 0-50% of poverty level | 214 | 20% | 10% | 52% | 18% |
| 51-100% of poverty level | 272 | 19% | 11% | 52% | 18% |
| 101% or more of poverty level | 187 | 17% | 13% | 57% | 13% |
| Household Food Security Level | | | | | |
| Food secure | 160 | 16% | 14% | 56% | 14% |
| Food insecure, w/out hunger | 241 | 17% | 14% | 51% | 18% |
| Food insecure, with hunger | 298 | 22% | 7% | 54% | 17% |
| Metro Status | | | | | |
| Non-Metro | 443 | 21% | 11% | 52% | 16% |
| Metropolitan | 237 | 15% | 10% | 57% | 18% |
| Region | | | | | |
| Boone | 129 | 12% | 12% | 59% | 16% |
| Northwest Region | 130 | 23% | 13% | 52% | 12% |
| Northeast Region | 118 | 21% | 8% | 53% | 19% |
| Southwest Region | 156 | 19% | 12% | 54% | 16% |
| Southeast Region | 147 | 18% | 9% | 53% | 20% |

| Question 36: Have you ever had your blood cholesterol checked by a doctor, nurse, or other health worker? | | | |
|--|----------|------------|-----------|
| | N | Yes | No |
| Total | 1165 | 69% | 31% |
| Age of Respondent | | | |
| 18 thru 39 | 410 | 49% | 52% |
| 40 thru 64 | 586 | 79% | 22% |
| 65 and older | 139 | 91% | 9% |
| Body Mass Index (BMI) of Respondent | | | |
| Normal | 223 | 64% | 36% |
| Overweight | 289 | 67% | 33% |
| Obese | 561 | 73% | 27% |
| Health Conditions of Respondent | | | |
| No Health Conditions | 493 | 52% | 49% |
| Diabetes | 254 | 93% | 8% |
| High Blood Pressure | 498 | 79% | 21% |
| High cholesterol | 346 | 100% | 0% |
| Duration of Pantry Use by Respondent | | | |
| 1 - 12 months of regular use | 300 | 70% | 30% |
| 13 months or more of regular use | 409 | 77% | 24% |
| Not a regular pantry user | 429 | 62% | 39% |
| Children (< age 18) in the Home | | | |
| Yes (with 1 adult) | 111 | 60% | 40% |
| Yes (with 2 or more adults) | 446 | 61% | 39% |
| No Children | 582 | 77% | 23% |
| Household Employment Status | | | |
| No working adults | 576 | 80% | 21% |
| Working Adult, < 35 hours week | 197 | 61% | 39% |
| Working adult, 35 or more hours week | 364 | 58% | 42% |
| Household Income Level | | | |
| 0-50% of poverty level | 358 | 65% | 36% |
| 51-100% of poverty level | 438 | 69% | 31% |
| 101% or more of poverty level | 301 | 76% | 24% |
| Household Food Security Level | | | |
| Food secure | 271 | 64% | 36% |
| Food insecure, w/out hunger | 418 | 68% | 32% |
| Food insecure, with hunger | 450 | 74% | 26% |
| Metro Status | | | |
| Non-Metro | 719 | 69% | 31% |
| Metropolitan | 385 | 68% | 32% |
| Region | | | |
| Boone | 209 | 70% | 30% |
| Northwest Region | 223 | 73% | 27% |
| Northeast Region | 176 | 64% | 36% |
| Southwest Region | 258 | 70% | 30% |
| Southeast Region | 238 | 66% | 34% |

| Question 36.1: Were you told that you high cholesterol? | | | |
|--|----------|------------|-----------|
| | N | Yes | No |
| Total | 778 | 45% | 55% |
| Age of Respondent | | | |
| 18 thru 39 | 196 | 26% | 74% |
| 40 thru 64 | 454 | 51% | 49% |
| 65 and older | 126 | 50% | 50% |
| Body Mass Index (BMI) of Respondent | | | |
| Normal | 140 | 31% | 69% |
| Overweight | 192 | 43% | 57% |
| Obese | 406 | 51% | 49% |
| Health Conditions of Respondent | | | |
| No Health Conditions | 249 | 0% | 100% |
| Diabetes | 231 | 65% | 35% |
| High Blood Pressure | 391 | 62% | 38% |
| Duration of Pantry Use by Respondent | | | |
| 1 - 12 months of regular use | 206 | 44% | 56% |
| 13 months or more of regular use | 310 | 47% | 53% |
| Not a regular pantry user | 261 | 42% | 58% |
| Children (< age 18) in the Home | | | |
| Yes (with 1 adult) | 67 | 24% | 76% |
| Yes (with 2 or more adults) | 267 | 39% | 61% |
| No Children | 444 | 51% | 49% |
| Household Employment Status | | | |
| No working adults | 454 | 50% | 50% |
| Working Adult, < 35 hours week | 118 | 36% | 64% |
| Working adult, 35 or more hours week | 206 | 36% | 64% |
| Household Income Level | | | |
| 0-50% of poverty level | 228 | 43% | 58% |
| 51-100% of poverty level | 297 | 46% | 54% |
| 101% or more of poverty level | 227 | 45% | 56% |
| Household Food Security Level | | | |
| Food secure | 172 | 33% | 67% |
| Food insecure, w/out hunger | 279 | 44% | 56% |
| Food insecure, with hunger | 327 | 51% | 49% |
| Metro Status | | | |
| Non-Metro | 490 | 46% | 54% |
| Metropolitan | 259 | 42% | 58% |
| Region | | | |
| Boone | 144 | 42% | 58% |
| Northwest Region | 163 | 45% | 55% |
| Northeast Region | 109 | 45% | 55% |
| Southwest Region | 177 | 43% | 57% |
| Southeast Region | 156 | 48% | 52% |

| Question 36B: Are you currently taking a prescribed medicine for high cholesterol? | | | |
|---|----------|------------|-----------|
| | N | Yes | No |
| Total | 341 | 64% | 36% |
| Age of Respondent | | | |
| 18 thru 39 | 51 | 41% | 59% |
| 40 thru 64 | 229 | 64% | 36% |
| 65 and older | 61 | 80% | 20% |
| Body Mass Index (BMI) of Respondent | | | |
| Normal | 42 | 52% | 48% |
| Overweight | 81 | 65% | 35% |
| Obese | 206 | 67% | 34% |
| Health Conditions of Respondent | | | |
| No Health Conditions | 0 | 0% | 0% |
| Diabetes | 150 | 83% | 17% |
| High Blood Pressure | 241 | 68% | 32% |
| High cholesterol | 341 | 64% | 36% |
| Duration of Pantry Use by Respondent | | | |
| 1 - 12 months of regular use | 88 | 65% | 35% |
| 13 months or more of regular use | 144 | 73% | 27% |
| Not a regular pantry user | 108 | 50% | 50% |
| Children (< age 18) in the Home | | | |
| Yes (with 1 adult) | 16 | 50% | 50% |
| Yes (with 2 or more adults) | 103 | 52% | 49% |
| No Children | 222 | 70% | 30% |
| Household Employment Status | | | |
| No working adults | 223 | 70% | 30% |
| Working Adult, < 35 hours week | 43 | 58% | 42% |
| Working adult, 35 or more hours week | 75 | 47% | 53% |
| Household Income Level | | | |
| 0-50% of poverty level | 96 | 58% | 42% |
| 51-100% of poverty level | 134 | 60% | 40% |
| 101% or more of poverty level | 99 | 73% | 27% |
| Household Food Security Level | | | |
| Food secure | 54 | 61% | 39% |
| Food insecure, w/out hunger | 121 | 65% | 36% |
| Food insecure, with hunger | 166 | 64% | 36% |
| Metro Status | | | |
| Non-Metro | 221 | 65% | 35% |
| Metropolitan | 107 | 59% | 41% |
| Region | | | |
| Boone | 60 | 60% | 40% |
| Northwest Region | 72 | 70% | 31% |
| Northeast Region | 49 | 63% | 37% |
| Southwest Region | 74 | 65% | 35% |
| Southeast Region | 73 | 56% | 44% |

| Question 37A: Do other members of your current household have diabetes, or prediabetes? | | | |
|--|----------|-----------|------------|
| | N | No | Yes |
| Total | 910 | 79% | 21% |
| Age of Respondent | | | |
| 18 thru 39 | 390 | 86% | 14% |
| 40 thru 64 | 429 | 75% | 25% |
| 65 and older | 89 | 66% | 34% |
| Body Mass Index (BMI) of Respondent | | | |
| Normal | 172 | 83% | 17% |
| Overweight | 223 | 82% | 18% |
| Obese | 461 | 76% | 24% |
| Health Conditions of Respondent | | | |
| No Health Conditions | 410 | 81% | 19% |
| Diabetes | 198 | 72% | 28% |
| High Blood Pressure | 390 | 76% | 24% |
| High Cholesterol | 255 | 73% | 27% |
| Duration of Pantry Use by Respondent | | | |
| 1 - 12 months of regular use | 240 | 76% | 23% |
| 13 months or more of regular use | 316 | 74% | 26% |
| Not a regular pantry user | 353 | 84% | 16% |
| Children (< age 18) in the Home | | | |
| Yes (with 1 adult) | 99 | 92% | 8% |
| Yes (with 2 or more adults) | 451 | 81% | 19% |
| No Children | 360 | 73% | 28% |
| Household Employment Status | | | |
| No working adults | 401 | 73% | 27% |
| Working Adult, < 35 hours week | 175 | 86% | 14% |
| Working adult, 35 or more hours week | 334 | 82% | 18% |
| Household Income Level | | | |
| 0-50% of poverty level | 315 | 82% | 18% |
| 51-100% of poverty level | 341 | 80% | 20% |
| 101% or more of poverty level | 226 | 71% | 29% |
| Household Food Security Level | | | |
| Food secure | 223 | 82% | 18% |
| Food insecure, w/out hunger | 347 | 76% | 24% |
| Food insecure, with hunger | 340 | 79% | 21% |
| Metro Status | | | |
| Non-Metro | 586 | 78% | 22% |
| Metropolitan | 292 | 79% | 21% |
| Region | | | |
| Boone | 156 | 76% | 24% |
| Northwest Region | 179 | 81% | 19% |
| Northeast Region | 143 | 78% | 22% |
| Southwest Region | 212 | 78% | 22% |
| Southeast Region | 188 | 78% | 22% |

| Question 37B: Do members, again not yourself, have high blood pressure? | | | |
|--|----------|-----------|------------|
| | N | No | Yes |
| Total | 907 | 63% | 37% |
| Age of Respondent | | | |
| 18 thru 39 | 389 | 76% | 24% |
| 40 thru 64 | 427 | 55% | 45% |
| 65 and older | 89 | 46% | 54% |
| Body Mass Index (BMI) of Respondent | | | |
| Normal | 173 | 67% | 34% |
| Overweight | 222 | 67% | 33% |
| Obese | 458 | 60% | 40% |
| Health Conditions of Respondent | | | |
| No Health Conditions | 408 | 69% | 31% |
| Diabetes | 198 | 56% | 44% |
| High Blood Pressure | 389 | 57% | 43% |
| High Cholesterol | 254 | 54% | 46% |
| Duration of Pantry Use by Respondent | | | |
| 1 - 12 months of regular use | 241 | 64% | 37% |
| 13 months or more of regular use | 314 | 56% | 44% |
| Not a regular pantry user | 351 | 69% | 31% |
| Children (< age 18) in the Home | | | |
| Yes (with 1 adult) | 98 | 94% | 6% |
| Yes (with 2 or more adults) | 453 | 65% | 35% |
| No Children | 356 | 52% | 48% |
| Household Employment Status | | | |
| No working adults | 398 | 56% | 44% |
| Working Adult, < 35 hours week | 175 | 66% | 34% |
| Working adult, 35 or more hours week | 334 | 70% | 31% |
| Household Income Level | | | |
| 0-50% of poverty level | 314 | 70% | 30% |
| 51-100% of poverty level | 340 | 67% | 33% |
| 101% or more of poverty level | 225 | 47% | 53% |
| Household Food Security Level | | | |
| Food secure | 224 | 68% | 32% |
| Food insecure, w/out hunger | 347 | 62% | 38% |
| Food insecure, with hunger | 336 | 61% | 39% |
| Metro Status | | | |
| Non-Metro | 586 | 61% | 39% |
| Metropolitan | 289 | 68% | 32% |
| Region | | | |
| Boone | 156 | 66% | 34% |
| Northwest Region | 178 | 60% | 40% |
| Northeast Region | 144 | 56% | 44% |
| Southwest Region | 211 | 65% | 35% |
| Southeast Region | 186 | 67% | 33% |

| Question 37C: Do members of your household have high cholesterol? | | | |
|--|----------|-----------|------------|
| | N | No | Yes |
| Total | 894 | 75% | 25% |
| Age of Respondent | | | |
| 18 thru 39 | 382 | 87% | 13% |
| 40 thru 64 | 421 | 68% | 32% |
| 65 and older | 89 | 55% | 45% |
| Body Mass Index (BMI) of Respondent | | | |
| Normal | 172 | 82% | 18% |
| Overweight | 220 | 80% | 21% |
| Obese | 449 | 71% | 29% |
| Health Conditions of Respondent | | | |
| No Health Conditions | 406 | 81% | 19% |
| Diabetes | 193 | 66% | 34% |
| High Blood Pressure | 380 | 70% | 31% |
| High Cholesterol | 249 | 64% | 37% |
| Duration of Pantry Use by Respondent | | | |
| 1 - 12 months of regular use | 236 | 78% | 22% |
| 13 months or more of regular use | 312 | 66% | 34% |
| Not a regular pantry user | 345 | 81% | 19% |
| Children (< age 18) in the Home | | | |
| Yes (with 1 adult) | 98 | 97% | 3% |
| Yes (with 2 or more adults) | 442 | 80% | 20% |
| No Children | 354 | 63% | 37% |
| Household Employment Status | | | |
| No working adults | 394 | 67% | 33% |
| Working Adult, < 35 hours week | 173 | 83% | 17% |
| Working adult, 35 or more hours week | 327 | 81% | 19% |
| Household Income Level | | | |
| 0-50% of poverty level | 313 | 80% | 20% |
| 51-100% of poverty level | 334 | 76% | 23% |
| 101% or more of poverty level | 221 | 63% | 37% |
| Household Food Security Level | | | |
| Food secure | 217 | 83% | 17% |
| Food insecure, w/out hunger | 342 | 75% | 25% |
| Food insecure, with hunger | 335 | 70% | 30% |
| Metro Status | | | |
| Non-Metro | 577 | 74% | 26% |
| Metropolitan | 285 | 76% | 23% |
| Region | | | |
| Boone | 153 | 75% | 25% |
| Northwest Region | 177 | 78% | 22% |
| Northeast Region | 142 | 75% | 25% |
| Southwest Region | 206 | 72% | 28% |
| Southeast Region | 184 | 77% | 23% |

| Question 38: Age of Respondent | | | | |
|---|----------|--------------|--------------|------------|
| | N | 18-39 | 40-64 | 65+ |
| Total | 1161 | 37% | 51% | 12% |
| Body Mass Index (BMI) of Respondent | | | | |
| Normal | 230 | 40% | 46% | 14% |
| Overweight | 292 | 34% | 49% | 16% |
| Obese | 570 | 37% | 54% | 10% |
| Health Conditions of Respondent | | | | |
| No Health Conditions | 505 | 52% | 40% | 8% |
| Diabetes | 256 | 16% | 65% | 19% |
| Heart disease | 507 | 25% | 60% | 15% |
| High cholesterol | 346 | 15% | 67% | 18% |
| Duration of Pantry Use by Respondent | | | | |
| 1 - 12 months of regular use | 306 | 35% | 53% | 11% |
| 13 months or more of regular use | 416 | 27% | 54% | 19% |
| Not a regular pantry user | 438 | 47% | 47% | 6% |
| Children (< age 18) in the Home | | | | |
| Yes (with 1 adult) | 115 | 69% | 29% | 3% |
| Yes (with 2 or more adults) | 455 | 58% | 39% | 3% |
| No Children | 591 | 14% | 65% | 21% |
| Household Employment Status | | | | |
| No working adults | 587 | 25% | 57% | 18% |
| Working Adult, < 35 hours week | 205 | 47% | 44% | 9% |
| Working adult, 35 or more hours week | 368 | 50% | 46% | 4% |
| Household Income Level | | | | |
| 0-50% of poverty level | 367 | 48% | 46% | 6% |
| 51-100% of poverty level | 444 | 35% | 53% | 13% |
| 101% or more of poverty level | 308 | 27% | 55% | 19% |
| Household Food Security Level | | | | |
| Food secure | 279 | 41% | 42% | 18% |
| Food insecure, w/out hunger | 427 | 40% | 46% | 14% |
| Food insecure, with hunger | 455 | 31% | 62% | 7% |
| Metro Status | | | | |
| Non-Metro | 732 | 35% | 51% | 15% |
| Metropolitan | 394 | 42% | 51% | 7% |
| Region | | | | |
| Boone | 213 | 40% | 53% | 8% |
| Northwest Region | 226 | 31% | 54% | 16% |
| Northeast Region | 182 | 33% | 53% | 14% |
| Southwest Region | 290 | 40% | 47% | 14% |
| Southeast Region | 215 | 41% | 50% | 9% |

| Question 39: Second, how many hours a week are you working now? | | | | | |
|--|----------|-------------|-------------|--------------|-------------|
| | N | None | 1-15 | 16-34 | 35 + |
| Total | 1163 | 69% | 4% | 11% | 16% |
| Age of Respondent | | | | | |
| 18 thru 39 | 426 | 58% | 6% | 16% | 20% |
| 40 thru 64 | 594 | 73% | 3% | 9% | 15% |
| 65 and older | 140 | 89% | 4% | 5% | 3% |
| Body Mass Index (BMI) of Respondent | | | | | |
| Normal | 229 | 62% | 5% | 16% | 17% |
| Overweight | 294 | 70% | 5% | 9% | 16% |
| Obese | 571 | 72% | 3% | 11% | 14% |
| Health Conditions of Respondent | | | | | |
| No Health Conditions | 505 | 61% | 5% | 13% | 20% |
| Diabetes | 256 | 83% | 2% | 6% | 9% |
| High Blood Pressure | 509 | 75% | 4% | 9% | 12% |
| High Cholesterol | 346 | 81% | 1% | 8% | 10% |
| Duration of Pantry Use by Respondent | | | | | |
| 1 - 12 months of regular use | 308 | 66% | 6% | 12% | 16% |
| 13 months or more of regular use | 415 | 78% | 3% | 8% | 11% |
| Not a regular pantry user | 439 | 64% | 3% | 13% | 20% |
| Children (< age 18) in the Home | | | | | |
| Yes (with 1 adult) | 115 | 57% | 4% | 15% | 24% |
| Yes (with 2 or more adults) | 456 | 63% | 5% | 12% | 20% |
| No Children | 592 | 77% | 3% | 10% | 11% |
| Household Employment Status | | | | | |
| No working adults | 589 | 100% | 0% | 0% | 0% |
| Working Adult, < 35 hours week | 205 | 31% | 17% | 53% | 0% |
| Working adult, 35 or more hours week | 369 | 42% | 4% | 5% | 49% |
| Household Income Level | | | | | |
| 0-50% of poverty level | 369 | 77% | 4% | 11% | 8% |
| 51-100% of poverty level | 444 | 70% | 4% | 12% | 15% |
| 101% or more of poverty level | 308 | 59% | 5% | 10% | 27% |
| Household Food Security Level | | | | | |
| Food secure | 279 | 72% | 6% | 10% | 13% |
| Food insecure, w/out hunger | 427 | 64% | 4% | 12% | 20% |
| Food insecure, with hunger | 457 | 73% | 3% | 11% | 13% |
| Metro Status | | | | | |
| Non-Metro | 732 | 71% | 4% | 10% | 15% |
| Metropolitan | 396 | 66% | 3% | 13% | 18% |
| Region | | | | | |
| Boone | 215 | 66% | 2% | 14% | 18% |
| Northwest Region | 226 | 66% | 6% | 12% | 17% |
| Northeast Region | 181 | 70% | 4% | 11% | 15% |
| Southwest Region | 262 | 74% | 3% | 10% | 13% |
| Southeast Region | 244 | 69% | 4% | 10% | 16% |

| Question 40: Sex of Respondent | | | |
|---|----------|---------------|-------------|
| | N | Female | Male |
| Total | 1163 | 76% | 24% |
| Age of Respondent | | | |
| 18 thru 39 | 425 | 82% | 18% |
| 40 thru 64 | 595 | 72% | 28% |
| 65 and older | 140 | 80% | 20% |
| Body Mass Index (BMI) of Respondent | | | |
| Normal | 230 | 67% | 33% |
| Overweight | 293 | 72% | 28% |
| Obese | 571 | 81% | 19% |
| Health Conditions of Respondent | | | |
| No Health Conditions | 506 | 77% | 23% |
| Diabetes | 256 | 76% | 24% |
| Heart disease | 508 | 74% | 26% |
| High cholesterol | 345 | 76% | 24% |
| Duration of Pantry Use by Respondent | | | |
| 1 - 12 months of regular use | 307 | 76% | 24% |
| 13 months or more of regular use | 416 | 78% | 22% |
| Not a regular pantry user | 439 | 75% | 25% |
| Children (< age 18) in the Home | | | |
| Yes (with 1 adult) | 114 | 86% | 14% |
| Yes (with 2 or more adults) | 456 | 84% | 16% |
| No Children | 593 | 69% | 31% |
| Household Employment Status | | | |
| No working adults | 588 | 74% | 26% |
| Working Adult, < 35 hours week | 205 | 81% | 19% |
| Working adult, 35 or more hours week | 369 | 78% | 22% |
| Household Income Level | | | |
| 0-50% of poverty level | 369 | 78% | 22% |
| 51-100% of poverty level | 444 | 78% | 22% |
| 101% or more of poverty level | 308 | 73% | 27% |
| Household Food Security Level | | | |
| Food secure | 279 | 76% | 24% |
| Food insecure, w/out hunger | 427 | 77% | 23% |
| Food insecure, with hunger | 457 | 76% | 24% |
| Metro Status | | | |
| Non-Metro | 732 | 79% | 21% |
| Metropolitan | 396 | 73% | 27% |
| Region | | | |
| Boone | 215 | 71% | 29% |
| Northwest Region | 226 | 78% | 22% |
| Northeast Region | 182 | 80% | 20% |
| Southwest Region | 262 | 80% | 20% |
| Southeast Region | 243 | 75% | 26% |

| Question 41: Highest level of education completed | | | | | |
|--|----------|------------------------------|-----------------------------|---------------------|-------------------------|
| | N | Less than high school | High school graduate | Some college | College graduate |
| Total | 1162 | 26% | 42% | 26% | 6% |
| Age of Respondent | | | | | |
| 18 thru 39 | 425 | 27% | 42% | 27% | 4% |
| 40 thru 64 | 594 | 21% | 44% | 27% | 8% |
| 65 and older | 140 | 44% | 36% | 16% | 4% |
| Body Mass Index (BMI) of Respondent | | | | | |
| Normal | 230 | 24% | 47% | 24% | 7% |
| Overweight | 294 | 28% | 41% | 25% | 7% |
| Obese | 570 | 26% | 42% | 27% | 6% |
| Health Conditions of Respondent | | | | | |
| No Health Conditions | 505 | 25% | 43% | 26% | 6% |
| Diabetes | 256 | 32% | 38% | 23% | 7% |
| Heart disease | 508 | 28% | 41% | 26% | 6% |
| High cholesterol | 345 | 26% | 42% | 26% | 6% |
| Duration of Pantry Use by Respondent | | | | | |
| 1 - 12 months of regular use | 307 | 21% | 42% | 28% | 9% |
| 13 months or more of regular use | 416 | 31% | 43% | 21% | 4% |
| Not a regular pantry user | 438 | 25% | 42% | 28% | 5% |
| Children (< age 18) in the Home | | | | | |
| Yes (with 1 adult) | 115 | 18% | 43% | 27% | 12% |
| Yes (with 2 or more adults) | 455 | 25% | 41% | 31% | 4% |
| No Children | 592 | 28% | 44% | 22% | 6% |
| Household Employment Status | | | | | |
| No working adults | 588 | 31% | 41% | 23% | 5% |
| Working Adult, < 35 hours week | 205 | 22% | 42% | 29% | 7% |
| Working adult, 35 or more hours week | 368 | 20% | 46% | 28% | 6% |
| Household Income Level | | | | | |
| 0-50% of poverty level | 370 | 29% | 43% | 24% | 4% |
| 51-100% of poverty level | 443 | 26% | 41% | 27% | 6% |
| 101% or more of poverty level | 307 | 25% | 43% | 25% | 9% |
| Household Food Security Level | | | | | |
| Food secure | 278 | 28% | 43% | 24% | 5% |
| Food insecure, w/out hunger | 428 | 25% | 45% | 25% | 5% |
| Food insecure, with hunger | 456 | 25% | 40% | 27% | 8% |
| Metro Status | | | | | |
| Non-Metro | 733 | 27% | 43% | 26% | 6% |
| Metropolitan | 395 | 25% | 42% | 26% | 8% |
| Region | | | | | |
| Boone | 215 | 22% | 39% | 29% | 10% |
| Northwest Region | 226 | 26% | 43% | 27% | 5% |
| Northeast Region | 182 | 24% | 46% | 25% | 6% |
| Southwest Region | 261 | 30% | 38% | 27% | 5% |
| Southeast Region | 244 | 27% | 47% | 22% | 4% |

| Question 42: Marital Status | | | | | | |
|---|----------|----------------|----------------------------|----------------|---------------------------|----------------------|
| | N | Married | Living with partner | Widowed | Divorced/separated | Never married |
| Total | 1163 | 37% | 13% | 8% | 27% | 15% |
| Age of Respondent | | | | | | |
| 18 thru 39 | 425 | 37% | 21% | 1% | 16% | 25% |
| 40 thru 64 | 595 | 37% | 9% | 7% | 37% | 11% |
| 65 and older | 140 | 39% | 1% | 34% | 25% | 1% |
| Body Mass Index (BMI) of Respondent | | | | | | |
| Normal | 230 | 34% | 11% | 10% | 27% | 17% |
| Overweight | 294 | 37% | 15% | 8% | 29% | 12% |
| Obese | 570 | 38% | 11% | 8% | 27% | 15% |
| Health Conditions of Respondent | | | | | | |
| No Health Conditions | 505 | 37% | 15% | 6% | 23% | 19% |
| Diabetes | 256 | 38% | 10% | 13% | 30% | 9% |
| Heart disease | 509 | 37% | 11% | 10% | 30% | 12% |
| High cholesterol | 346 | 37% | 8% | 11% | 35% | 9% |
| Duration of Pantry Use by Respondent | | | | | | |
| 1 - 12 months of regular use | 307 | 36% | 13% | 9% | 27% | 13% |
| 13 months or more of regular use | 416 | 39% | 9% | 10% | 28% | 14% |
| Not a regular pantry user | 439 | 36% | 15% | 6% | 27% | 16% |
| Children (< age 18) in the Home | | | | | | |
| Yes (with 1 adult) | 115 | 4% | 5% | 7% | 46% | 38% |
| Yes (with 2 or more adults) | 456 | 54% | 21% | 3% | 13% | 9% |
| No Children | 592 | 30% | 8% | 13% | 35% | 15% |
| Household Employment Status | | | | | | |
| No working adults | 589 | 30% | 9% | 11% | 37% | 13% |
| Working Adult, < 35 hours week | 205 | 39% | 16% | 7% | 21% | 18% |
| Working adult, 35 or more hours week | 368 | 47% | 17% | 4% | 17% | 15% |
| Household Income Level | | | | | | |
| 0-50% of poverty level | 370 | 31% | 17% | 8% | 28% | 17% |
| 51-100% of poverty level | 444 | 37% | 12% | 8% | 30% | 13% |
| 101% or more of poverty level | 307 | 43% | 9% | 10% | 24% | 13% |
| Household Food Security Level | | | | | | |
| Food secure | 279 | 39% | 16% | 9% | 20% | 15% |
| Food insecure, w/out hunger | 428 | 40% | 13% | 7% | 23% | 17% |
| Food insecure, with hunger | 456 | 33% | 10% | 9% | 36% | 12% |
| Metro Status | | | | | | |
| Non-Metro | 733 | 41% | 12% | 9% | 26% | 13% |
| Metropolitan | 395 | 27% | 15% | 8% | 31% | 20% |
| Region | | | | | | |
| Boone | 214 | 24% | 13% | 8% | 34% | 21% |
| Northwest Region | 226 | 42% | 9% | 7% | 29% | 13% |
| Northeast Region | 182 | 48% | 10% | 8% | 23% | 10% |
| Southwest Region | 262 | 39% | 13% | 10% | 22% | 16% |
| Southeast Region | 244 | 32% | 18% | 7% | 30% | 14% |

| Question 44: Have you had to leave a residence over the last 24 months due to loss of income or due to foreclosure? | | | |
|--|----------|------------|-----------|
| | N | Yes | No |
| Total | 1158 | 13% | 87% |
| Age of Respondent | | | |
| 18 thru 39 | 426 | 19% | 81% |
| 40 thru 64 | 591 | 12% | 88% |
| 65 and older | 138 | 2% | 98% |
| Body Mass Index (BMI) of Respondent | | | |
| Normal | 230 | 14% | 87% |
| Overweight | 292 | 16% | 84% |
| Obese | 567 | 12% | 88% |
| Health Conditions of Respondent | | | |
| No Health Conditions | 505 | 16% | 84% |
| Diabetes | 254 | 10% | 90% |
| Heart disease | 504 | 11% | 89% |
| High cholesterol | 343 | 8% | 92% |
| Duration of Pantry Use by Respondent | | | |
| 1 - 12 months of regular use | 308 | 13% | 87% |
| 13 months or more of regular use | 412 | 9% | 92% |
| Not a regular pantry user | 437 | 18% | 82% |
| Children (< age 18) in the Home | | | |
| Yes (with 1 adult) | 115 | 12% | 88% |
| Yes (with 2 or more adults) | 453 | 16% | 84% |
| No Children | 590 | 11% | 89% |
| Household Employment Status | | | |
| No working adults | 583 | 14% | 86% |
| Working Adult, < 35 hours week | 205 | 15% | 85% |
| Working adult, 35 or more hours week | 369 | 12% | 88% |
| Household Income Level | | | |
| 0-50% of poverty level | 369 | 18% | 82% |
| 51-100% of poverty level | 440 | 11% | 89% |
| 101% or more of poverty level | 307 | 9% | 91% |
| Household Food Security Level | | | |
| Food secure | 278 | 7% | 93% |
| Food insecure, w/out hunger | 426 | 9% | 91% |
| Food insecure, with hunger | 454 | 21% | 79% |
| Metro Status | | | |
| Non-Metro | 731 | 11% | 89% |
| Metropolitan | 392 | 18% | 82% |
| Region | | | |
| Boone | 213 | 19% | 81% |
| Northwest Region | 226 | 9% | 91% |
| Northeast Region | 182 | 10% | 90% |
| Southwest Region | 261 | 12% | 88% |
| Southeast Region | 241 | 17% | 83% |

| Question 45: How many months or years have you lived in your current place? | | | | | |
|--|----------|--------------------|---------------------|---------------------|--------------------------|
| | N | 1-11 months | 12-23 months | 24-47 months | 48 or more months |
| Total | 1162 | 25% | 13% | 18% | 44% |
| Age of Respondent | | | | | |
| 18 thru 39 | 426 | 39% | 18% | 18% | 25% |
| 40 thru 64 | 593 | 21% | 11% | 19% | 49% |
| 65 and older | 140 | 4% | 6% | 12% | 78% |
| Body Mass Index (BMI) of Respondent | | | | | |
| Normal | 228 | 31% | 12% | 16% | 41% |
| Overweight | 294 | 24% | 13% | 19% | 45% |
| Obese | 571 | 25% | 13% | 18% | 44% |
| Health Conditions of Respondent | | | | | |
| No Health Conditions | 504 | 31% | 14% | 17% | 39% |
| Diabetes | 256 | 21% | 10% | 17% | 52% |
| High Blood Pressure | 509 | 20% | 13% | 19% | 49% |
| High Cholesterol | 346 | 19% | 8% | 22% | 50% |
| Duration of Pantry Use by Respondent | | | | | |
| 1 - 12 months of regular use | 308 | 25% | 17% | 15% | 43% |
| 13 months or more of regular use | 415 | 17% | 10% | 22% | 51% |
| Not a regular pantry user | 438 | 33% | 13% | 16% | 37% |
| Children (< age 18) in the Home | | | | | |
| Yes (with 1 adult) | 115 | 36% | 17% | 17% | 31% |
| Yes (with 2 or more adults) | 456 | 29% | 15% | 19% | 37% |
| No Children | 591 | 20% | 11% | 17% | 51% |
| Household Employment Status | | | | | |
| No working adults | 588 | 25% | 11% | 18% | 46% |
| Working Adult, < 35 hours week | 205 | 26% | 13% | 19% | 42% |
| Working adult, 35 or more hours week | 368 | 25% | 16% | 17% | 41% |
| Household Income Level | | | | | |
| 0-50% of poverty level | 369 | 31% | 15% | 19% | 35% |
| 51-100% of poverty level | 443 | 25% | 11% | 18% | 46% |
| 101% or more of poverty level | 308 | 19% | 13% | 17% | 51% |
| Household Food Security Level | | | | | |
| Food secure | 279 | 22% | 14% | 16% | 48% |
| Food insecure, w/out hunger | 427 | 23% | 14% | 18% | 46% |
| Food insecure, with hunger | 456 | 30% | 11% | 19% | 39% |
| Metro Status | | | | | |
| Non-Metro | 732 | 23% | 11% | 18% | 48% |
| Metropolitan | 395 | 32% | 17% | 18% | 34% |
| Region | | | | | |
| Boone | 214 | 33% | 19% | 16% | 32% |
| Northwest Region | 226 | 23% | 10% | 17% | 50% |
| Northeast Region | 182 | 17% | 13% | 18% | 52% |
| Southwest Region | 262 | 24% | 11% | 20% | 45% |
| Southeast Region | 243 | 30% | 13% | 18% | 39% |

| Question 45A: How many times have you moved in the last 2 years? | | | | |
|---|----------|---------------|---------------------|------------------------|
| | N | 1 time | 2 or 3 times | 4 or more times |
| Total | 442 | 48% | 41% | 11% |
| Age of Respondent | | | | |
| 18 thru 39 | 240 | 41% | 45% | 14% |
| 40 thru 64 | 188 | 55% | 37% | 8% |
| 65 and older | 14 | 71% | 29% | 0% |
| Body Mass Index (BMI) of Respondent | | | | |
| Normal | 96 | 44% | 44% | 13% |
| Overweight | 107 | 47% | 41% | 12% |
| Obese | 216 | 50% | 41% | 10% |
| Health Conditions of Respondent | | | | |
| No Health Conditions | 222 | 46% | 41% | 13% |
| Diabetes | 79 | 53% | 41% | 6% |
| High Blood Pressure | 165 | 49% | 42% | 9% |
| High Cholesterol | 95 | 47% | 46% | 6% |
| Duration of Pantry Use by Respondent | | | | |
| 1 - 12 months of regular use | 128 | 45% | 47% | 9% |
| 13 months or more of regular use | 110 | 51% | 36% | 13% |
| Not a regular pantry user | 203 | 48% | 40% | 12% |
| Children (< age 18) in the Home | | | | |
| Yes (with 1 adult) | 59 | 42% | 41% | 17% |
| Yes (with 2 or more adults) | 199 | 46% | 43% | 11% |
| No Children | 184 | 52% | 39% | 10% |
| Household Employment Status | | | | |
| No working adults | 209 | 50% | 38% | 12% |
| Working Adult, < 35 hours week | 79 | 39% | 48% | 13% |
| Working adult, 35 or more hours week | 153 | 50% | 41% | 9% |
| Household Income Level | | | | |
| 0-50% of poverty level | 167 | 46% | 40% | 14% |
| 51-100% of poverty level | 159 | 44% | 47% | 9% |
| 101% or more of poverty level | 99 | 60% | 32% | 8% |
| Household Food Security Level | | | | |
| Food secure | 99 | 60% | 33% | 7% |
| Food insecure, w/out hunger | 156 | 53% | 36% | 11% |
| Food insecure, with hunger | 187 | 37% | 49% | 13% |
| Metro Status | | | | |
| Non-Metro | 243 | 48% | 42% | 11% |
| Metropolitan | 191 | 48% | 41% | 12% |
| Region | | | | |
| Boone | 111 | 54% | 35% | 11% |
| Northwest Region | 74 | 53% | 41% | 7% |
| Northeast Region | 54 | 52% | 39% | 9% |
| Southwest Region | 92 | 36% | 47% | 17% |
| Southeast Region | 103 | 46% | 45% | 10% |

| Question 45B: Why did you move out of your previous residence? | | | | | |
|---|----------|----------------------|--------------------|-----------------------|---------------------|
| | N | Family reason | Work reason | Housing reason | Other reason |
| Total | 441 | 23% | 10% | 51% | 17% |
| Age of Respondent | | | | | |
| 18 thru 39 | 238 | 21% | 11% | 51% | 17% |
| 40 thru 64 | 188 | 25% | 7% | 50% | 18% |
| 65 and older | 15 | 20% | 13% | 47% | 20% |
| Body Mass Index (BMI) of Respondent | | | | | |
| Normal | 97 | 21% | 8% | 52% | 20% |
| Overweight | 106 | 23% | 8% | 53% | 17% |
| Obese | 214 | 23% | 12% | 49% | 16% |
| Health Conditions of Respondent | | | | | |
| No Health Conditions | 223 | 24% | 12% | 47% | 18% |
| Diabetes | 78 | 15% | 6% | 56% | 22% |
| High Blood Pressure | 163 | 20% | 9% | 52% | 19% |
| High Cholesterol | 94 | 22% | 4% | 51% | 22% |
| Duration of Pantry Use by Respondent | | | | | |
| 1 - 12 months of regular use | 127 | 28% | 9% | 46% | 17% |
| 13 months or more of regular use | 111 | 23% | 8% | 47% | 23% |
| Not a regular pantry user | 202 | 19% | 10% | 55% | 15% |
| Children (< age 18) in the Home | | | | | |
| Yes (with 1 adult) | 59 | 29% | 7% | 51% | 14% |
| Yes (with 2 or more adults) | 200 | 19% | 10% | 56% | 16% |
| No Children | 182 | 25% | 10% | 45% | 20% |
| Household Employment Status | | | | | |
| No working adults | 210 | 25% | 9% | 50% | 17% |
| Working Adult, < 35 hours week | 79 | 19% | 8% | 54% | 19% |
| Working adult, 35 or more hours week | 151 | 22% | 11% | 50% | 17% |
| Household Income Level | | | | | |
| 0-50% of poverty level | 166 | 25% | 7% | 51% | 18% |
| 51-100% of poverty level | 159 | 23% | 8% | 54% | 16% |
| 101% or more of poverty level | 99 | 18% | 16% | 49% | 17% |
| Household Food Security Level | | | | | |
| Food secure | 98 | 31% | 11% | 42% | 16% |
| Food insecure, w/out hunger | 156 | 27% | 8% | 49% | 15% |
| Food insecure, with hunger | 187 | 15% | 10% | 56% | 19% |
| Metro Status | | | | | |
| Non-Metro | 245 | 21% | 10% | 53% | 16% |
| Metropolitan | 188 | 25% | 10% | 47% | 19% |
| Region | | | | | |
| Boone | 109 | 22% | 9% | 47% | 22% |
| Northwest Region | 75 | 16% | 8% | 56% | 20% |
| Northeast Region | 53 | 19% | 11% | 51% | 19% |
| Southwest Region | 92 | 24% | 10% | 54% | 12% |
| Southeast Region | 104 | 28% | 11% | 46% | 15% |

| Question 47: Would you describe yourself as: | | | | |
|---|----------|--------------|--------------|--------------|
| | N | White | Black | Other |
| Total | 1162 | 86% | 9% | 5% |
| Age of Respondent | | | | |
| 18 thru 39 | 425 | 85% | 8% | 7% |
| 40 thru 64 | 594 | 85% | 10% | 5% |
| 65 and older | 140 | 91% | 6% | 2% |
| Body Mass Index (BMI) of Respondent | | | | |
| Normal | 230 | 85% | 8% | 7% |
| Overweight | 294 | 85% | 10% | 5% |
| Obese | 569 | 87% | 8% | 5% |
| Health Conditions of Respondent | | | | |
| No Health Conditions | 504 | 86% | 8% | 7% |
| Diabetes | 256 | 86% | 9% | 5% |
| High Blood Pressure | 509 | 85% | 10% | 5% |
| High Cholesterol | 346 | 88% | 8% | 4% |
| Duration of Pantry Use by Respondent | | | | |
| 1 - 12 months of regular use | 306 | 86% | 8% | 6% |
| 13 months or more of regular use | 416 | 87% | 8% | 4% |
| Not a regular pantry user | 439 | 85% | 10% | 6% |
| Children (< age 18) in the Home | | | | |
| Yes (with 1 adult) | 114 | 81% | 14% | 5% |
| Yes (with 2 or more adults) | 456 | 86% | 7% | 7% |
| No Children | 592 | 87% | 9% | 4% |
| Household Employment Status | | | | |
| No working adults | 588 | 86% | 9% | 5% |
| Working Adult, < 35 hours week | 204 | 86% | 8% | 6% |
| Working adult, 35 or more hours week | 369 | 86% | 9% | 6% |
| Household Income Level | | | | |
| 0-50% of poverty level | 370 | 82% | 10% | 8% |
| 51-100% of poverty level | 443 | 88% | 8% | 4% |
| 101% or more of poverty level | 307 | 90% | 6% | 4% |
| Household Food Security Level | | | | |
| Food secure | 278 | 89% | 8% | 4% |
| Food insecure, w/out hunger | 427 | 86% | 11% | 4% |
| Food insecure, with hunger | 457 | 85% | 8% | 8% |
| Metro Status | | | | |
| Non-Metro | 732 | 93% | 3% | 4% |
| Metropolitan | 395 | 73% | 20% | 8% |
| Region | | | | |
| Boone | 214 | 66% | 25% | 9% |
| Northwest Region | 225 | 93% | 4% | 3% |
| Northeast Region | 182 | 91% | 6% | 3% |
| Southwest Region | 262 | 92% | 2% | 6% |
| Southeast Region | 244 | 86% | 9% | 5% |

| Question 48: Are you of Hispanic or Latino descent or ethnicity? | | | |
|---|----------|------------|-----------|
| | N | Yes | No |
| Total | 1167 | 3% | 97% |
| Age of Respondent | | | |
| 18 thru 39 | 425 | 6% | 94% |
| 40 thru 64 | 592 | 2% | 98% |
| 65 and older | 140 | 1% | 99% |
| Body Mass Index (BMI) of Respondent | | | |
| Normal | 229 | 2% | 98% |
| Overweight | 194 | 3% | 97% |
| Obese | 568 | 4% | 96% |
| Health Conditions of Respondent | | | |
| No Health Conditions | 503 | 4% | 96% |
| Diabetes | 255 | 5% | 95% |
| High Blood Pressure | 508 | 3% | 97% |
| High Cholesterol | 346 | 3% | 97% |
| Duration of Pantry Use by Respondent | | | |
| 1 - 12 months of regular use | 307 | 5% | 95% |
| 13 months or more of regular use | 414 | 2% | 98% |
| Not a regular pantry user | 438 | 4% | 96% |
| Children (< age 18) in the Home | | | |
| Yes (with 1 adult) | 115 | 6% | 94% |
| Yes (with 2 or more adults) | 453 | 4% | 96% |
| No Children | 592 | 2% | 98% |
| Household Employment Status | | | |
| No working adults | 587 | 3% | 97% |
| Working Adult, < 35 hours week | 204 | 3% | 97% |
| Working adult, 35 or more hours week | 368 | 4% | 96% |
| Household Income Level | | | |
| 0-50% of poverty level | 368 | 6% | 94% |
| 51-100% of poverty level | 443 | 2% | 98% |
| 101% or more of poverty level | 307 | 3% | 97% |
| Household Food Security Level | | | |
| Food secure | 278 | 3% | 98% |
| Food insecure, w/out hunger | 425 | 4% | 97% |
| Food insecure, with hunger | 457 | 4% | 96% |
| Metro Status | | | |
| Non-Metro | 731 | 2% | 98% |
| Metropolitan | 394 | 6% | 94% |
| Region | | | |
| Boone | 213 | 9% | 92% |
| Northwest Region | 226 | 4% | 96% |
| Northeast Region | 182 | 0% | 100% |
| Southwest Region | 262 | 2% | 98% |
| Southeast Region | 242 | 1% | 99% |

Question 49*: Last month, how much did you earn in total from all your jobs, before taxes and other deductions were taken out?

| | N | \$0 | \$1 - \$500 | \$501 - \$1000 | \$1001 - \$1500 | \$1501 + |
|---|----------|------------|--------------------|-----------------------|------------------------|-----------------|
| Total | 1056 | 49% | 10% | 17% | 11% | 13% |
| Age of Respondent | | | | | | |
| 18 thru 39 | 401 | 32% | 14% | 23% | 14% | 18% |
| 40 thru 64 | 528 | 54% | 8% | 15% | 11% | 12% |
| 65 and older | 124 | 77% | 9% | 7% | 4% | 3% |
| Body Mass Index (BMI) of Respondent | | | | | | |
| Normal | 219 | 42% | 14% | 21% | 12% | 11% |
| Overweight | 262 | 47% | 11% | 15% | 10% | 16% |
| Obese | 514 | 52% | 9% | 17% | 11% | 12% |
| Health Conditions of Respondent | | | | | | |
| No Health Conditions | 473 | 42% | 12% | 19% | 12% | 15% |
| Diabetes | 229 | 60% | 7% | 15% | 8% | 11% |
| High Blood Pressure | 447 | 53% | 9% | 16% | 11% | 11% |
| High cholesterol | 306 | 62% | 8% | 14% | 9% | 8% |
| Duration of Pantry Use by Respondent | | | | | | |
| 1 - 12 months of regular use | 283 | 48% | 11% | 18% | 10% | 13% |
| 13 months or more of regular use | 367 | 59% | 10% | 15% | 8% | 8% |
| Not a regular pantry user | 405 | 40% | 10% | 18% | 15% | 17% |
| Children (< age 18) in the Home | | | | | | |
| Yes (with 1 adult) | 109 | 46% | 9% | 23% | 14% | 9% |
| Yes (with 2 or more adults) | 419 | 33% | 13% | 17% | 13% | 23% |
| No Children | 528 | 61% | 8% | 16% | 9% | 6% |
| Household Employment Status | | | | | | |
| No working adults | 504 | 89% | 4% | 4% | 3% | 1% |
| Working Adult, < 35 hours week | 197 | 10% | 35% | 42% | 8% | 5% |
| Working adult, 35 or more hours week | 354 | 13% | 6% | 22% | 25% | 35% |
| Household Income Level | | | | | | |
| 0-50% of poverty level | 352 | 67% | 19% | 13% | 1% | 0% |
| 51-100% of poverty level | 407 | 45% | 9% | 22% | 16% | 8% |
| 101% or more of poverty level | 297 | 31% | 3% | 15% | 17% | 35% |
| Household Food Security Level | | | | | | |
| Food secure | 256 | 50% | 10% | 13% | 12% | 15% |
| Food insecure, w/out hunger | 388 | 44% | 11% | 18% | 12% | 16% |
| Food insecure, with hunger | 412 | 52% | 10% | 19% | 10% | 9% |
| Metro Status | | | | | | |
| Non-Metro | 681 | 50% | 11% | 17% | 10% | 12% |
| Metropolitan | 343 | 46% | 10% | 18% | 12% | 14% |
| Region | | | | | | |
| Boone | 178 | 46% | 8% | 19% | 14% | 14% |
| Northwest Region | 199 | 42% | 12% | 20% | 13% | 14% |
| Northeast Region | 179 | 49% | 10% | 17% | 11% | 14% |
| Southwest Region | 249 | 55% | 11% | 16% | 8% | 10% |
| Southeast Region | 219 | 49% | 11% | 17% | 10% | 14% |

* Note: Data from Question 49 and Question 50B were combined in this table

| Question 50.1: Of the other adults in your household, how many are employed full-time? | | | | |
|---|----------|-------------|----------|------------------|
| | N | None | 1 | 2 or more |
| Total | 799 | 71% | 27% | 2% |
| Age of Respondent | | | | |
| 18 thru 39 | 321 | 63% | 35% | 2% |
| 40 thru 64 | 393 | 75% | 22% | 2% |
| 65 and older | 83 | 86% | 15% | 0% |
| Body Mass Index (BMI) of Respondent | | | | |
| Normal | 150 | 75% | 24% | 1% |
| Overweight | 197 | 66% | 31% | 3% |
| Obese | 403 | 73% | 25% | 2% |
| Health Conditions of Respondent | | | | |
| No Health Conditions | 348 | 69% | 30% | 1% |
| Diabetes | 183 | 71% | 26% | 3% |
| High Blood Pressure | 354 | 74% | 23% | 3% |
| High Cholesterol | 228 | 78% | 21% | 1% |
| Duration of Pantry Use by Respondent | | | | |
| 1 - 12 months of regular use | 211 | 71% | 26% | 3% |
| 13 months or more of regular use | 284 | 78% | 20% | 2% |
| Not a regular pantry user | 303 | 65% | 33% | 1% |
| Children (< age 18) in the Home | | | | |
| Yes (with 1 adult) | 0 | 0% | 0% | 0% |
| Yes (with 2 or more adults) | 453 | 66% | 32% | 3% |
| No Children | 346 | 79% | 20% | 1% |
| Household Employment Status | | | | |
| No working adults | 331 | 100% | 0% | 0% |
| Working Adult, < 35 hours week | 153 | 100% | 0% | 0% |
| Working adult, 35 or more hours week | 315 | 27% | 68% | 5% |
| Household Income Level | | | | |
| 0-50% of poverty level | 260 | 79% | 19% | 3% |
| 51-100% of poverty level | 297 | 72% | 28% | 1% |
| 101% or more of poverty level | 217 | 62% | 35% | 3% |
| Household Food Security Level | | | | |
| Food secure | 199 | 65% | 34% | 1% |
| Food insecure, w/out hunger | 296 | 70% | 27% | 3% |
| Food insecure, with hunger | 304 | 77% | 21% | 2% |
| Metro Status | | | | |
| Non-Metro | 524 | 72% | 27% | 2% |
| Metropolitan | 246 | 70% | 28% | 2% |
| Region | | | | |
| Boone | 131 | 71% | 27% | 2% |
| Northwest Region | 159 | 67% | 30% | 3% |
| Northeast Region | 133 | 67% | 29% | 4% |
| Southwest Region | 183 | 75% | 24% | 1% |
| Southeast Region | 164 | 73% | 26% | 2% |

| Question 50.2: Of the other adults in your household, how many are employed part-time? | | | | |
|---|----------|-------------|----------|------------------|
| | N | None | 1 | 2 or more |
| Total | 799 | 85% | 13% | 2% |
| Age of Respondent | | | | |
| 18 thru 39 | 321 | 83% | 16% | 1% |
| 40 thru 64 | 393 | 86% | 12% | 2% |
| 65 and older | 83 | 90% | 8% | 1% |
| Body Mass Index (BMI) of Respondent | | | | |
| Normal | 150 | 83% | 17% | 1% |
| Overweight | 197 | 84% | 14% | 2% |
| Obese | 403 | 86% | 12% | 2% |
| Health Conditions of Respondent | | | | |
| No Health Conditions | 348 | 84% | 15% | 1% |
| Diabetes | 183 | 85% | 14% | 1% |
| High Blood Pressure | 354 | 86% | 12% | 2% |
| High Cholesterol | 228 | 88% | 10% | 2% |
| Duration of Pantry Use by Respondent | | | | |
| 1 - 12 months of regular use | 211 | 84% | 14% | 2% |
| 13 months or more of regular use | 284 | 86% | 13% | 1% |
| Not a regular pantry user | 303 | 85% | 13% | 2% |
| Children (< age 18) in the Home | | | | |
| Yes (with 1 adult) | 0 | 0% | 0% | 0% |
| Yes (with 2 or more adults) | 453 | 84% | 15% | 1% |
| No Children | 346 | 87% | 12% | 2% |
| Household Employment Status | | | | |
| No working adults | 331 | 100% | 0% | 0% |
| Working Adult, < 35 hours week | 153 | 48% | 48% | 4% |
| Working adult, 35 or more hours week | 315 | 88% | 10% | 2% |
| Household Income Level | | | | |
| 0-50% of poverty level | 260 | 85% | 14% | 1% |
| 51-100% of poverty level | 297 | 85% | 14% | 1% |
| 101% or more of poverty level | 217 | 87% | 11% | 2% |
| Household Food Security Level | | | | |
| Food secure | 199 | 85% | 13% | 2% |
| Food insecure, w/out hunger | 296 | 85% | 14% | 1% |
| Food insecure, with hunger | 304 | 86% | 13% | 2% |
| Metro Status | | | | |
| Non-Metro | 524 | 85% | 14% | 1% |
| Metropolitan | 246 | 86% | 12% | 2% |
| Region | | | | |
| Boone | 131 | 85% | 13% | 2% |
| Northwest Region | 159 | 86% | 11% | 3% |
| Northeast Region | 133 | 85% | 14% | 1% |
| Southwest Region | 183 | 82% | 17% | 1% |
| Southeast Region | 164 | 88% | 11% | 1% |

| Question 51.A: TANF | | | |
|---|----------|------------|-----------|
| | N | Yes | No |
| Total | 1162 | 5% | 95% |
| Age of Respondent | | | |
| 18 thru 39 | 426 | 10% | 90% |
| 40 thru 64 | 593 | 2% | 98% |
| 65 and older | 140 | 0% | 100% |
| Body Mass Index (BMI) of Respondent | | | |
| Normal | 230 | 5% | 95% |
| Overweight | 294 | 2% | 98% |
| Obese | 570 | 6% | 94% |
| Health Conditions of Respondent | | | |
| No Health Conditions | 506 | 6% | 94% |
| Diabetes | 255 | 5% | 95% |
| High Blood Pressure | 507 | 4% | 96% |
| High cholesterol | 346 | 3% | 97% |
| Duration of Pantry Use by Respondent | | | |
| 1 - 12 months of regular use | 308 | 4% | 96% |
| 13 months or more of regular use | 416 | 5% | 95% |
| Not a regular pantry user | 437 | 5% | 95% |
| Children (< age 18) in the Home | | | |
| Yes (with 1 adult) | 115 | 16% | 84% |
| Yes (with 2 or more adults) | 455 | 8% | 92% |
| No Children | 592 | 0% | 100% |
| Household Employment Status | | | |
| No working adults | 587 | 5% | 95% |
| Working Adult, < 35 hours week | 205 | 9% | 91% |
| Working adult, 35 or more hours week | 369 | 2% | 98% |
| Household Income Level | | | |
| 0-50% of poverty level | 370 | 11% | 89% |
| 51-100% of poverty level | 444 | 2% | 98% |
| 101% or more of poverty level | 308 | 0% | 100% |
| Household Food Security Level | | | |
| Food secure | 278 | 3% | 97% |
| Food insecure, w/out hunger | 428 | 6% | 94% |
| Food insecure, with hunger | 456 | 5% | 95% |
| Metro Status | | | |
| Non-Metro | 732 | 4% | 96% |
| Metropolitan | 395 | 7% | 93% |
| Region | | | |
| Boone | 214 | 4% | 96% |
| Northwest Region | 226 | 1% | 99% |
| Northeast Region | 182 | 3% | 97% |
| Southwest Region | 261 | 7% | 94% |
| Southeast Region | 244 | 9% | 90% |

| Question 51.B: SNAP | | | |
|---|----------|------------|-----------|
| | N | Yes | No |
| Total | 1162 | 53% | 47% |
| Age of Respondent | | | |
| 18 thru 39 | 426 | 69% | 32% |
| 40 thru 64 | 593 | 46% | 54% |
| 65 and older | 140 | 35% | 65% |
| Body Mass Index (BMI) of Respondent | | | |
| Normal | 230 | 50% | 50% |
| Overweight | 294 | 48% | 52% |
| Obese | 570 | 57% | 43% |
| Health Conditions of Respondent | | | |
| No Health Conditions | 506 | 53% | 47% |
| Diabetes | 255 | 54% | 46% |
| High Blood Pressure | 507 | 54% | 46% |
| High cholesterol | 356 | 50% | 50% |
| Duration of Pantry Use by Respondent | | | |
| 1 - 12 months of regular use | 308 | 49% | 51% |
| 13 months or more of regular use | 416 | 56% | 45% |
| Not a regular pantry user | 437 | 53% | 47% |
| Children (< age 18) in the Home | | | |
| Yes (with 1 adult) | 115 | 63% | 37% |
| Yes (with 2 or more adults) | 455 | 63% | 37% |
| No Children | 592 | 43% | 57% |
| Household Employment Status | | | |
| No working adults | 687 | 55% | 45% |
| Working Adult, < 35 hours week | 205 | 62% | 38% |
| Working adult, 35 or more hours week | 369 | 44% | 56% |
| Household Income Level | | | |
| 0-50% of poverty level | 370 | 71% | 30% |
| 51-100% of poverty level | 444 | 55% | 45% |
| 101% or more of poverty level | 308 | 30% | 71% |
| Household Food Security Level | | | |
| Food secure | 278 | 51% | 49% |
| Food insecure, w/out hunger | 428 | 51% | 49% |
| Food insecure, with hunger | 456 | 55% | 45% |
| Metro Status | | | |
| Non-Metro | 732 | 51% | 49% |
| Metropolitan | 395 | 57% | 44% |
| Region | | | |
| Boone | 214 | 54% | 46% |
| Northwest Region | 226 | 47% | 53% |
| Northeast Region | 182 | 45% | 55% |
| Southwest Region | 261 | 56% | 44% |
| Southeast Region | 244 | 59% | 41% |

| Question 51.C: Child Support | | | |
|---|----------|------------|-----------|
| | N | Yes | No |
| Total | 1162 | 9% | 91% |
| Age of Respondent | | | |
| 18 thru 39 | 426 | 15% | 85% |
| 40 thru 64 | 593 | 7% | 93% |
| 65 and older | 140 | 1% | 99% |
| Body Mass Index (BMI) of Respondent | | | |
| Normal | 230 | 7% | 93% |
| Overweight | 294 | 10% | 89% |
| Obese | 570 | 9% | 91% |
| Health Conditions of Respondent | | | |
| No Health Conditions | 506 | 12% | 88% |
| Diabetes | 255 | 6% | 94% |
| High Blood Pressure | 507 | 8% | 93% |
| High cholesterol | 346 | 7% | 93% |
| Duration of Pantry Use by Respondent | | | |
| 1 - 12 months of regular use | 308 | 6% | 95% |
| 13 months or more of regular use | 416 | 11% | 89% |
| Not a regular pantry user | 437 | 11% | 90% |
| Children (< age 18) in the Home | | | |
| Yes (with 1 adult) | 115 | 28% | 72% |
| Yes (with 2 or more adults) | 455 | 15% | 85% |
| No Children | 592 | 2% | 99% |
| Household Employment Status | | | |
| No working adults | 587 | 7% | 93% |
| Working Adult, < 35 hours week | 205 | 11% | 89% |
| Working adult, 35 or more hours week | 369 | 12% | 88% |
| Household Income Level | | | |
| 0-50% of poverty level | 370 | 10% | 91% |
| 51-100% of poverty level | 444 | 11% | 89% |
| 101% or more of poverty level | 308 | 8% | 92% |
| Household Food Security Level | | | |
| Food secure | 278 | 8% | 92% |
| Food insecure, w/out hunger | 428 | 10% | 90% |
| Food insecure, with hunger | 456 | 10% | 90% |
| Metro Status | | | |
| Non-Metro | 732 | 9% | 91% |
| Metropolitan | 395 | 10% | 90% |
| Region | | | |
| Boone | 214 | 11% | 89% |
| Northwest Region | 226 | 7% | 93% |
| Northeast Region | 182 | 14% | 86% |
| Southwest Region | 261 | 8% | 92% |
| Southeast Region | 244 | 7% | 93% |

| Question 51.D: Disability | | | |
|---|----------|------------|-----------|
| | N | Yes | No |
| Total | 1162 | 31% | 69% |
| Age of Respondent | | | |
| 18 thru 39 | 426 | 23% | 78% |
| 40 thru 64 | 593 | 39% | 61% |
| 65 and older | 140 | 26% | 74% |
| Body Mass Index (BMI) of Respondent | | | |
| Normal | 230 | 22% | 78% |
| Overweight | 294 | 27% | 73% |
| Obese | 570 | 38% | 62% |
| Health Conditions of Respondent | | | |
| No Health Conditions | 506 | 25% | 75% |
| Diabetes | 255 | 44% | 56% |
| High Blood Pressure | 507 | 37% | 63% |
| High cholesterol | 346 | 41% | 60% |
| Duration of Pantry Use by Respondent | | | |
| 1 - 12 months of regular use | 308 | 30% | 71% |
| 13 months or more of regular use | 416 | 40% | 60% |
| Not a regular pantry user | 437 | 24% | 76% |
| Children (< age 18) in the Home | | | |
| Yes (with 1 adult) | 115 | 17% | 84% |
| Yes (with 2 or more adults) | 455 | 28% | 73% |
| No Children | 592 | 37% | 63% |
| Household Employment Status | | | |
| No working adults | 587 | 45% | 55% |
| Working Adult, < 35 hours week | 205 | 20% | 81% |
| Working adult, 35 or more hours week | 369 | 17% | 83% |
| Household Income Level | | | |
| 0-50% of poverty level | 370 | 25% | 75% |
| 51-100% of poverty level | 444 | 40% | 60% |
| 101% or more of poverty level | 308 | 30% | 70% |
| Household Food Security Level | | | |
| Food secure | 278 | 26% | 75% |
| Food insecure, w/out hunger | 428 | 28% | 72% |
| Food insecure, with hunger | 456 | 38% | 62% |
| Metro Status | | | |
| Non-Metro | 732 | 32% | 68% |
| Metropolitan | 395 | 29% | 71% |
| Region | | | |
| Boone | 214 | 32% | 68% |
| Northwest Region | 226 | 27% | 73% |
| Northeast Region | 182 | 35% | 65% |
| Southwest Region | 261 | 31% | 69% |
| Southeast Region | 244 | 30% | 70% |

| Question 51.E: Social Security or Pension | | | |
|--|----------|------------|-----------|
| | N | Yes | No |
| Total | 1160 | 28% | 72% |
| Age of Respondent | | | |
| 18 thru 39 | 426 | 8% | 92% |
| 40 thru 64 | 591 | 27% | 73% |
| 65 and older | 140 | 90% | 10% |
| Body Mass Index (BMI) of Respondent | | | |
| Normal | 229 | 26% | 74% |
| Overweight | 293 | 30% | 70% |
| Obese | 570 | 27% | 73% |
| Health Conditions of Respondent | | | |
| No Health Conditions | 506 | 18% | 82% |
| Diabetes | 255 | 41% | 59% |
| High Blood Pressure | 505 | 36% | 66% |
| High cholesterol | 344 | 41% | 59% |
| Duration of Pantry Use by Respondent | | | |
| 1 - 12 months of regular use | 307 | 27% | 73% |
| 13 months or more of regular use | 416 | 39% | 61% |
| Not a regular pantry user | 436 | 17% | 83% |
| Children (< age 18) in the Home | | | |
| Yes (with 1 adult) | 115 | 11% | 89% |
| Yes (with 2 or more adults) | 455 | 16% | 84% |
| No Children | 590 | 39% | 61% |
| Household Employment Status | | | |
| No working adults | 586 | 40% | 60% |
| Working Adult, < 35 hours week | 205 | 22% | 78% |
| Working adult, 35 or more hours week | 368 | 11% | 89% |
| Household Income Level | | | |
| 0-50% of poverty level | 369 | 15% | 85% |
| 51-100% of poverty level | 444 | 31% | 69% |
| 101% or more of poverty level | 308 | 39% | 61% |
| Household Food Security Level | | | |
| Food secure | 278 | 32% | 68% |
| Food insecure, w/out hunger | 426 | 27% | 73% |
| Food insecure, with hunger | 456 | 26% | 74% |
| Metro Status | | | |
| Non-Metro | 731 | 30% | 70% |
| Metropolitan | 394 | 22% | 78% |
| Region | | | |
| Boone | 214 | 23% | 77% |
| Northwest Region | 225 | 32% | 68% |
| Northeast Region | 182 | 26% | 74% |
| Southwest Region | 261 | 31% | 69% |
| Southeast Region | 243 | 24% | 77% |

| Question 51.F: Unemployment | | | |
|---|----------|------------|-----------|
| | N | Yes | No |
| Total | 1161 | 9% | 91% |
| Age of Respondent | | | |
| 18 thru 39 | 426 | 11% | 89% |
| 40 thru 64 | 592 | 10% | 90% |
| 65 and older | 140 | 1% | 99% |
| Body Mass Index (BMI) of Respondent | | | |
| Normal | 229 | 10% | 90% |
| Overweight | 294 | 10% | 90% |
| Obese | 570 | 9% | 91% |
| Health Conditions of Respondent | | | |
| No Health Conditions | 506 | 10% | 90% |
| Diabetes | 255 | 5% | 95% |
| High Blood Pressure | 506 | 8% | 92% |
| High cholesterol | 345 | 8% | 92% |
| Duration of Pantry Use by Respondent | | | |
| 1 - 12 months of regular use | 308 | 12% | 88% |
| 13 months or more of regular use | 416 | 6% | 94% |
| Not a regular pantry user | 436 | 10% | 90% |
| Children (< age 18) in the Home | | | |
| Yes (with 1 adult) | 115 | 4% | 96% |
| Yes (with 2 or more adults) | 455 | 13% | 87% |
| No Children | 591 | 7% | 93% |
| Household Employment Status | | | |
| No working adults | 586 | 10% | 90% |
| Working Adult, < 35 hours week | 205 | 10% | 90% |
| Working adult, 35 or more hours week | 369 | 8% | 92% |
| Household Income Level | | | |
| 0-50% of poverty level | 369 | 7% | 93% |
| 51-100% of poverty level | 444 | 10% | 91% |
| 101% or more of poverty level | 308 | 12% | 88% |
| Household Food Security Level | | | |
| Food secure | 278 | 9% | 91% |
| Food insecure, w/out hunger | 427 | 8% | 92% |
| Food insecure, with hunger | 456 | 10% | 90% |
| Metro Status | | | |
| Non-Metro | 732 | 9% | 91% |
| Metropolitan | 394 | 9% | 91% |
| Region | | | |
| Boone | 214 | 8% | 93% |
| Northwest Region | 226 | 8% | 92% |
| Northeast Region | 182 | 10% | 90% |
| Southwest Region | 261 | 11% | 89% |
| Southeast Region | 243 | 8% | 92% |

| Question 52.A: Over the last 30 days, how often have you felt: so sad nothing could cheer you up? | | | | |
|--|----------|-------------------------|-------------------------------------|--------------------------------|
| | N | None of the time | A little or some of the time | Most or all of the time |
| Total | 1154 | 51% | 36% | 13% |
| Age of Respondent | | | | |
| 18 thru 39 | 424 | 51% | 37% | 12% |
| 40 thru 64 | 589 | 47% | 38% | 15% |
| 65 and older | 138 | 64% | 32% | 4% |
| Body Mass Index (BMI) of Respondent | | | | |
| Normal | 226 | 55% | 35% | 10% |
| Overweight | 294 | 53% | 34% | 13% |
| Obese | 565 | 48% | 38% | 14% |
| Health Conditions of Respondent | | | | |
| No Health Conditions | 502 | 57% | 35% | 9% |
| Diabetes | 255 | 46% | 40% | 14% |
| High Blood Pressure | 503 | 47% | 37% | 16% |
| High cholesterol | 344 | 42% | 43% | 15% |
| Duration of Pantry Use by Respondent | | | | |
| 1 - 12 months of regular use | 306 | 54% | 34% | 12% |
| 13 months or more of regular use | 414 | 49% | 36% | 15% |
| Not a regular pantry user | 433 | 51% | 38% | 11% |
| Children (< age 18) in the Home | | | | |
| Yes (with 1 adult) | 115 | 57% | 35% | 9% |
| Yes (with 2 or more adults) | 452 | 50% | 37% | 14% |
| No Children | 587 | 51% | 37% | 13% |
| Household Employment Status | | | | |
| No working adults | 583 | 49% | 37% | 14% |
| Working Adult, < 35 hours week | 202 | 48% | 41% | 11% |
| Working adult, 35 or more hours week | 368 | 55% | 33% | 12% |
| Household Income Level | | | | |
| 0-50% of poverty level | 363 | 49% | 38% | 13% |
| 51-100% of poverty level | 442 | 50% | 36% | 14% |
| 101% or more of poverty level | 308 | 54% | 37% | 9% |
| Household Food Security Level | | | | |
| Food secure | 276 | 73% | 23% | 4% |
| Food insecure, w/out hunger | 424 | 53% | 37% | 10% |
| Food insecure, with hunger | 454 | 36% | 44% | 21% |
| Metro Status | | | | |
| Non-Metro | 727 | 51% | 38% | 12% |
| Metropolitan | 392 | 52% | 33% | 15% |
| Region | | | | |
| Boone | 214 | 52% | 33% | 15% |
| Northwest Region | 225 | 56% | 32% | 12% |
| Northeast Region | 181 | 56% | 35% | 9% |
| Southwest Region | 260 | 42% | 44% | 14% |
| Southeast Region | 239 | 51% | 35% | 15% |

| Question 52.B: Over the last 30 days, how often have you felt: nervous? | | | | |
|--|----------|-------------------------|-------------------------------------|--------------------------------|
| | N | None of the time | A little or some of the time | Most or all of the time |
| Total | 1153 | 34% | 45% | 21% |
| Age of Respondent | | | | |
| 18 thru 39 | 424 | 34% | 43% | 23% |
| 40 thru 64 | 588 | 31% | 47% | 22% |
| 65 and older | 138 | 44% | 41% | 16% |
| Body Mass Index (BMI) of Respondent | | | | |
| Normal | 227 | 36% | 44% | 20% |
| Overweight | 293 | 33% | 43% | 23% |
| Obese | 565 | 32% | 45% | 23% |
| Health Conditions of Respondent | | | | |
| No Health Conditions | 501 | 41% | 43% | 16% |
| Diabetes | 255 | 29% | 45% | 26% |
| High Blood Pressure | 503 | 27% | 46% | 27% |
| High cholesterol | 344 | 26% | 48% | 26% |
| Duration of Pantry Use by Respondent | | | | |
| 1 - 12 months of regular use | 306 | 30% | 50% | 20% |
| 13 months or more of regular use | 413 | 36% | 40% | 24% |
| Not a regular pantry user | 433 | 34% | 45% | 20% |
| Children (< age 18) in the Home | | | | |
| Yes (with 1 adult) | 115 | 37% | 41% | 22% |
| Yes (with 2 or more adults) | 453 | 33% | 46% | 21% |
| No Children | 585 | 34% | 44% | 22% |
| Household Employment Status | | | | |
| No working adults | 582 | 33% | 45% | 23% |
| Working Adult, < 35 hours week | 203 | 33% | 45% | 22% |
| Working adult, 35 or more hours week | 367 | 36% | 44% | 20% |
| Household Income Level | | | | |
| 0-50% of poverty level | 363 | 32% | 44% | 24% |
| 51-100% of poverty level | 442 | 36% | 43% | 21% |
| 101% or more of poverty level | 307 | 33% | 47% | 20% |
| Household Food Security Level | | | | |
| Food secure | 275 | 53% | 38% | 9% |
| Food insecure, w/out hunger | 424 | 35% | 48% | 17% |
| Food insecure, with hunger | 454 | 21% | 45% | 34% |
| Metro Status | | | | |
| Non-Metro | 728 | 34% | 45% | 21% |
| Metropolitan | 390 | 34% | 43% | 23% |
| Region | | | | |
| Boone | 213 | 35% | 40% | 24% |
| Northwest Region | 225 | 33% | 51% | 16% |
| Northeast Region | 182 | 39% | 45% | 17% |
| Southwest Region | 260 | 30% | 44% | 26% |
| Southeast Region | 238 | 33% | 43% | 24% |

| Question 52.C: Over the last 30 days, how often have you felt: restless or fidgety? | | | | |
|--|----------|-------------------------|-------------------------------------|--------------------------------|
| | N | None of the time | A little or some of the time | Most or all of the time |
| Total | 1153 | 35% | 40% | 25% |
| Age of Respondent | | | | |
| 18 thru 39 | 424 | 35% | 40% | 26% |
| 40 thru 64 | 588 | 33% | 39% | 28% |
| 65 and older | 138 | 45% | 41% | 14% |
| Body Mass Index (BMI) of Respondent | | | | |
| Normal | 227 | 36% | 39% | 25% |
| Overweight | 293 | 39% | 36% | 26% |
| Obese | 564 | 32% | 42% | 27% |
| Health Conditions of Respondent | | | | |
| No Health Conditions | 501 | 40% | 39% | 21% |
| Diabetes | 255 | 30% | 44% | 26% |
| High Blood Pressure | 503 | 29% | 41% | 30% |
| High cholesterol | 344 | 30% | 42% | 28% |
| Duration of Pantry Use by Respondent | | | | |
| 1 - 12 months of regular use | 305 | 38% | 39% | 23% |
| 13 months or more of regular use | 414 | 37% | 39% | 24% |
| Not a regular pantry user | 433 | 31% | 41% | 28% |
| Children (< age 18) in the Home | | | | |
| Yes (with 1 adult) | 115 | 41% | 37% | 23% |
| Yes (with 2 or more adults) | 453 | 34% | 40% | 26% |
| No Children | 585 | 34% | 40% | 26% |
| Household Employment Status | | | | |
| No working adults | 582 | 33% | 38% | 29% |
| Working Adult, < 35 hours week | 203 | 36% | 42% | 22% |
| Working adult, 35 or more hours week | 367 | 37% | 41% | 22% |
| Household Income Level | | | | |
| 0-50% of poverty level | 363 | 33% | 38% | 29% |
| 51-100% of poverty level | 442 | 35% | 40% | 25% |
| 101% or more of poverty level | 307 | 35% | 42% | 23% |
| Household Food Security Level | | | | |
| Food secure | 275 | 55% | 34% | 11% |
| Food insecure, w/out hunger | 424 | 38% | 43% | 19% |
| Food insecure, with hunger | 454 | 19% | 41% | 40% |
| Metro Status | | | | |
| Non-Metro | 727 | 37% | 38% | 25% |
| Metropolitan | 391 | 32% | 43% | 26% |
| Region | | | | |
| Boone | 213 | 33% | 40% | 27% |
| Northwest Region | 224 | 35% | 43% | 22% |
| Northeast Region | 182 | 42% | 34% | 24% |
| Southwest Region | 260 | 34% | 38% | 29% |
| Southeast Region | 239 | 33% | 42% | 25% |

| Question 52.D: Over the last 30 days, how often have you felt: hopeless? | | | | |
|---|----------|-------------------------|-------------------------------------|--------------------------------|
| | N | None of the time | A little or some of the time | Most or all of the time |
| Total | 1151 | 58% | 30% | 13% |
| Age of Respondent | | | | |
| 18 thru 39 | 424 | 58% | 32% | 10% |
| 40 thru 64 | 589 | 53% | 31% | 16% |
| 65 and older | 138 | 76% | 18% | 6% |
| Body Mass Index (BMI) of Respondent | | | | |
| Normal | 227 | 58% | 32% | 11% |
| Overweight | 294 | 62% | 27% | 11% |
| Obese | 564 | 54% | 31% | 15% |
| Health Conditions of Respondent | | | | |
| No Health Conditions | 502 | 63% | 28% | 9% |
| Diabetes | 255 | 57% | 29% | 15% |
| High Blood Pressure | 503 | 53% | 31% | 17% |
| High cholesterol | 344 | 53% | 32% | 15% |
| Duration of Pantry Use by Respondent | | | | |
| 1 - 12 months of regular use | 305 | 55% | 31% | 14% |
| 13 months or more of regular use | 415 | 57% | 29% | 14% |
| Not a regular pantry user | 433 | 60% | 30% | 10% |
| Children (< age 18) in the Home | | | | |
| Yes (with 1 adult) | 115 | 57% | 30% | 12% |
| Yes (with 2 or more adults) | 453 | 55% | 31% | 14% |
| No Children | 586 | 60% | 28% | 12% |
| Household Employment Status | | | | |
| No working adults | 583 | 58% | 28% | 15% |
| Working Adult, < 35 hours week | 203 | 53% | 37% | 10% |
| Working adult, 35 or more hours week | 367 | 60% | 29% | 11% |
| Household Income Level | | | | |
| 0-50% of poverty level | 363 | 57% | 29% | 14% |
| 51-100% of poverty level | 443 | 56% | 30% | 14% |
| 101% or more of poverty level | 307 | 60% | 31% | 9% |
| Household Food Security Level | | | | |
| Food secure | 275 | 81% | 15% | 4% |
| Food insecure, w/out hunger | 424 | 60% | 31% | 9% |
| Food insecure, with hunger | 455 | 41% | 37% | 22% |
| Metro Status | | | | |
| Non-Metro | 727 | 58% | 31% | 12% |
| Metropolitan | 392 | 59% | 28% | 14% |
| Region | | | | |
| Boone | 214 | 59% | 27% | 14% |
| Northwest Region | 224 | 61% | 28% | 11% |
| Northeast Region | 182 | 57% | 32% | 11% |
| Southwest Region | 260 | 54% | 33% | 13% |
| Southeast Region | 239 | 59% | 28% | 13% |

| Question 52.E: Over the last 30 days, how often have you felt: everything was an effort? | | | | |
|---|----------|-------------------------|-------------------------------------|--------------------------------|
| | N | None of the time | A little or some of the time | Most or all of the time |
| Total | 1152 | 35% | 37% | 28% |
| Age of Respondent | | | | |
| 18 thru 39 | 424 | 31% | 41% | 28% |
| 40 thru 64 | 587 | 35% | 37% | 28% |
| 65 and older | 138 | 48% | 25% | 28% |
| Body Mass Index (BMI) of Respondent | | | | |
| Normal | 227 | 36% | 37% | 27% |
| Overweight | 293 | 37% | 38% | 25% |
| Obese | 564 | 34% | 35% | 31% |
| Health Conditions of Respondent | | | | |
| No Health Conditions | 501 | 40% | 35% | 25% |
| Diabetes | 254 | 34% | 35% | 30% |
| High Blood Pressure | 502 | 31% | 38% | 31% |
| High cholesterol | 344 | 31% | 40% | 29% |
| Duration of Pantry Use by Respondent | | | | |
| 1 - 12 months of regular use | 305 | 37% | 37% | 26% |
| 13 months or more of regular use | 413 | 39% | 34% | 27% |
| Not a regular pantry user | 433 | 31% | 39% | 30% |
| Children (< age 18) in the Home | | | | |
| Yes (with 1 adult) | 115 | 32% | 42% | 26% |
| Yes (with 2 or more adults) | 453 | 33% | 38% | 29% |
| No Children | 584 | 38% | 35% | 27% |
| Household Employment Status | | | | |
| No working adults | 581 | 36% | 36% | 28% |
| Working Adult, < 35 hours week | 203 | 34% | 40% | 27% |
| Working adult, 35 or more hours week | 367 | 35% | 36% | 29% |
| Household Income Level | | | | |
| 0-50% of poverty level | 363 | 36% | 39% | 26% |
| 51-100% of poverty level | 441 | 35% | 35% | 30% |
| 101% or more of poverty level | 307 | 36% | 36% | 29% |
| Household Food Security Level | | | | |
| Food secure | 274 | 52% | 34% | 15% |
| Food insecure, w/out hunger | 425 | 36% | 37% | 27% |
| Food insecure, with hunger | 453 | 25% | 38% | 37% |
| Metro Status | | | | |
| Non-Metro | 726 | 36% | 37% | 27% |
| Metropolitan | 391 | 33% | 36% | 31% |
| Region | | | | |
| Boone | 213 | 36% | 33% | 32% |
| Northwest Region | 224 | 36% | 42% | 22% |
| Northeast Region | 182 | 40% | 32% | 28% |
| Southwest Region | 259 | 32% | 36% | 32% |
| Southeast Region | 239 | 34% | 38% | 28% |

| Question 52.F: Over the last 30 days, how often have you felt: worthless? | | | | |
|--|----------|-------------------------|-------------------------------------|--------------------------------|
| | N | None of the time | A little or some of the time | Most or all of the time |
| Total | 1151 | 68% | 21% | 11% |
| Age of Respondent | | | | |
| 18 thru 39 | 424 | 72% | 19% | 9% |
| 40 thru 64 | 586 | 61% | 25% | 14% |
| 65 and older | 138 | 83% | 11% | 7% |
| Body Mass Index (BMI) of Respondent | | | | |
| Normal | 227 | 74% | 17% | 9% |
| Overweight | 292 | 71% | 19% | 10% |
| Obese | 563 | 63% | 23% | 13% |
| Health Conditions of Respondent | | | | |
| No Health Conditions | 501 | 74% | 19% | 8% |
| Diabetes | 253 | 68% | 20% | 13% |
| High Blood Pressure | 502 | 65% | 20% | 15% |
| High cholesterol | 342 | 62% | 26% | 12% |
| Duration of Pantry Use by Respondent | | | | |
| 1 - 12 months of regular use | 305 | 69% | 19% | 12% |
| 13 months or more of regular use | 413 | 64% | 24% | 12% |
| Not a regular pantry user | 432 | 71% | 19% | 10% |
| Children (< age 18) in the Home | | | | |
| Yes (with 1 adult) | 115 | 72% | 19% | 9% |
| Yes (with 2 or more adults) | 451 | 67% | 21% | 12% |
| No Children | 585 | 68% | 21% | 12% |
| Household Employment Status | | | | |
| No working adults | 581 | 65% | 22% | 13% |
| Working Adult, < 35 hours week | 203 | 66% | 25% | 9% |
| Working adult, 35 or more hours week | 366 | 74% | 17% | 9% |
| Household Income Level | | | | |
| 0-50% of poverty level | 362 | 68% | 21% | 11% |
| 51-100% of poverty level | 441 | 68% | 20% | 12% |
| 101% or more of poverty level | 307 | 68% | 22% | 10% |
| Household Food Security Level | | | | |
| Food secure | 275 | 87% | 10% | 4% |
| Food insecure, w/out hunger | 424 | 71% | 21% | 9% |
| Food insecure, with hunger | 452 | 54% | 28% | 18% |
| Metro Status | | | | |
| Non-Metro | 726 | 66% | 22% | 11% |
| Metropolitan | 390 | 71% | 18% | 11% |
| Region | | | | |
| Boone | 213 | 73% | 16% | 11% |
| Northwest Region | 224 | 69% | 19% | 13% |
| Northeast Region | 182 | 69% | 21% | 10% |
| Southwest Region | 260 | 63% | 25% | 12% |
| Southeast Region | 237 | 67% | 22% | 11% |

| Household Size | | | | | |
|---|----------|-----------------|-----------------|-----------------|------------------|
| | N | 1 person | 2 people | 3 people | 4 or more |
| Total | 1167 | 21% | 24% | 17% | 39% |
| Age of Respondent | | | | | |
| 18 thru 39 | 426 | 6% | 13% | 18% | 63% |
| 40 thru 64 | 595 | 27% | 27% | 18% | 28% |
| 65 and older | 140 | 39% | 42% | 6% | 13% |
| Body Mass Index (BMI) of Respondent | | | | | |
| Normal | 230 | 24% | 18% | 19% | 40% |
| Overweight | 294 | 23% | 22% | 16% | 39% |
| Obese | 571 | 19% | 27% | 16% | 38% |
| Health Conditions of Respondent | | | | | |
| No Health Conditions | 508 | 16% | 18% | 21% | 45% |
| Diabetes | 256 | 22% | 29% | 15% | 35% |
| High Blood Pressure | 509 | 23% | 30% | 13% | 34% |
| High Cholesterol | 346 | 29% | 29% | 14% | 29% |
| Duration of Pantry Use by Respondent | | | | | |
| 1 - 12 months of regular use | 310 | 22% | 22% | 20% | 36% |
| 13 months or more of regular use | 416 | 22% | 30% | 13% | 35% |
| Not a regular pantry user | 440 | 19% | 19% | 17% | 45% |
| Children (< age 18) in the Home | | | | | |
| Yes (with 1 adult) | 115 | 0% | 33% | 35% | 32% |
| Yes (with 2 or more adults) | 458 | 0% | 0% | 18% | 82% |
| No Children | 594 | 41% | 40% | 12% | 7% |
| Household Employment Status | | | | | |
| No working adults | 589 | 32% | 29% | 14% | 25% |
| Working Adult, < 35 hours week | 205 | 14% | 21% | 19% | 46% |
| Working adult, 35 or more hours week | 369 | 7% | 17% | 20% | 56% |
| Household Income Level | | | | | |
| 0-50% of poverty level | 370 | 15% | 15% | 16% | 54% |
| 51-100% of poverty level | 444 | 24% | 23% | 17% | 36% |
| 101% or more of poverty level | 308 | 23% | 34% | 17% | 26% |
| Household Food Security Level | | | | | |
| Food secure | 279 | 19% | 24% | 16% | 41% |
| Food insecure, w/out hunger | 428 | 17% | 25% | 20% | 39% |
| Food insecure, with hunger | 460 | 25% | 23% | 14% | 38% |
| Metro Status | | | | | |
| Non-Metro | 733 | 20% | 26% | 17% | 38% |
| Metropolitan | 396 | 24% | 20% | 17% | 39% |
| Region | | | | | |
| Boone | 215 | 26% | 20% | 18% | 36% |
| Northwest Region | 226 | 20% | 29% | 14% | 38% |
| Northeast Region | 182 | 19% | 25% | 21% | 35% |
| Southwest Region | 262 | 21% | 23% | 16% | 41% |
| Southeast Region | 244 | 21% | 22% | 16% | 42% |

| Income Poverty Level | | | | |
|---|----------|--------------|----------------|--------------|
| | N | 0-50% | 51-100% | 101 + |
| Total | 1122 | 33% | 40% | 28% |
| Age of Respondent | | | | |
| 18 thru 39 | 413 | 43% | 37% | 20% |
| 40 thru 64 | 569 | 30% | 41% | 30% |
| 65 and older | 137 | 16% | 42% | 42% |
| Body Mass Index (BMI) of Respondent | | | | |
| Normal | 226 | 35% | 42% | 23% |
| Overweight | 280 | 33% | 37% | 30% |
| Obese | 552 | 31% | 40% | 29% |
| Health Conditions of Respondent | | | | |
| No Health Conditions | 491 | 38% | 40% | 23% |
| Diabetes | 248 | 29% | 37% | 34% |
| High Blood Pressure | 486 | 30% | 38% | 32% |
| High Cholesterol | 334 | 29% | 41% | 30% |
| Duration of Pantry Use by Respondent | | | | |
| 1 - 12 months of regular use | 298 | 34% | 37% | 30% |
| 13 months or more of regular use | 401 | 33% | 41% | 26% |
| Not a regular pantry user | 422 | 33% | 40% | 27% |
| Children (< age 18) in the Home | | | | |
| Yes (with 1 adult) | 112 | 48% | 36% | 16% |
| Yes (with 2 or more adults) | 440 | 42% | 38% | 21% |
| No Children | 570 | 23% | 42% | 35% |
| Household Employment Status | | | | |
| No working adults | 563 | 38% | 39% | 23% |
| Working Adult, < 35 hours week | 200 | 36% | 43% | 21% |
| Working adult, 35 or more hours week | 358 | 23% | 39% | 38% |
| Household Food Security Level | | | | |
| Food secure | 269 | 33% | 37% | 31% |
| Food insecure, w/out hunger | 410 | 32% | 37% | 31% |
| Food insecure, with hunger | 443 | 34% | 44% | 23% |
| Metro Status | | | | |
| Non-Metro | 715 | 31% | 42% | 27% |
| Metropolitan | 372 | 38% | 36% | 27% |
| Region | | | | |
| Boone | 200 | 38% | 34% | 29% |
| Northwest Region | 216 | 29% | 43% | 28% |
| Northeast Region | 180 | 23% | 43% | 34% |
| Southwest Region | 258 | 38% | 40% | 21% |
| Southeast Region | 233 | 37% | 38% | 25% |

Missouri Food Pantry Survey



Date: _____

Interviewer: _____

Food Pantry Name: _____

Food Pantry ID#: _____

Survey ID#: _____

Notes:

INTERVIEWERS: CODE ANSWERS IN BLANKS AT RIGHT, UNLESS ANSWER AREA AT RIGHT IS SHADED

Style Code:

WORDS IN CAPS ARE DIRECTIONS FOR THE INTERVIEWER AND DO NOT NEED TO BE READ DURING THE INTERVIEW

WORDS IN BOLD ARE DIRECTIONS AND QUESTIONS THAT YOU WILL READ OUT LOUD DURING THE INTERVIEW

Words in regular type are usually possible answers to your questions.

Oral Consent: READ OR TELL TO POTENTIAL PARTICIPANTS

Before we begin, I want to tell you what we are doing. My name is _____, and I'm really glad you are willing to visit with me. The Food Bank of Central & Northeast Missouri, which provides some of the food distributed by _____ (local pantry name), wants to improve its programs. By knowing more about the folks who use food pantries, the Food Bank and other groups can provide better services and food to meet your needs.

It will take us about 15 minutes to do this survey. Your participation is totally voluntary and I assure you I will not be asking or writing your name or your street address.

Also, your opinions and your answers will have absolutely no impact at all on your ability to use this pantry or any other program. If there is any question you do not wish to answer, just tell me and we'll move on to the next one.

I am going to leave you with this page (DISTRIBUTE PROJECT HANDOUT) that describes our project and gives the names and numbers of people to call if you have any questions.

Do you have any questions for me? IF "NO", GO TO NEXT QUESTION.
IF "YES," TRY TO ANSWER ALL QUESTIONS, AND WHEN SUBJECT HAS NO MORE QUESTIONS, GO ON TO NEXT QUESTION

Do you agree to participate in this survey? IF "YES," GO TO NEXT QUESTION
IF "NO," TERMINATE SURVEY.

ASK ONLY IF QUESTIONABLE OK, I just need to ask if you are 18 years of age or older?

IF "YES," BEGIN SURVEY

IF "NO," TERMINATE SURVEY

| | |
|--|--|
| Don't Know = 995; Refused = 996; NA (not asked) = 997 | |
| <u>Food Pantry Use</u> | |
| To begin, I'd like to ask a few general questions. | |
| 1. Over the past year, how often you gone to a food pantry—this one and any others. Would you say it is 1. Once a month or more frequently → GO TO Q1A 2. Once every few months → GO TO Q2 3. Hardly ever → GO TO Q2 1A. As best as you can remember, for how many months or years have you been a fairly regular visitor to a food pantry? RECORD RESPONSE AS TOTAL # OF MONTHS | PUSEFRE _____ PUTIME _____ |
| 2. And just a couple of questions about your health? Would you say that in general your health is 1=excellent, 2=very good, 3=good, 4=fair, or 5=poor? | RTHLT_____ |
| 3. And overall, how concerned are you about your health? Would you say you are 1=not concerned, 2=somewhat concerned, 3=concerned, or 4=very concerned | CONHLT_____ |
| <p>Great, this is really helpful. Okay, some of the next questions ask about your household. By household I mean the people who have regularly lived with you over the last 12 months in your house or apartment or mobile home or wherever you live. This can include family members and unrelated people. A person living alone, or a group of unrelated people sharing a place, such as partners, is also a household. First, I would like you to tell me more about your household.</p> | |
| 4. Including yourself, how many adults 18 years of age or older live in your household? IF MORE THAN 1 → Can you tell me the ages of adults other than yourself? | HLDAD_____ AD1AGE _____ AD2AGE _____ AD3AGE _____ |
| 5. Now, how many children, 17 years of age or younger, live in your household? IF ANY → That's great, can you tell me their ages? IF ANY BELOW 7 YEARS OF AGE → GO TO 5A IF NONE BELOW 7 YEARS OF AGE → GO TO 6 | HLDCH_____ CH1AGE _____ CH2AGE _____ CH3AGE _____ CH4AGE _____ CH5AGE _____ CH6AGE _____ |
| 5A. Do you receive any child care vouchers for the care of any of your children? (yes=1; no=2; dk=995; ref=996) | CCVO_____ |

Food Security

These next questions are about the food eaten in your household in the last 12 months, since (current month) of last year, and whether you were able to afford the food you need.

IF SINGLE ADULT IN HOUSEHOLD, USE "I," "MY," AND "YOU" IN PARENTHESES; OTHERWISE, USE "WE," "OUR," AND "YOUR HOUSEHOLD;" IF UNKNOWN OR AMBIGUOUS, USE PLURALS.

First, I'm going to read you two statements that people have made about their food situation. Please tell me whether the statement was often true, sometimes true, or never true for the last 12 months.

6. The first statement is "The food that (I/we) bought just didn't last, and (I/we) didn't have money to get more." Was that often true [1], sometimes true [2], or never true [3] for (you/your household) in the last 12 months?
Don't Know = 995; Refused = 996

FSQU1 _____

IF RESPONSE TO Q6 is 1 OR 2, ASK Q6A

IF RESPONSE TO Q6 is 3, don't know, or refused, GO TO Q7

6A. As best as you can estimate, for how many total months or years have you worried whether your food would run out before you could buy more? RECORD RESPONSE AS TOTAL # OF MONTHS

FSQ1F _____

7. The second statement is this: "(I/we) couldn't afford to eat balanced meals." Was that often true, sometimes true, or never true for (you/anyone in your household) in the last 12 months? Often true = 1; Sometimes true = 2; Never true = 3 Don't Know = 995; Refused = 996

FSQU2 _____

8. In the last 12 months, since last (name of current month), did (you/anyone in your household) ever cut the size of your meals or skip meals because there wasn't enough money for food?

FSQU3 _____

1. Yes → GO TO Q8A

2. No → GO TO Q9

995. DK or 996. Refused → GO TO Q9

8A. How often did this happen---almost every month [1], some months but not every month [2], or in only 1 or 2 months [3]?

FSQ3F _____

9. In the last 12 months, did (you/anyone in your household) ever eat less than (you/they) felt (you/they) should because there wasn't enough money to buy food?

FSQU4 _____

Yes=1 No=2 Don't Know=995 Refused=996

| | |
|---|---|
| <p>10. In the last 12 months, were you (anyone in your household) ever hungry but didn't eat because you couldn't afford enough food?</p> | <p>FSQU5 _____</p> |
| <p>1. Yes → GO TO Q10A 2. No → GO TO Q11 995. DK or 996. Refused → GO TO Q11</p> | |
| <p>10A. How often did this happen---almost every month [1], some months but not every month [2], or in only 1 or 2 months [3]?</p> | <p>FSQ5F _____</p> |
| <p>Next are some questions about difficulties people sometimes have in meeting the cost of essential household expenses for thing like medical care, mortgage or rent payments, or utility bills.</p> | |
| <p>11. So, thinking about last 12 months, has there been any time when you could not:) . . . REPEAT FORMAT (yes=1; no=2; dk=995; ref=996)</p> | |
| <p>1. In general, pay for all your essential expenses 2. Pay the full amount of the gas, oil, or electricity utility bills? 3. Pay the full amount of the rent or mortgage 4. Pay the amount needed for gasoline or other transportation costs</p> | <p>HARD1 _____ HARD2 _____ HARD3 _____ HARD4 _____</p> |
| <p>12. In the past 12 months was there a time when (you/anyone in your household: (yes=1; no=2; dk=995; ref=996)</p> | |
| <p>1. needed to see a dentist but could not afford it and did not go? 2. needed to see a doctor but could not afford it and did not go? 3. needed medicine of any kind but could not afford it?</p> | <p>HARD5 _____ HARD6 _____ HARD7 _____</p> |
| <p>13. In the past 12 months, have you or anyone in your household ever had to choose between . . . REPEAT FORMAT (yes=1; no=2; dk=995; ref=996)</p> | |
| <p>Buying the food you need and paying for medicine or medical care Buying the food you need and paying for utilities Buying the food you need and paying for rent or mortgage Buying the food you need and paying for gas</p> | <p>COMP1 _____ COMP2 _____ COMP3 _____ COMP4 _____</p> |
| <p>14. In summary for this section, which of these statements [can use Card #1] best describes the food eaten in your household in the last four months. Would you say you have</p> | <p>HARD8 _____</p> |
| <p>1. Enough of the kinds of food we want 2. Enough, but not always the kinds of food we want to eat 3. Sometimes not enough to eat 4. Often not enough to eat</p> | |

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| <p><u>Food Sources:</u> Okay, now I'd like to talk about getting food for your household.</p> <p>15. First, please tell me around how much money your household spends in an average week on food, including both food you buy to use at home and food you buy at any kind at restaurants to eat in or carry out?</p> <p>16. Can you tell me the name of the one or two stores that you mainly use for food purchases: _____</p> <p>17. People use different sources to get the food they need. I'm going to mention a few of these. For each, I'd like you to think about the last year or so, and tell me if you used these sources never at all [1], only one or two months [2], some months but not all [3], or every month [4]. You can use this card [CARD#2] Don't Know = 995 Refused = 996</p> <ol style="list-style-type: none"> 1. SNAP/Food Stamps Program 2. WIC Programs (Women, Infant and Children) 3. Meals on Wheels 4. Relatives and family living outside your household 5. Friends 6. Neighbors or co-workers 7. Hunting/Fishing 8. Gardens <p>18. Finally for this section, I have a few questions on how you feel about food pantries. For each statement I'll read, please tell me if you [1] agree, [2] have no opinion, or [3] disagree..</p> <p>I encourage others to use food pantries if they need food assistance I avoid food pantries where I might see someone I know I tell people I visit a food pantry Many people who visit a food pantry do not want other people to know Many in this country do not respect food pantry users</p> <p><u>Nutrition and Health</u></p> <p>You're being so helpful. Now, I'll change topics. Food pantries want to provide foods that fit your needs, so the next set of questions asks about the foods <u>you</u> eat and any special health requirements <u>you</u> may have.</p> <p>19. First, in a typical week, how many times do you normally eat <u>fresh or frozen</u> fruits, not counting juice?</p> <p>20. And in a typical week, how many times to you eat canned fruits, not counting fruit juices?</p> | <p>WK\$HM _____</p> <p>GROC1 _____ GROC2 _____</p> <p>FDSRC1 _____ FDSRC2 _____ FDSRC3 _____ FDSRC4 _____ FDSRC5 _____ FDSRC6 _____ FDSRC7 _____ FDSRC8 _____</p> <p>STIG1 _____ STIG2 _____ STIG3 _____ STIG4 _____ STIG5 _____</p> <p>FFRUIT _____</p> <p>CFRUIT _____</p> |
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| 21. And in a typical week, how many times do you consume <u>fresh</u> or <u>frozen</u> vegetables, again not counting juice? | FVEG _____ |
| 22. And how about how many times a week you eat canned vegetables, not counting juices? | CANVEG _____ |
| 23. In a typical week, how many times do you drink milk or use milk on your cereal? IF 0 → QUESTION 24 IF 1 OR MORE TIMES → What type of milk do you typically consume? Whole milk [1], 2% [2], 1% [3], or Skim/nonfat [4] [other – 5] | MILK _____ MITYPE _____ |
| 24. Again, in a normal week, how many times do you eat dried beans (the kind that you soak in water) or canned beans. Do NOT include green beans. (e.g., soybeans, kidney/red beans, pinto beans, garbanzo beans, lentils, black beans, black-eyed peas, lima beans, refried beans) | BEANS _____ |
| 25. In a typical week, on how many days do you do at least 30 minutes of exercise, like brisk walking, bicycling, gardening, etc.? | EXDAYS _____ |
| 26. Have you been to see a doctor or nurse for your own health in the last year? 1=Yes 2=No 995=Don't Know 996=Refused | HLVIS _____ |
| 27. Have you ever been told by a doctor that you have diabetes? 1. Yes → IF FEMALE, GO TO QUESTION 27A IF MALE, DO QUESTIONS 29 and 30 2. No → GO TO QUESTION 30 995. Don't know/Not sure or 996. Refused → GO TO 30 27A. Was this related to a pregnancy? (gestational) 1=YES 2=NO GO TO → QUESTIONS 29 and 30 | DIA _____ GDIA1 _____ |
| 28. Have you ever been told by a doctor that you have prediabetes or borderline diabetes? 1. Yes → IF FEMALE, GO TO QUESTIONS 28A IF MALE, DO QUESTIONS 29 and 30 2. No → GO TO QUESTION 31 996. Don't know/Not sure or 997. Refused → GO TO 31 28A. Was this related to a pregnancy? (gestational d.) → GO TO 29 1=YES 2=NO | PREDIA _____ GDIA2 _____ |
| 29. Are you now taking insulin? 1=YES 2=NO 995=DK 996=Ref | INSUL _____ |
| 30. Are you now taking diabetes pills? 1=YES 2=NO | DPILL _____ |

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| <p>31. Have you ever had your blood pressure checked by a doctor, nurse or other health worker?</p> <p>1. Yes → 31A. Were you told that you have high blood pressure? 1. Yes → IF FEMALE, DO QUESTIONS 31B and 31C 1. Yes → IF MALE, GO TO QUESTION 31C 2. No → GO TO Q32</p> <p>2. No → GO TO Q32 995. Don't know/Not sure or 996. Refused → GO TO Q32</p> <p>31B. Was this only when you were pregnant? → GO TO 31C</p> <p>31C. Are you currently taking a prescribed medicine for high blood pressure? 1=YES 2=NO 995=DK 996=Ref</p> <p>32. Now, can you please tell me how much you weigh without shoes? (ANSWER SHOULD BE IN POUNDS; ROUND FRACTIONS TO NEAREST NUMBER) 995 Don't know/Not sure 996 Refused</p> <p>33. And about how tall are you without shoes? ANSWER SHOULD BE IN FEET AND INCHES ROUND UP FRACTIONS 995 Don't know/Not sure 996 Refused</p> <p>34. Have you ever been told by a doctor, nurse, or other health professional that you need to lose weight for health reasons? 1=YES 2=NO 995=DK 996=REFUSED</p> <p>35. During the past 12 months, have you tried to lose weight?</p> <p>1. Yes → 35A. What were the 2 or 3 main things you did to try to do lose weight? _____ _____ _____</p> <p>2. No → GO TO Q36 995. Don't know/Not sure or 996. Refused → GO TO Q36</p> <p>36. And last for this part, have you ever had your blood cholesterol checked by a doctor, nurse or other health worker?</p> <p>1. Yes → 36A. Were you told that you have high cholesterol? Yes → GO TO QUESTION 36B No → GO TO Q37</p> <p>2. No → GO TO Q37 995. Don't know/Not sure or 99. Refused → GO TO Q37</p> | <p>CKHBP _____</p> <p>HBP _____</p> <p>PRHBP _____</p> <p>MEDHBP _____</p> <p>WGHT _____</p> <p>HGTFT _____</p> <p>HGTIN _____</p> <p>LSWGT _____</p> <p>DIET _____</p> <p>DIET1 _____</p> <p>DIET2 _____</p> <p>DIET3 _____</p> <p>CKCOL _____</p> <p>HGCHL _____</p> |
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| <p>36B. Are you currently taking a prescribed medicine for high cholesterol? 1=YES 2=NO 995=DK 996=REFUSED</p> | <p>MEDCHL ____</p> |
| <p>37. I'd like to ask you briefly about the health of other people who currently live in your household and eat meals there</p> | |
| <p>A. How many other members of your current household have diabetes, or prediabetes? Enter number or 995=DK 996=REFUSED</p> | <p>OTHDIA ____</p> |
| <p>B. How many members, again not yourself, have high blood pressure? Enter number or 995=DK 996=REFUSED</p> | <p>OTHHBP ____</p> |
| <p>C. And how many members of your household have high cholesterol? Enter number or 995=DK 996=REFUSED</p> | <p>OTHCHO ____</p> |
| <p><u>Demographic Questions</u></p> | |
| <p>Okay, we are now in the last section of the survey, and this is where I want to know a little more about you (IF MORE THAN 1 PERSON HOUSEHOLD) and the people in your household.</p> | |
| <p>38. First, can you tell me your age? 996=REFUSED</p> | <p>AGE ____</p> |
| <p>39. Second, how many hours a week are you working now?</p> | <p>WKHRS ____</p> |
| <p>40. ASK ONLY IF NECESSARY! [Sex: Female (1) Male (2)]</p> | <p>SEX ____</p> |
| <p>41. Next, what is the highest level of education you completed? Is it 1. Less than high school 4. Undergraduate college degree 2. High school graduate or GED 5. Graduate or professional degree 3. Some college, but not graduated (incl. 2-yr. degree)</p> | <p>EDUC ____</p> |
| <p>42. Are you currently married, living with a partner, widowed, divorced, separated, or never been married? 1. Married 4. Divorced 2. Living w/partner 5. Separated 3. Widowed 6. Never been married</p> | <p>MARST ____</p> |
| <p>43. What county do you live in?</p> | <p>COUNTY ____</p> |
| <p>44. Have you had to leave a residence over the last 24 months due to loss of income/due to foreclosure?</p> | <p>LOSRES ____</p> |
| <p>45. How many months or years have you lived in your current place? Convert Response To Months IF LESS THAN 24 MONTHS → DO QUESTIONS 45A and 45B IF 24 MONTHS OR MORE → GO TO QUESTION 46</p> | <p>RESLEN ____</p> |

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|--|---------------------------------------|--------------------|---------------------|---------------------|---------------------------------------|-----------------|----------|----------|--|------------|
| <p>45A. How many times have you moved in the last 2 years?</p> | MOVE# _____ | | | | | | | | | |
| <p>45B. Why did you move out of your previous residence? Summarize answer: _____</p> | MORAT _____ | | | | | | | | | |
| <p>46. Do you receive any housing vouchers to help with housing costs? 1=YES 2=NO 995=DK 996=REFUSED</p> | HSVCH _____ | | | | | | | | | |
| <p>47. Would you describe yourself as:</p> <table border="0"> <tr> <td>1. White</td> <td>4. American Indian</td> <td>995.Refused</td> </tr> <tr> <td>2. Black</td> <td>5. Biracial</td> <td>996. Don't Know</td> </tr> <tr> <td>3. Asian</td> <td>6. Other</td> <td></td> </tr> </table> | 1. White | 4. American Indian | 995.Refused | 2. Black | 5. Biracial | 996. Don't Know | 3. Asian | 6. Other | | RACE _____ |
| 1. White | 4. American Indian | 995.Refused | | | | | | | | |
| 2. Black | 5. Biracial | 996. Don't Know | | | | | | | | |
| 3. Asian | 6. Other | | | | | | | | | |
| <p>48. Are you of Hispanic or Latino descent or ethnicity?</p> <table border="0"> <tr> <td>1. Yes</td> <td>995. Don't Know</td> </tr> <tr> <td>2. No</td> <td>996. Refused</td> </tr> </table> | 1. Yes | 995. Don't Know | 2. No | 996. Refused | HISID _____ | | | | | |
| 1. Yes | 995. Don't Know | | | | | | | | | |
| 2. No | 996. Refused | | | | | | | | | |
| <p>Finally, I have some questions about the various sources of income your household now receives. Again, I want to assure you that none of your answers will be discussed with anyone.</p> | | | | | | | | | | |
| <p>(ASK BASED ON Q39, OR GO TO Q50 IF OTHER ADULTS IN HOUSEHOLD OR Q51 IF NO OTHER ADULTS)</p> | | | | | | | | | | |
| <p>49. Last month, how much did you earn in total from all your jobs, before taxes and other deductions were taken out? Enter \$ amount</p> | UINCOM _____ | | | | | | | | | |
| <p>50. Of the other adults in your household, how many are employed</p> <table border="0"> <tr> <td>1) Full-time</td> <td>2)Part-time?</td> </tr> <tr> <td>IF ANY → Go To Q50B</td> <td>IF NONE → GO TO Q51</td> </tr> </table> | 1) Full-time | 2)Part-time? | IF ANY → Go To Q50B | IF NONE → GO TO Q51 | <p>OTHFT _____</p> <p>OTHPT _____</p> | | | | | |
| 1) Full-time | 2)Part-time? | | | | | | | | | |
| IF ANY → Go To Q50B | IF NONE → GO TO Q51 | | | | | | | | | |
| <p>50B. Thinking of everyone besides yourself who worked last month, how much money did they earn altogether last month? Enter \$ amt</p> | OTHPAY _____ | | | | | | | | | |
| <p>51. In (prior month), did you or anyone in your household receive income from any of the following sources? If yes for any, please tell me how much was received in (prior month). For each: 1=YES 2=NO 995=DK 996=REFUSED 997=NA; Amount</p> | | | | | | | | | | |
| <p>A. TANF (Temporary Assistance to Needy Families) IF YES → How much did you receive in (prior month)?</p> | <p>TANF _____</p> <p>TANF\$ _____</p> | | | | | | | | | |
| <p>B. Food Stamps, EBT or Food Stamp cashout IF YES → How much did you receive in (prior month)?</p> | <p>SNAP _____</p> <p>SNAP\$ _____</p> | | | | | | | | | |

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| <p>C. Child support - including any child support that you, your child, or other household members received directly from the father or from the welfare or child support agency? IF YES→ How much did you receive in (prior month)?</p> <p>D. Aid for the disabled, such as Supplemental Security Income (SSI) or disabled veterans benefits? IF YES→ How much did you receive in (prior month)?</p> <p>E. Social Security (SSA) or any other kind of private or government or military pension? IF YES→ How much did you receive in (prior month)?</p> <p>F. Unemployment Insurance or Worker's Compensation? IF YES→ How much did you receive in (prior month)?</p> | <p>CHSUP _____ CHSUP\$ _____</p> <p>DISA _____ DISA\$ _____</p> <p>SSPEN _____ SSPEN\$ _____</p> <p>UNEM _____ UNEM\$ _____</p> |
| <p>52. Lastly, I just have a few questions on how you've been feeling recently. Please look at the items on the left side of this card and think about the last 30 days or so. For each of the letters on the left, tell me the number for the answer on the right that best talks about how you have been feeling the last 30 days. GIVE CARD #3 Possible answers: none of the time [1], a little of the time [2], some of the time [3], most of the time [4], or all of the time [5].</p> <p>A. So sad nothing could cheer you up B. Nervous C. Restless or fidgety D. Hopeless E. That everything was an effort F. Worthless</p> | <p>FEEL1 _____ FEEL2 _____ FEEL3 _____ FEEL4 _____ FEEL5 _____ FEEL6 _____</p> |
| <p>Great, that's the end of the survey. I really appreciate your help!!!!</p> | |

Appendix 2

| County | Food Pantry | NUMBER OF SURVEYS COMPLETED | % OF PROJECT TOTAL |
|-------------|-------------------------------------|-----------------------------------|--------------------------|
| Adair | Salvation Army - Kirksville | 4 | .3% |
| | First Church of Nazarene | 25 | 2.1% |
| | Adair County Total | 29 | 2.4% |
| Audrain | Food Bank Mobile | 18 | 1.5% |
| | Help Center | 10 | .9% |
| | Audrain County Total | 28 | 2.4% |
| Benton | Benton County Food Pantry | 37 | 3.2% |
| | Benton County Total | 37 | 3.2% |
| Boone | Central Pantry | 191 | 16.4% |
| | CHA Annie Fisher Food Pantry | 11 | .9% |
| | The Shepherd's Basket Pantry | 15 | 1.3% |
| | Boone County Total | 217 | 18.6% |
| Callaway | Serve | 44 | 3.8% |
| | Callaway County Total | 44 | 3.8% |
| Camden | Share the Harvest Food Pantry | 23 | 2% |
| | Camden County Total | 23 | 2% |
| Clark | Clark County Food Closet Pantry | 34 | 3% |
| | Clark County Total | 34 | 3% |
| Cole County | First Christian Church Pantry | 16 | 1.4% |
| | Salvation Army Pantry | 19 | 1.6% |
| | Samaritan Center Pantry | 72 | 6.2% |
| | Cole County Total | 107 | 9.2% |
| Cooper | Neighbors Helping Neighbors Pantry | 18 | 1.5% |
| | Cooper County Total | 18 | 1.5% |
| Howard | Fayette Ministerial Alliance Pantry | 17 | 1.5% |
| | Howard County Total | 17 | 1.5% |
| Knox | Knox County Food Cupboard Pantry | 12 | 1% |
| | Knox County Total | 12 | 1% |

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| Lewis | First Baptist Church Canton Pantry | 20 | 1.7% |
| | Lewis County Total | 20 | 1.7% |
| Linn | Brookfield Ministries Pantry | 31 | 3% |
| | Cornerstone Church Food Pantry | 13 | 1.1% |
| | Linn County Total | 44 | 4.1% |
| Macon | Macon County Ministries | 24 | 2.1% |
| | Macon County Total | 24 | 2.1% |
| Maries | Loaves & Fishes Food Pantry | 14 | 1.2% |
| | CAS Projects – Storehouse | 21 | 1.8% |
| | Maries County Total | 35 | 3% |
| Marion | Douglass Community Services Pantry | 33 | 2.8% |
| | Food Bank Mobile | 20 | 1.7% |
| | Marion County Total | 53 | 4.5% |
| Miller | Eldon Community Food Pantry | 35 | 3% |
| | Hope House Pantry | 15 | 1.3% |
| | Visions Unlimited Food Pantry | 36 | 3.1% |
| | Miller County Total | 86 | 7.4% |
| Moniteau | Food Bank Mobile | 13 | 1.1% |
| | Moniteau County Total | 13 | 1.1% |
| Morgan | End Time Joseph Program Pantry | 21 | 1.8% |
| | West Central Missouri CAA | 18 | 1.5% |
| | Morgan County Total | 39 | 3.3% |
| Pettis | Open Door Service Center | 86 | 7.4% |
| | Pettis County Total | 86 | 7.4% |
| Phelps | Phelps County Faith Distribution, Inc. | 27 | 2.3% |
| | Saint James Caring Center | 21 | 1.8% |
| | Phelps County Total | 48 | 4.1% |
| Ralls | First Baptist Church New London Pantry | 13 | 1.1% |
| | Ralls County Total | 13 | 1.1% |
| Randolph | Cherith Brook Food Pantry | 58 | 5% |
| | Christos Center | 14 | 1.2% |
| | Randolph County Total | 72 | 6.2% |

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|----------|------------------------------|-----------|-------------|
| Saline | Community Food Pantry | 33 | 2.8% |
| | Saline County Total | 33 | 2.8% |
| Shelby | Bethel Food Pantry | 12 | 1% |
| | Shelby County Food Pantry | 12 | 1% |
| | Shelby County Total | 24 | 2% |
| Sullivan | Milan Interfaith Food Pantry | 11 | .9% |
| | Sullivan County Total | 11 | .9% |
| TOTAL | All pantries | 1167 | 100.3% |